

- AHS Varsity Cheerleaders Win State Championships (See Story And Photos On Page 37)



AGAWAM Advertiser·News

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"Your Hometown Newspaper"

Volume XXII Number 48

December 2, 1999

Announcement Made At Press Conference...

Food Mart Will Close During Renovation

by Kathy Shepard
Feature Editor

A press conference was held at Agawam's Food Mart on Wednesday morning to announce plans to build a new prototype supermarket in the Agawam Shopping Center, at the same location it has occupied for over 50 years.

Robert Panasuk, president of A & P's New England Group, which operates Super Foodmart, Waldbaum's Food Mart, and A & P Stores throughout New England and upper New York State, said all of the employees of Agawam will be kept employed during the approximately nine months it will take to turn the existing 40,000 square-foot store into a 57,000 square-foot, state-of-the-art facility.

Francis Cataldo, whose family built and operated the original Food Mart store at the intersection of Springfield Street and Agawam

SEE FOOD MART - Page 2...



ANNOUNCING THE NEW FOOD MART coming to Agawam in 2000: Joseph Wright, contractor and project planner; Francis Cataldo, grandson of the original Food Mart owner and one of the principals of I. Franklin Realty (owner of the Agawam Shopping Center); Deborah Dachos, Agawam's Director of Planning and Community Development; Mayor Christopher Johnson; Robert Panasuk, president of A & P's New England Group (which operates Super Foodmart); Mayor-elect Richard Cohen; Andrew Jorgensem of Conservation Commission; and Town Councilor George Bitzas. Advertiser News photo by Kathy Shepard.

Senior Citizens Honored At Awards Banquet...



ON THURSDAY EVENING, NOVEMBER 18TH, at Ferruccio's on Main Street, Agawam, two local senior citizens received awards at the Agawam Senior Center's annual awards banquet. These recipients were honored on behalf of their years of service to the Senior Center and the community. IN LEFT PHOTO: Gail Freeman (right), Deputy Director of the Senior Center, presents the "Gallano Award" to Gladys Francazio of Florida Drive. IN RIGHT PHOTO: Lillian Doyle (left) presents this year's "Friendship Award" to Fern Senecal, who resides at the Gramercy Apartments. Advertiser News photos by Kathy Shepard.

FOOD MART - from Page 1...

Shopping Court in Agawam, told us that the first store was about 12,000 square feet and was the first Food Mart and the largest store in the area in 1951.

Mayor Christopher C. Johnson was present and remarked, "I'm elated that the Food Mart will be remaining in Agawam. Its expansion and renovations will revitalize business in Agawam."

Richard Cohen, Mayor-elect, stated, "I think this will be a great anchor for this area. This project should really help the economy. It's a win-win situation."

Late Summer Or Early Fall Of 2000...

The demolition will start soon, and the new, renovated, and expanded Food Mart should be opening in late summer or early fall of 2000. An additional pleasant surprise is going to be the inclusion in the plans of a beautification project nearby the new store. Town Councilor George Bitzas said, "I am very happy to see this area revitalized. It will add new life to surrounding businesses. An additional delight will be the beautification of the slopes adjacent to the parking lot. These will all be fixed up, all the way up to the Ames store (located in the same lot)."

According to Contractor and Project Planner Joseph Wright, "We are working on position and aesthetics, and our plans look fine."

Plans to extend the Food Mart in the direction of Ames Department Store will include the offer to accommodate the only other existing business in that part of the mall, King Yen Restaurant. The other establishments, such as Healthy Habits, Papa Mia's, and an automotive store, all closed and went out of business.

Deborah Dachos, Agawam's Director of Planning and Community Development, and Andrew Jorgensen of the Conservation Commission were also present. Dachos remarked, "This is a wonderful announcement. The goal of the Planning Department will be to work with them to get all of the permits in place so the building can be ready to open for business as soon as possible."

Panasuk confirmed that the larger store will carry an expanded variety of services and a wider assortment of items, "consistent with the Super Foodmart presentation in Springfield, South Hadley, and Westfield."

* * *

All the hometown news with us, each and every week...

* * *



THE NEW, RENOVATED, AND EXPANDED FOOD MART in Agawam should be opening in late summer or early fall of 2000. Advertiser News photo by Kathy Shepard.

Travel Program By Area Art Instructor At Agawam Public Library On Friday, Dec. 3rd

The Agawam Cultural Council's "First Friday" series program on December 3rd at 7:30 p.m. at the Agawam Public Library will be Charles Hayward.

Hayward is an area artist and former art instructor, and presently is travel coordinator with his wife, Irene, at the Springfield Fine Arts Museum.

He was instructed at an early age in the arts at the Quadrangle children's classes. For many years, he has been involved in teaching the arts in the various mediums at the museum and at Bay Path.

He presently is involved with the travel pro-

grams for the museum, and stated this is one of the most active of museum travel programs in the country. They have approximately 36 programs per year; two-thirds of them are day trips in this country, and one-third are trips overseas.

Hayward stated he enjoys traveling to the fascinating countries and especially the historic areas and museums when possible. His program at the library will include slides of his travels.

The "First Friday" series is offered at no charge and is open to the public, and is presented by the Agawam Cultural Council and the Massachusetts Cultural Council.

Scott M. Hibbert
Attorney at Law

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Letters To The Editor

"Once Upon A Mattress" At AHS Was Excellent Production

To The Editor:

Congratulations to the cast of AHS's "Once Upon A Mattress." Two weekends ago, AHS students presented an excellent performance. From the talent of singers and actors to the superb costumes and scenery, it was a fantastic performance from A to Z!

It was wonderful to see AHS bring back a musical production. The cast/crew should be proud of a show well done. They truly deserved the standing ovation they received.

Let's support AHS and keep the "arts" going!

Susan Meunier
Feeding Hills

(A member of AHS's class of 1973 and a former participant in the musicals)

Public Cordially Invited To Holiday Tree Lighting

To The Editor:

I would like to invite everyone to the Holiday Tree Lighting on Sunday, December 5th, at 6:00 p.m. at the Veterans' Green at Phelps School.

Music will be provided by the group the Great Pretenders. There will be refreshments, and Santa will attend. Everything is free of charge.

I would like to thank Glen Gary Tree Farm on Shoemaker Lane who donated the tree, and CVS on Suffield Street and Walgreen's for the donation of lights for the tree.

The Agawam Parks & Recreation Department and the Agawam Cultural Council are sponsoring this event. I hope to see you there!

Karla Young
Coordinator, Holiday Tree Lighting

Valenti's Is Leading The Charge On The Smoking Ban

To The Editor:

The restaurant smoking ban, passed by the City Council on November 15th, becomes effective with Mayor Johnson's signature. Enforcement is not scheduled to begin until 90 days later.

I'm happy to report that at least one restaurant will be getting a head start. Valenti's on Cooper Street has a sign posted on its front door announcing that it will go non-smoking as of the first of the year.

I congratulate Valenti's for leading the charge. This is not to say that other restaurants won't be doing something similar; it's just that Valenti's is the only restaurant that I'm personally aware of.

Mike Marieb
Feeding Hills

AHS Peer Leaders Say Thanks For Donating To Make-A-Wish

To The Editor:

This past Halloween, the Agawam High School Peer Leaders collected \$600 from teachers and students to benefit The Make-A-Wish Foundation of Western and Central Massachusetts.

This organization's mission is to fulfill one personal, heartfelt wish for every local child from the ages of 2½ to 17, who has a life-threatening or terminal illness. All children, regardless of race, religion, ethnicity, or family income, are eligible to have one special wish fulfilled.

We extend our heartfelt thanks to every Agawam High School student and teacher who donated to this worthy cause.

Sincerely,
Carolyn Gomes
Secretary, Peer Leadership
Agawam High School

For photo coverage in The AAN, call us at 786-7747 or 786-8137; however, please give us at least 72 hours' notice...

* * *

CROP Walk Coordinator Thanks 1999 Supporters

To The Editor:

As coordinator for the 1999 Agawam-West Springfield CROP Walk, held on Sunday, October 17th, in Agawam, I am happy to thank the following for their support.

First, the rector of St. David's Episcopal Church came through in a big way; Len Cowan organized his congregation to serve as host and the starting point for our 10-kilometer walk through Agawam. He and Martha Sankiewicz of Grace Lutheran Church also led the 150 walkers and their friends in some wonderful singing as we gathered around the registration tables.

Next, the Agawam Police Department provided excellent protection as our group made its way across several busy intersections. The officers who were on duty that day did a terrific job and deserve a big THANK YOU for their assistance.

McDonald's in both Agawam and West Springfield donated drinks for the thirsty walkers. Waldbaum's Food Mart gave a case of absolutely delicious apples for the walkers to munch on. Bob Conti at Taylor Rental of Agawam made sure we had plenty of helium for our balloons.

Fleet Bank and Giovanni's gave donations for the annual pre-walk drawing. St. Theresa's Roman Catholic Church and their parishioners, Mr. and Mrs. Al Racicot, provided the walkers with a welcoming rest stop. *The Agawam Advertiser News* was instrumental in getting the word out about the walk.

And, several area residents gave numerous hours in planning and organizing the walk itself. Bob Broga, Bud Hardy, Cassie Gilmartin, Kathy Plourde, Carol Treganowan, Marilyn Curry, and Art Theobald were indispensable in making sure all the right things happened at all the right times. Together, their efforts gave the Agawam-West Springfield CROP Walk its most successful outing in several years.

Over \$12,000 was raised, with 25 percent of the funds earmarked to help area folks through the ministries of the Parish Cupboard (formerly the West Springfield/Agawam Open Pantry). The rest of the funds will go to immunization projects, emergency food shipments, and other develop-

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TOWN OF AGAWAM BOARD OF APPEALS

TOWN OF AGAWAM AGAWAM CONSERVATION COMMISSION

Notice is hereby given that the Board of Appeals will conduct a public hearing at the Agawam Middle School Cafeteria, 68 Main St., Agawam, MA on THURSDAY, DECEMBER 16, 1999 at 7:00 P.M., for all parties interested in the petition of ROBERT E. FONTANILLES, who is seeking a Special Permit in accordance with Section 180-23, Paragraph L. of the Zoning Ordinances, which would allow for the parking of two (2) - three (3) axle tractors (freightliners/big rigs) at the premises identified as: 646 COOPER STREET.

Doreen Prouty
Acting Chairperson

Published: December 2, 1999

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, ads, etc., that can be brought in on Mondays. Thank you...



The Agawam Advertiser•News

786-7747

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786-8137

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ment and disaster response efforts from North Carolina to East Timor.

It is a pleasure to be able to publicly thank God for the time and work of all these good folks.

Sincerely,

Rev. Rob Donaldson
Feeding Hills Congregational Church

Let's Hope The Nonsense On Harvey Johnson Dr. Ends Soon

To The Editor:

I am writing this letter to you as a public plea to residents on our street. I use the term residents instead of "neighbors" on purpose because I do not believe these people know the meaning of the word.

Our little neighborhood has been a wonderful place to live for many years. Within the past year, however, we have all been subjected to very juvenile goings-on due to the actions of some newer residents to the street. WE don't know what we all did to deserve the insanity that we are being subjected to, but speaking on behalf of the remainder of the longer-term neighbors, we want it to end.

The incidents have included accusations regarding children saying things that they have not, filing false police reports, and have now escalated to wasting countless hours of our police department's time and our tax dollars to set up speed traps for speeders that do not exist.

It is as if once they get tired of harassing one set of neighbors, they move on to the next possible targets. All that we ask of these people is to STOP!

WE just want our wonderful little neighborhood back, absent of any police cruisers or diminutive crusades. WE just want to get our lives back and not have to worry about who is next. WE have done nothing but try to welcome you into our neighborhood; why must you continue to alienate yourselves by creating such nonsense?

I simply ask on behalf of the rest of the long-term neighbors of Harvey Johnson Drive ... PLEASE STOP THE INSANITY!!!

Sincerely,
The Viens Family
Agawam

Veterans' Corner...

World War II Veterans In Receipt Of Combat Infantryman's Badge Entitled To Bronze Star

by Ruth C. Bitzas
Veterans' Agent — 786-0400, Ext. 236 Or 237

On a recent morning, a WWII veteran came into our office at Agawam Town Hall with an article from his 30th Infantry Division News (dated May of 1999). If you served in WWII and were awarded the Combat Infantryman's Badge, but have not received the Bronze Star Medal that was awarded jointly with the CIB, you need to request the Bronze Star in writing.

Include a photocopy of both sides of your discharge. It must show that you were awarded the CIB. Include your Serial Number and your Social Security number, and send that information along with your request to the following address:

**Department of the Army
Attention: Commander
U.S. Army Reserve Personnel Center
9700 Page Blvd.
St. Louis, MO 63132-5200**

If you live in our district and reside in Agawam, Southwick, Granville, or Tolland, and need assistance in applying for the Bronze Star Medal, please contact our office at the aforementioned phone number for an appointment.

KOREAN WAR VETERANS' 50TH ANNIVERSARY PERIOD

As we did with the WWII 50th anniversary, we will be applying for each of our district towns to be approved as a Commemorative Community for honoring Korean War veterans during the period of June 2000 - November 11, 2003 (Veterans' Day).

The responsibility of each community will be to plan special events for Korean War veterans and send a report to the Department of Defense. Upon application, each community will receive a Commemorative Flag and form a committee to plan special events.

Due to an oversight, we did not publish the Honor Roll list of Agawam WWII veterans whose last names begin with the letter "G," so we are publishing this list in this week's column. All of these Home of Record Agawam veterans will have their names included on the Honor Roll.

We now have \$34,478 in donations for the project. All donations are greatly appreciated.

WWII HONOR ROLL - "G"

GAJ, MAX N.
GALLANO, ANDREW C.
GALLANO, DAVID C.
GALLERANI, ALFRED
GALLERANI, ARTHUR
GARCEAU, HENRY
GATTI, FRANK D.
GATTI, LINO C.
GAUDINO, CHARLES P.

GELLY, HOWARD S.
GENSHEIMER, FRANCIS J.
GEOFFRION, GEORGE L.
GEOFFRION, ROLAND E.
GERARD, CHARLES J.
GERBY, EUGENE H.
GIBBS, LESLIE E.
GIBBS, ROBERT W.
GILLAN, GEORGE E.
GIORDANO, FREDDY
GIORGIO, MARIO E.
GODEK, ANNETTE G.
GODFREY, EDWARD H.
GOODWIN, ARTHUR E.
* GOODHUE, ELMER J.
GORDON, HARRY W., JR.
GOSS, EDWIN W.
GOSS, DONALD R.
* GOSS, FRANK M.
GOSELIN, ROGER W.
GOSELIN, RONALD A.
GOSELIN, VINCENT R.
GOYETTE, ALFRED R.
GOYETTE, EDWARD J.
GRADY, DANIEL J., JR.
GRADY, JAMES P.
GRADY, RALPH K.
GRADY, ROBERT E.
GRAMKOW, PETER K.
GRASSO, ALFRED M.
GRASSO, FRANK
GRAZIANO, ERNEST G.
GRAZIANO, ORLANDO A.
GRECO, CHARLES G.
GRECO, WILLIAM R.
GREEN, ALBERT T.
GREEN, EDWARD S.
GREEN, GEORGE P.
GREEN, MICHAEL G.
GREENING, HENRY
GREGORY, TONY J.
GRIMALDI, ALBERT P.
GRIMALDI, LAWRENCE
GRIMALDI, SAMUEL N.
GRIMALDI, WILLIAM R.
GRINNELL, DAVID
GRISWOLD, DOUGLAS E.
GUIDETTI, DAMO
GUIDETTI, ELSO J.
GUIDETTI, OSCAR J.
GUIDI, GEORGE E.
GULLIFER, WALLACE
GUY, JOSEPH R.
GUY, DAVID R.
(* Died while in service.)

Melconian Protects Consumers...

State Senate Enacts License Requirements For Home Inspectors

Senate Majority Leader Linda J. Melconian (D-Springfield) is pleased to announce House and Senate passage of legislation that she co-sponsored requiring the licensing of all home inspectors in Massachusetts. Currently there are no restrictions on the individuals hired to check on the condition of a house before purchase.

"Buying a home is the most important purchase that most of us ever make," said Melconian. "The people we rely on to help us with that purchase must be trained, competent professionals."

Currently anyone in Massachusetts may label themselves a home inspector and begin operating without any formal training or qualifications. These home inspectors are not required to carry insurance to protect consumers who are victims of a faulty home inspection.

Finally, there are no laws to prevent a real estate broker from recommending a particular home inspector, creating a potential conflict of interest.

To address these concerns, the bill:

- Creates a board of registration for home inspectors to establish standards for the industry and administer a licensing system.
- Requires home inspectors to carry at least \$250,000 in errors and omissions insurance to protect their clients.
- Establishes a testing and apprenticeship process for all new inspections.
- Prohibits direct referrals by real estate brokers to guard against conflicts of interest.
- Mandates a public education campaign regarding the home inspection industry.

"This legislation is long overdue," said Melconian. "Consumers are particularly vulnerable in the area of home inspection. They rely on home inspectors because they often have no idea how to judge the condition of the home that they are buying."

Examples of this problem exist across the state. One consumer purchased a home that her home inspector assured her was problem-free. She later discovered that the house, in fact, lacked a foundation and sat in the dirt. The structural damage was so extensive that the entire house had to be demolished, and will take months for the house to be rebuilt. The total estimated cost is about \$200,000.

Another consumer bought a home in 1989 after a home inspector's report found no major problems. Shortly after moving in the house, he discovered a multitude of problems, including a

SEE MELCONIAN - Page 6...

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MELCONIAN - from Page 5...

leaky basement and termites. The total cost of repairs was estimated at almost \$10,000. When the consumer won a lawsuit against his home inspector, the inspector simply filed for bankruptcy and the purchase was left with no recourse for the damage to his house.

Deirdre Cummings, Consumer Protection Director for MASSPIRG, emphasizes this problem: "For many consumers, buying a home is the single largest and most important transaction they will make for themselves and their family in a lifetime. The quality of a home inspection will affect the consumer's pocketbook and the quality of their day-to-day life for a long time. The Home Inspection Professional Licensing Act is a critical step forward in protecting the consumer from unscrupulous, substandard, and/or reckless home inspectors."

"We in the Legislature have a duty to protect our citizens from thieves and unscrupulous operators," said Melconian. "I am thrilled that both branches of the Legislature agreed that consumers deserve to be fully and adequately informed when making one of the biggest financial purchases of their lives."

The bill now awaits the Governor's signature.

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TOWN OF AGAWAM
BOARD OF APPEALS

Notice is hereby given that the Board of Appeals will conduct a public hearing at the Agawam Middle School Cafeteria, 68 Main St., Agawam, MA on THURSDAY, DECEMBER 16, 1999 at: 6:30 P.M., for all parties interested in the petition of BENJAMIN DELISO, who is seeking a Special Permit in accordance with Sections 180-69 & 180-71 of the Zoning Ordinances, which would allow for the construction of a single family dwelling found to lie within the floodplain at the premises identified as: 955 RIVER ROAD.

Doreen Prouty
Acting Chairperson

Published: December 2, 1999

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TOWN OF AGAWAM
AGAWAM CONSERVATION COMMISSION

The Agawam Conservation Commission will hold a public hearing on Thursday, December 9, 1999 at 8:15 PM in the Faolin Peirce Community Room, Agawam Police Station, 681 Springfield Street, Feeding Hills, MA. The purpose of this hearing will be to hear the petition of Mass. Department of Environmental Management for work to be performed at Robinson Park subject to the Massachusetts Wetlands Protection Act.

By Order of Henry A. Kozloski, Chairman
Agawam Conservation Commission

Published: December 2, 1999

— ADVERTISER NEWS —



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The Agawam Conservation Commission will hold a public hearing on Thursday, December 9, 1999 at 7:30 PM in the Faolin Peirce Community Room, Agawam Police Station, 681 Springfield Street, Feeding Hills, MA. The purpose of this hearing will be to hear the petition of School Specialty for work to be performed on Almgren Drive, subject to the Massachusetts Wetlands Protection Act.

By Order of Henry A. Kozloski, Chairman
Agawam Conservation Commission

Published: December 2, 1999

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The Agawam Conservation Commission will hold a public hearing on Thursday, December 9, 1999 at 8:00 PM in the Faolin Peirce Community Room, Agawam Police Station, 681 Springfield Street, Feeding Hills, MA. The purpose of this hearing will be to hear the petition of Fether, Inc. for work to be performed on Willow Glenn Estates II (between Lancaster Drive & Line Street), subject to the Massachusetts Wetlands Protection Act.

By Order of Henry A. Kozloski, Chairman
Agawam Conservation Commission

Published: December 2, 1999

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The Agawam Conservation Commission will hold a public hearing on Thursday, December 9, 1999 at 7:15 PM in the Faolin Peirce Community Room, Agawam Police Station, 681 Springfield Street, Feeding Hills, MA. The purpose of this hearing will be to hear the petition of Dominik for work to be performed on Willow Brook Drive, subject to the Massachusetts Wetlands Protection Act.

By Order of Henry A. Kozloski, Chairman
Agawam Conservation Commission

Published: December 2, 1999

Classified ads in the Advertiser News cost just \$10 per week for 30 words or less; however, we DO NOT take them over the telephone. Please bring them to our office at 14 Southwick Street (in the Crossroads Shoppes), Feeding Hills, or mail them (with payment) to P.O. Box 263, Feeding Hills, MA 01030.

State Rep. Keenan's
Bill Will Save
Communities Millions

State Representative Daniel F. Keenan (D) recently announced the adoption of an outside section in the Fiscal Year 2000 budget which transfers Hampden County's unfunded pension liability from the Hampden County Retirement System to the Commonwealth.

The multi-million-dollar unfunded pension liability of Hampden County is comprised of unfunded pension benefits earned by retired county employees and employees of the county transferred to state service as a result of the abolishment of Hampden County Government. The budget section on the Hampden County Retirement System was drafted by Rep. Keenan in order to correct a financial injustice that has plagued the smaller communities in Hampden County since the state take-over.

"This is a huge victory," said Keenan. "It has taken two years and three budget cycles to make this right. It wasn't easy, but the result is fair and I'm proud of that."

This budget section shifts the responsibility to recover the liability from the Hampden County Retirement System (which includes various communities and governmental units in Hampden County) to the Commonwealth. The Hampden County Retirement System will not be responsible for collecting the multi-million-dollar liability.

"This is great news for the communities I represent. The financial burden has been lifted and will allow for more flexibility in their budgets," Keenan stated.

While the state took control of court buildings and other county assets on July 1, 1998, under current law the state would not assume the county government's unfunded pension liability, which has been estimated as high as \$28 million. Instead, local members of the system were being required to pay a total of more than \$1 million a year formerly paid by Hampden County. Agawam, the largest community in the system, has seen its annual payment increase by approximately \$400,000 to pay the county's share.

"The Commonwealth made the decision to abolish Hampden County government. At the very least, it is the Commonwealth's responsibility to ensure a smooth transition without adversely impacting Hampden County," added Keenan, a member of the powerful Ways and Means Committee.

Keenan emphasized, "The pensions of city, town, and former county employees will not be changed in any way by this budget section, or the legislation that abolished Hampden County. These pensions were earned and will not be adversely affected."

This budget section will also shift the responsibility of recovering the unfunded pension liability of other abolished counties, including Middlesex, Worcester, Franklin, Berkshire, and Essex Counties.

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— Agawam Obituaries —

Nicholas M. DeSantis

Nicholas M. DeSantis, 39, of Shepherd Street, West Springfield, died recently at Baystate Medical Center in Springfield.

He was head chemist in the manufacturing department at C.A.R. Products for 19 years.

Born in Springfield, he lived in Agawam for 33 years and moved to West Springfield four years ago.

He was a 1979 graduate of Agawam High School, and played on the Junior High and High School football teams.

He also played in the Agawam Little League. He leaves his wife, the former Joanne Beaudry; a son, Joseph T., at home; his parents, Nicholas and Elaine (Martin) DeSantis of Agawam; a brother, Mark W. of Agawam; and a sister, Doreen Bassett of Oceanside, California.

The funeral was held at Colonial-Forastiere Funeral Home, Agawam, and St. Thomas Church in West Springfield, with burial in the parish cemetery.

Salvatore J. Torcivia

Salvatore J. Torcivia, 66, of Corey Street, Agawam, died recently at Mercy Hospital in Springfield.

He was a fuel control supervisor at Hamilton Standard for 20 years and retired in 1991.

Born and schooled in Boston, he was an Air Force veteran of the Korean War, serving as an airman first class.

He was a 40-year resident of Agawam.

He leaves his wife, the former Dorothy B. O'Connor; three daughters, Carlene M. Gaulin, Diane E. Bassette, and Lisa M. Gassetti, all of Agawam; a brother, Anthony Torcivia of Boston; two sisters, Diane Souza of Boston and Lena Nicotra of Hingham; and four grandchildren.

The funeral service was held at the Colonial-Forastiere Funeral Home of Agawam, with burial in Agawam Center Cemetery.

PLEASE REMEMBER to patronize your local businesses ... ADVERTISER NEWS!!!

Alfred R. Meyer

Alfred R. Meyer, 93, of 147 Line Street, Feeding Hills, died recently at Mercy Hospital in Springfield.

He was a bookbinder who later became a stationery engineer at the former Phelps Publishing Company in Springfield. He retired in 1972.

He also worked at Bordeaux Printing in West Springfield and Bindery Services in Windsor Locks, CT.

Born in the Thompsonville section of Enfield, CT, he lived in the Agawam/Feeding Hills area since 1925.

He was a member of the Agawam Senior Center, the Mount Orthodox Lodge of Masons, Melha Temple, the Scottish Rite, and the York Rite Commandery.

He was an Army veteran of World War II, serving as a first lieutenant.

He leaves his wife, the former Lillian Bargeron; two daughters, Sally Turner of Mystic, CT, and Bobbie Cameron of West Springfield; a sister, Edith Graham of Agawam; seven grandchildren; and nine great-grandchildren.

The funeral was held at West Springfield Curran-Jones Funeral Home, with burial in Springfield Street Cemetery.

Memorial contributions may be made to the American Cancer Society, 31 Capital Drive, West Springfield, MA 01089.

Margaret E. Giguere

Margaret E. (Stanwell) Giguere, 76, of Sylvan Lane, Feeding Hills, died recently in Baystate Medical Center in Springfield.

She was a billing clerk at Belmont Laundry in Springfield for many years, retiring in 1988.

Born in Chicopee, she graduated from Chicopee High School and later received her degree in comptometer training.

She had lived in Feeding Hills for the past 12 years.

She was a member of the Rainbow Girls Organization and the Order of the Eastern Star,

both in Chicopee, and of the Valley Community Church in Feeding Hills.

Her husband, Edgar R. Giguere, died in 1989, and a son, Charles A., died in 1997.

She leaves a son, James R. of Feeding Hills; a daughter, Judith A. Dubour of Springfield; eight grandchildren; and eight great-grandchildren.

The funeral was held at the Corridan Funeral Home, Chicopee, and in the church, with burial in Fairview Cemetery, Chicopee.

Memorial contributions may be made to the American Diabetes Association, 2348 Post Road, Suite 31, Warwick, Rhode Island 02886-2242.

Ida Fariole

Ida (Carosella) Fariole, 96, of Maple Street, Agawam, died recently in a local nursing home.

She was a retired assembler for U.S. Envelope Co.

Born in Waterbury, CT, she lived in Agawam most of her life and was a communicant of St. Anthony of Padua Church.

Her husband, Clement Fariole, died in 1973.

She leaves a daughter, Frances M. Alves of Agawam; five grandchildren; and six great-grandchildren.

The funeral was held at Agawam Funeral Home and St. Theresa of the Infant Jesus Church, with burial in St. Thomas Cemetery, West Springfield.

LEGAL NOTICE

LEGAL NOTICE

TOWN OF AGAWAM BOARD OF APPEALS

Notice is hereby given that the Board of Appeals will conduct a public hearing at the Agawam Middle School Cafeteria, 68 Main St., Agawam, MA on THURSDAY, DECEMBER 16, 1999 at 6:45 P.M., for all parties interested in the petition of BENJAMIN DELISO, who is seeking a Special Permit in accordance with Sections 180-69 & 180-71 of the Zoning Ordinances, which would allow for the construction of a single family dwelling found to lie within the floodplain at the premises identified as: 965 RIVER ROAD.

Doreen Prouty
Acting Chairperson

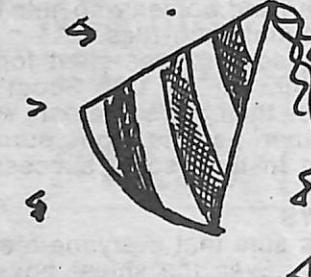
Published: December 2, 1999

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Feeding Hills
786-0962





Families

What Is A Cub Scouting Family?

The Cub Scout Packs of Agawam are holding an Open House for any boys between the ages of seven and 10 who are interested in joining in the FUN and ADVENTURE of Scouting.

Many parents and adults may be asking what is Cub Scouting? It is a program first organized in 1930 when the Boy Scouts of America (BSA) realized that not every boy in the U.S. was experiencing the fun and adventure of Scouting. For many years, younger brothers, neighbors, and friends tagged along on campouts, hikes, service projects, and other fun-filled projects, without reaping the full benefits of being a Scout. So BSA created Cub Scouting, an exciting and adventurous program, joined with skills and values developed for younger boys.

Today, Cub Scouting provides more than two-million boys, from all backgrounds, with healthy doses of constructive fun, with an underlying emphasis on traditional values and service.

To ensure boys are involved with their peers and age-appropriate lessons, the Cub Scouting "family" is organized into three age groups:

A. **Tiger Cubs** - are first-grade boys who, with their adult partners, learn lessons about building family communication, preparing for emergencies, and understanding the environment. Each lesson is age-specific, and Tiger Cubs are recognized each time a lesson or activity is completed. Some activities include visiting a zoo and how to use a phone to report emergencies.

B. **Cub Scouting** - is made up of second- and third-grade boys working toward accomplishing achievements and electives outlined in Cub Scout Manuals, and are rewarded with emblems for their work. The Scouts learn about proper nutrition, safety, community involvement, and making informed choices. Some activities include planning and cooking a family meal, starting a recycling program, increasing strength and agility through exercise, and family camping.

C. **Webelos Scouting** - (an acronym for We'll Be Loyal Scouts) is designed for fourth- and fifth-grade boys. They pursue activity badges for achievements in academic skills, the outdoors, technology, sports, and community involvement geared to the older boys. Some of their activities include learning to use computers, learning a citizen's role in the nation, study of animals and insects, swimming, proper care for the Flag, and camping skills.

SAFE HAVENS

Cub Scouts are organized into small units called dens. They are neighborhood-based groups of same-age boys. Dens are supervised by volunteer den leaders — men and women who help the boys pursue age-appropriate activities.

Once a month, several dens meet for a Pack meeting, a highlight for the Cub Scout's entire family. Parents see their boy's interests with their friends, meet other parents from surrounding areas, and share in their son's successes and achievements.

EVERYONE PLAYS

The den makes sure that everyone feels like a part of the group. Even the shyest boys feel at ease and open up in a comfortable den setting. Most importantly, no one sits on the sidelines and plays only for one inning. Everybody is a winner in Cub Scouting and finds a sense of accomplishment. Of course, every youth strives to realize his full potential by following the Cub Scout motto — "DO YOU BEST." No matter the skill or activity, the Cub Scout motto encourages young boys to set lofty goals and achieve them. The lessons and attributes that Cub Scouting teaches will make him better at what he does best and, in the end, help him realize his full potential.

So, if this sounds interesting, fun, and adventurous to your son and you, come join us for the Agawam Cub Scouts Packs' Open House.

Representatives from local Cub packs will be in

Pack 77 Cub Scouts Are Keeping Busy...



THE CUB SCOUTS OF PACK 77 want to say thank you to everyone who donated bottles and cans to make the fall bottle drive a huge success. St. John's parking lot was busy with the Scouts delivering, sorting, and bagging piles of bottles and cans. The money earned will go towards awards and activities, including camping, Tiger Tracks, Yukon Derby, Blue and Gold Banquet, and the Pinewood Derby. The Scouts did a great job canvassing their neighborhoods, and they appreciate everyone's generosity.



"PUMPKIN PATCH '99" was a fun and fundraising night for Pack 77 Cub Scouts. For the second year, Pack 77 participated in Riverside's Hallowsscream, manning the Pumpkin Patch at Paul Bunyan's Buzzsaw. The Scouts accepted donations from people wishing to paint a pumpkin. Thanks to all the pumpkin painters and to Riverside for hosting this event. Pictured from left to right: David Pownall, Zack Mongeau, Dan Anderson, Sam Monahan, and Josh Blood.

attendance to meet with you about Cub Scouting at the following locations and times:

* Cub Pack 75, Sacred Heart Parish Family Center, Springfield Street, Feeding Hills — December 15th at 7:00 p.m.

* Cub Pack 77, St. John's Parish Center, Main Street, Agawam — December 29th at 7:00 p.m.

* Cub Pack 78, Feeding Hills Congregational Church, North Westfield Street, Feeding Hills — December 12th from 2:00 to 4:00 p.m.

* Cub Pack 85, Agawam Methodist Church, Mill Street, Agawam — December 17th at 7:00 p.m.

For further information, please call Tom Prescott or Ken Connor at 594-9196.

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Through December 5th*



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These Early December Specials!!!**



DECEMBER BEER SPECIALS

Coors & Coors Light 30-Pk. Cans \$16.99 (P.D.)	Ice House 30-Pk. Cans \$10.99 (P.D.)	Red Dog 30-Pk. Cans \$10.99 (P.D.)	Michelob <i>Regular, Light, & Amber Bock</i> 12-Pk. Bottles \$7.99 (P.D.)	Rolling Rock <i>Regular & Light</i> 12-Pk. Bottles \$7.99 (P.D.)	Pete's Brewing Co. <i>Ale, Lager, Octoberfest, & Winter Brew</i> 12-Pk. Bottles \$9.99 (P.D.)
Harpoon 30-Pk. Btls. \$9.99 (P.D.)	Labatt's <i>Blue, Ice, Light, Ale</i> 12-Pk. Bottles \$7.99 (P.D.)	Magic Hat No. 9 9-Pk. \$8.99 (P.D.)	J.W. Dundee <i>Lager, Honey Brown, & Light</i> 12-Pk. Bottles \$7.39 (P.D.)	Michael Shea <i>Black & Tan, Irish Amber</i> 12-Pk. Bottles \$7.39 (P.D.)	Berkshire Brewing (BBC) <i>Steel Rail, Traditional, Drayman's Porter</i> 64-Oz. (P.D.) \$4.49 / 2 For \$7.99

DECEMBER LIQUOR SPECIALS

Dewar's Scotch (1.75 Ltr.) \$27.99	Cutty Sark Scotch (1.75 Ltr.) \$24.99	Jack Daniels (1.75 Ltr.) \$26.99	Canadian Mist (1.75 Ltr.) \$12.99	Leroux Coffee Brandy (1.75 Ltr.) \$11.99	Bacardi Rum (1.75 Ltr.) \$14.99
Gorden's Gin (1.75 Ltr.) \$13.99	Malibu Rum (1.75 Ltr.) \$17.99	Southern Comfort (1.75 Ltr.) \$16.99	Smirnoff Vodka (1.75 Ltr.) \$15.99	Gorden's Vodka (1.75 Ltr.) \$11.99	Iverhouse Scotch (1.75 Ltr.) \$12.99

DECEMBER WINE SPECIALS

Franzia (5 Ltr. Box Wine)

<i>Chablis, Rhine, Burgundy, Blush, Chillable Red,</i>		
<i>Covee Blanc, French Columbard</i>	\$7.49	
<i>Chardonnay, White Zinfandel, Merlot</i>	\$10.99	
<i>Cabernet Savignon</i>	\$12.99	



Woodbridge (1.5 Liter - Glass)

<i>White Zinfandel, Savignon Blanc</i>	\$8.99
<i>Cabernet Savignon, Chardonnay Merlot</i>	\$10.99

Heritage Wines (1.5 Ltr. - Glass)

<i>White Zinfandel</i>	\$6.99
<i>Chardonnay, Cabernet, Merlot</i>	\$8.99

Riunite (1.5 Ltr.)

<i>Lambrusco, Bianco, Rosato, Doro, Blush</i>	\$6.69
<i>Martini & Rossi Asti Spumante</i>	\$7.99

Sutter Home White Zinfandel

<i>(750 ml.)</i>	\$3.99
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Hogue Johannesburg Riesling

<i>(750 ml.)</i>	\$5.49
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Providing Yuletide Decorations...

Agawam Garden Club & Floral Concepts By Tom At Storowton

The Agawam Garden Club will deck the Gilbert Farmstead Sitting Room and Front Entry in seasonal splendor for "Yuletide at Storowton" at Eastern States Exposition's Storowton Village Museum. The annual winter holiday festival is free to the public and takes place this Saturday and Sunday, December 4th and 5th, from 11:00 a.m. to 4:00 p.m.

Members of the club will use a Topiary tree to adorn the Gilbert House Entry, while antique pewter and natural decorations will be presented in the farmstead's Sitting Room to depict their theme, "The Gilberts' Holiday Breakfast."

In addition, Floral Concepts by Tom of Agawam will be generously donating time, expertise, and materials to deck the Gilbert Farmhouse parlor, keeping room, and front door for "Yuletide at Storowton." Natural materials will be used to create the atmosphere of Floral Concepts' theme, "Celebrating the Millennium as the Gilberts of the early 19th Century."

The Jack Frost "Welcome the Winter" parade will kick off the Yuletide event on Saturday at 11:30 a.m. Adults and children may dress in their favorite interpretation of winter and join in a parade around the Village Green to compete for prizes. (Rain date for the parade is Sunday at 11:30 a.m.)

The Village will be bustling with a variety of activities that will fill visitors with holiday cheer throughout the two-day occasion, including tours of the beautifully decorated historic buildings, storytelling, musical performances, lectures, 19th-century craft demonstrations, ice sculpting, and barnyard animals to pet. Caroling at the Storowton Village Gazebo will round out the festivities at 4:00 p.m., and children will have a chance to visit with an old-fashioned Santa throughout each day.

Gifts and holiday decorations will also be for sale throughout the Village. Delectable treats are on hand in the Holiday Sweet Shoppe in the Potter Mansion, and holiday gift items are available at the Storowton Village Gift Shop in the Phillips House.

The Storowton Village Gift Shop will also be open Monday through Wednesday, 9:00 a.m. to 5:00 p.m.; Thursday and Friday, 9:00 a.m. to 8:00



FESTIVELY-DRESSED GENTLEMEN such as these will be on hand at "Yuletide at Storowton." This holiday festival has been scheduled for December 4th and 5th from 11:00 a.m. to 4:00 p.m.

p.m.; and Saturday, 11:00 a.m. to 4:00 p.m., through December 18th.

The entire family will delight in the beauty of an old-fashioned holiday at "Yuletide at Storowton," Storowton Village Museum's gift to the community. Additional events taking place on the Exposition grounds December 4th and 5th are the New England Holiday Antique Show in the Young Building from 10:00 a.m. to 5:00 p.m., and the New England Yuletide Craft Spectacular in the Stroh Building on Saturday, 10:00 a.m. to 5:00 p.m., and Sunday, 10:00 a.m. to 4:00 p.m.

The Village will also offer free, guided Holiday House Tours December 6th-11th from 11:00 a.m. to 3:00 p.m., providing visitors with an opportunity to enjoy the Village's quaint dwellings beautifully decorated for the season. Tours may be combined with a hearty lunch at Storowton Tavern.

For more information on Yuletide events, call the Village at (413) 737-0136 or Eastern States Exposition at (413) 737-2443.

MR. & MRS. JOHN R. WELCH

John R. Welch Weds Alissa A. Pritchard

Church of the Nativity, San Rafael, California, was the setting for the October 9th wedding of John Robert Welch and Alissa Ann Pritchard.

Alissa is the daughter of John and Holly Pritchard of San Rafael. John is the son of John and Barbara Welch of Feeding Hills.

The newlyweds greeted family and friends at a reception held at Gloria Ferrer Champagne Caves, Sonoma, California. Upon returning to the East Coast after a two-week honeymoon in Spain, another reception was held at Chateau Provost in Chicopee.

Mrs. Welch is employed as a Senior Web Developer at Embark.com in San Francisco, California. Mr. Welch is a Product Manager at Shockwave.com in San Francisco.

The couple resides in San Francisco.

Agawam Women's Club To Meet Dec. 13th

The Agawam Women's Club will hold their Christmas meeting on Monday, December 13th, at the Captain Leonard House beginning at 7:30 p.m.

Each member is requested to bring three-dozen cookies for the "Cookie Walk," and also a gift for

the gift exchange.

The invocation will be given by Linda Chmielewski, and Alice Orr will be our hospitality hostess.

If you are interested in joining, please feel free to come. You will be most welcome.

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Agawam, MA 01001

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Holiday Food Drive Continues For Agawam Junior Women's Club

Hear ye, hear ye! The Agawam Junior Women's Club is conducting its annual food, clothes, and toy drive for the needy families in Agawam during the holiday season. The Agawam Junior Women's Club provides groceries to feed a family for a during Thanksgiving and Christmas.

Last year, due to the overwhelming generosity from our friends — YOU! — we were able to provide meals to 60 families at Thanksgiving and Christmas, and clothes and toys to 159 children within Agawam and Feeding Hills.

We look forward to your generosity again this year. If you wish to donate new toys or canned goods, we have several drop-off boxes in Agawam and Feeding Hills. Locations are at Westfield Savings Bank, Fitness First, Town Hall, Agawam Public Market, Feeding Hills Public Market, Sand-Castle Day Care, Agawam Public Library, Colwell Bunker, and the Senior Center.

When you shop for your own holiday dinner, buy an extra of something for our needy friends. We are looking for the following canned and dry goods:

Canned vegetables; cranberry sauce; stuffing; cereal; cake mixes; soap/toothpaste/brush; paper goods; pasta; canned juice; prepared foods (shelf goods); soups; and canned meats (such as tuna and Spam).

Also, if you wish to donate toys for children from ages one to 14, we will accept these also at the drop-off sites. If you would like to make a donation of a frozen turkey or a canned ham for a Holiday Basket, or school supplies or Agawam Theatre movie tickets as gifts for older children, please call Dee Adams at 786-9085 after 5:00 p.m.

Please remember that by purchasing one can of food or one toy, you may make the difference in a child's happiness during the holidays. Knowing that you CARE can make all the difference in the world.

And, after all, isn't that what Christmas is all about?

All the hometown news with us, every week...



MR. & MRS. JAMES M. CHRISTIAN

Melissa A. Motherway Becomes Bride Of James M. Christian

Melissa A. Motherway and James Matthias Christian, both of New York City, were married on September 11, 1999 at St. Mary Church in Stonington, CT. Rev. Philip J. Geogan officiated at the 2:30 p.m. ceremony.

The bride is the daughter of Mr. & Mrs. David L. Motherway of Stonington. The parents of the bridegroom are Mr. & Mrs. James E. Christian of Agawam and Groton Long Point, CT.

The matron of honor was Lynn Duffy Berkley, the bride's cousin. Bridesmaids were Elizabeth, Katieanne, Susan, and Tara Christian (the groom's sisters), and Kristin Metzger.

Best men were Christopher and Timothy Christian, the groom's brothers. Ushers were Theodore Anibal, Kevin Delaney, David Motherway (the bride's brother), and Scott Rogan.

The flower girl was Mary Kate Connolly, cousin of the bride.

Following a reception at the Wadawanuck Club in Stonington, the couple left on a trip through France.

Mrs. Christian, a graduate of Stonington High School in Stonington, CT, earned a Bachelor of Science in Business Administration from the University of Vermont. She is a Director of Debt Syndicate at Salomon Smith Barney in New York City.

Mr. Christian, a graduate of Cathedral High School in Springfield, earned a Bachelor of Arts from Providence College. He is a Government Bond Salesman, also at Salomon Smith Barney in New York City.

Agawam Junior Women's Club Helping Children To Send Letters To Santa

Once again, the Agawam Junior Women's Club is asking all good girls and boys to send their letters to Santa Claus at the North Pole. Make sure you send a stamped, self-addressed envelope along with your letter so that Santa can reply. Santa's elves enjoy delivering your letters to Santa and Mrs. Claus, as it brings them good cheer during this joyous holiday season. To get

your letter to the North Pole in time, address your envelope to Santa, c/o 24 Tanglewood Lane, Feeding Hills, MA 01030-1527.

The Agawam Junior Women's Club is a member of the General Federation of Women's Clubs and the General Federation of Women's Clubs in Massachusetts.

Alexander's Restaurant & Banquet

60 North Westfield Street, Feeding Hills

Spend Your Holidays With Us!!!

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Enjoy A Variety Of Dishes Selected By Our Chef
Entrees Include Soup Or Salad, Vegetable, Rolls And Butter.

Tues.—Thurs., 4:00 - 6:00

You Still Can Enjoy Fine Italian Cuisine Made With Only The Finest Quality Ingredients. We Feature Delicious Veal, Chicken, Beef And Seafood Entrees Cooked To Your Liking.

Owner
Charlie Grasso

Open For Dinner At 4:00 P.M.

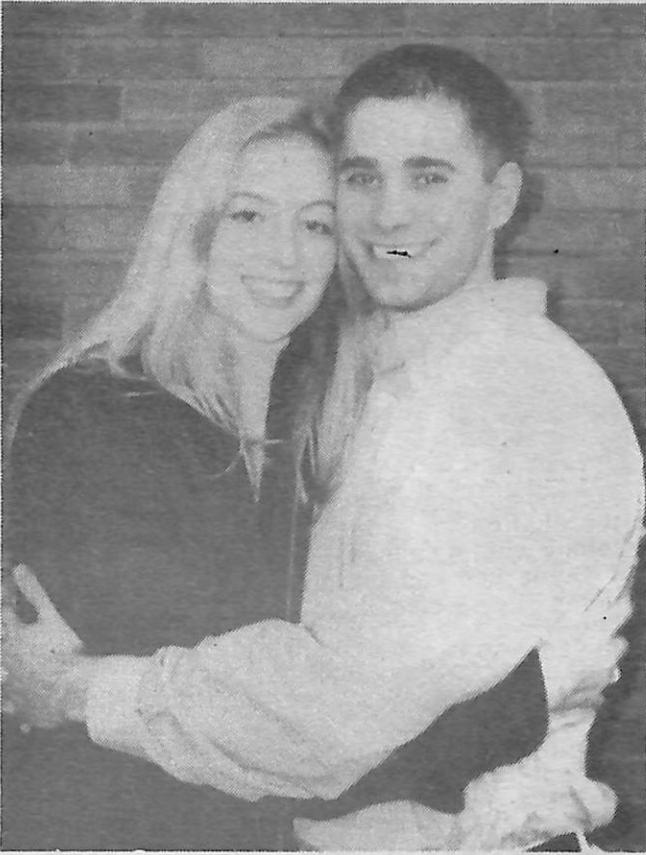
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CANDACE M. ABBOTT & ANTHONY J. ROSE

Candace M. Abbott Engaged To Marry Anthony J. Rose

Candace Abbott and Anthony Rose are engaged to be married on October 21, 2000.

Candace is a graduate of Gilbert High School in Winsted, CT, attends Bryant College, and is employed at State Street Global Advisors in Boston.

Anthony is a graduate of Agawam High School, a graduate of Bryant College, and is employed at State Street Corporation in Westwood, MA.

The proud parents of the bride-to-be are Susan Fellows-Abbott of Winsted and Dean Abbott of East Berlin, PA. The parents of the prospective bridegroom are John and Kathy Rose of Feeding Hills.

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, ads, etc., that can be brought in on Mondays. Thank you...

**Agawam UNICO &
Unico Charities
3RD Annual
Pancake
Breakfast
with SANTA**

**Sunday, Dec. 12th
8:00 am - 12:00 noon**

**Italian Sporting Club
Cooper St., Agawam**

**Donation \$4
(children under 9 free)**

Tickets available at the door or call
Sal Morassi @ 786-0177 or
Art Chase @ 786-4265

West Springfield Carvers Chip In For Christmas Joy

Chip, chip, carve, carve. That's the story every Tuesday morning at the West Springfield Senior Center. But, as the holiday season approaches, members of the Chip-a-way Carving Club have a special project.

The 24 members are devoting their efforts to completing Christmas decorations for the Giving Tree at Tower Square in downtown Springfield. The Giving Tree program began on Tuesday, November 23rd, and will end on December 17th.

For each ornament the Chip-a-way Carvers hang on the tree, Milton Bradley will donate a new toy to be given to children in the area.

This is the first year of participation by the carvers (according to president Phil Descoteaux), but the 16th year for Milton Bradley. Descoteaux feels a minimum of 50 carvings will be donated by the carvers.

For further information, contact Rollie Jacobs, 568-2144.

Agawam UNICO To Sponsor Pancake Breakfast With Santa

The Agawam Chapter of UNICO National has announced that its upcoming "Pancake Breakfast With Santa" will be taking place on Sunday, December 12th at the Italian Sporting Club on Cooper Street, Agawam from 8:00 a.m. to 12:00 noon.

Tickets are \$4 for adults and children under nine years of age are free. Tickets are currently available from any UNICO member, this year's chairman, Art Chase, at 786-4265 or Sal Morassi, at 786-0177. They will also be available at the door.

All proceeds from the breakfast will be used to benefit Agawam UNICO and its many charitable activities. Agawam UNICO is well-known for its commitment to the community and the residents of Agawam.

Agawam UNICO continually provides scholarships as well as helping Agawam's mentally and physically challenged residents. The organization is also known for its contributions to the many student groups and civic activities throughout the community.

Jr. Women's Club Collecting Food & Toys For Holiday Baskets

The Agawam Junior Women's Club is collecting food and toys for their Holiday Baskets. The baskets are given to Agawam families who are in need at holiday times.

The Junior Women collect and distribute the food, toys, and clothing each holiday season. This year, the club is in desperate need of food and toys. Collection boxes are located in town at such places as the Public Library, Agawam Public Market, the Town Hall, and the Senior Center.

The Junior Women ask that you provide whatever you can in the form of a non-perishable food item or toy. All the help we can get from the public or business community would be greatly appreciated to make this a happy holiday for those in need.

If you would like to donate or have any questions, you can contact Dee Adams at 786-9085.

The Agawam Junior Women's Club is a member of the General Federation of Women's Clubs and the General Federation of Women's Club in Massachusetts.

December Events For Agawam Golden Age Club (Chapter 1)

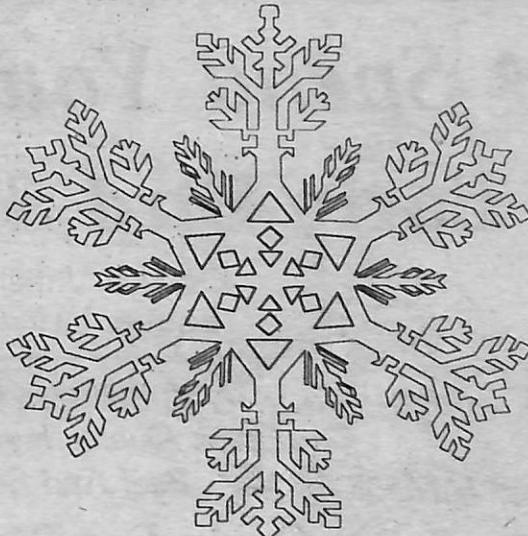
Wednesday, December 8th: The annual Christmas Dinner meeting to be held at Chez Josef, with a social hour at 11:30 a.m. An afternoon of musical entertainment will be provided by the magical touch of Richard Mitnick on the piano.

Wednesday, December 22nd: Regular meeting with Gift Bingo for the afternoon enjoyment. May you all have a safe and "Happy Holiday."

Reminder for membership renewals, and any seniors wishing to join are invited. Call Helen Rogers, membership chairperson, at 786-3756.

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At Agawam Middle School...

Junior Women's Club To Host "Breakfast With Santa" This Sun.

This Sunday, December 5th, Santa will be visiting the Agawam Middle School from 9:00 until 11:30 a.m. to meet with all good boys and girls for a pancake and sausage breakfast. All children can bring their letters to Santa, and make sure to include your return address. Photos will be taken with Santa and the children.

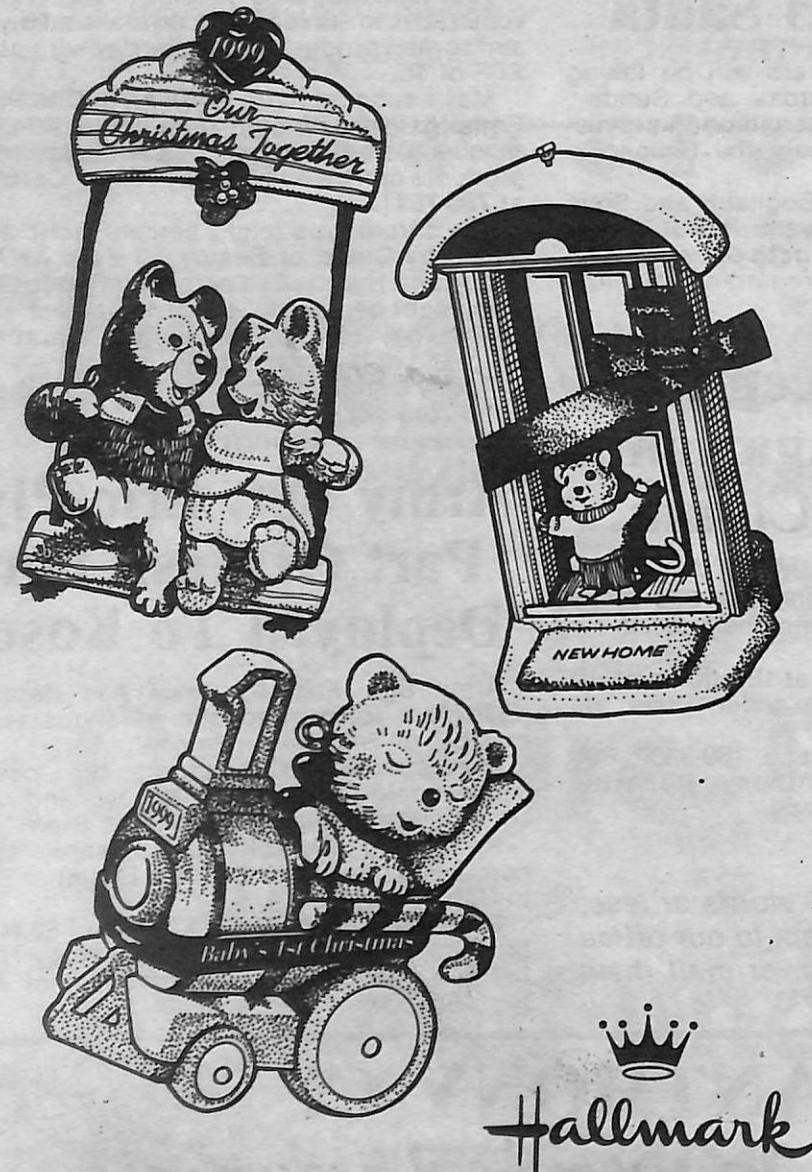
The Agawam Junior Women's Club is sponsoring the breakfast and is happy to have it at a new location this year (with two grills to provide better service). Tickets will be available at the door. Adults are \$3.50 and children are \$2.50.

A collection of non-perishable food will be taken for the Junior Women's Holiday Baskets, which helps less fortunate Agawam families have happy holiday.

The Agawam Junior Women's Club is a member of the General Federation of Women's Clubs and the General Federation of Women's Clubs in Massachusetts.

Memories to Go!

We've got hundreds of ornaments to suit every personality, every occasion and just about every gift need on your list this season. Hallmark Keepsake Ornaments capture special moments that you can share and enjoy for a lifetime!



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Agawam Millennium Bash To Celebrate The Year 2000

Come join us as we count down to the year 2000. Bring your friends, as everyone is welcome!

A Millennium Bash is being held to celebrate the new millennium with friends, old and new. So, bring yours and join us on Friday, December 31, 1999 at The Carriage House at Storroroton Tavern.

The festivities begin at 7:30 p.m. and will include cocktails, food, and dancing, along with a whole lot of fun. A champagne toast will celebrate the new year at midnight, with the merriment concluding at 1:00 a.m.

The cost for the evening is just \$75 per person. Reservations may be made by calling any of the following: Stephen Grenier, 786-3629; Maria Sutton Drake, 786-2522; or Fred Withee, 732-4188.

Attendance must be confirmed prior to the event; invites will not be accepted at the door.

At The Polish Club This Friday...

Autographed Sports Memorabilia To Highlight Auction

The Agawam Middle School will be holding a fundraising auction this Friday evening, December 3rd, at the Polish-American Club in Feeding Hills. Proceeds will be used to purchase additional computers for the school.

The viewing of the auction items is at 6:00 p.m., and the auction will begin at 7:00 p.m. Joe Rossi is the auctioneer. A donation admission of \$3 per family will be collected at the door.

Come see and bid on the many autographed items by professional hockey and baseball players, along with tons of restaurant gift certificates and other valuable items.

This will make for a great night out with your kids!

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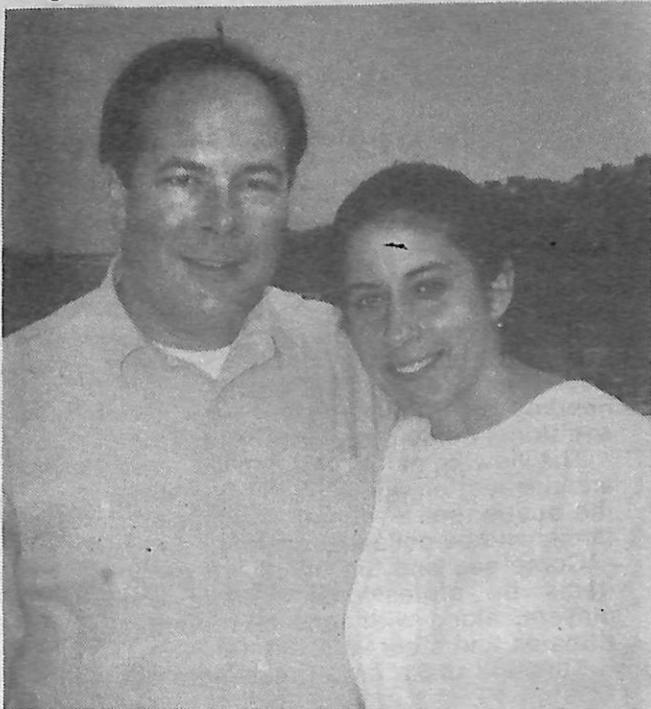
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DAVE A. COTTINGHAM & CHRISTINE E. MINEO

Christine E. Mineo Is Engaged To Wed Dave A. Cottingham

Mr. & Mrs. John Mineo of Agawam are pleased to announce the engagement of their daughter, Christine Ellen, to Dave Arthur Cottingham of Bowie, Maryland.

Dave is the son of Mrs. Roberta Cottingham of College Station, Washington, and the late Mr. Robert Cottingham.

Christine is a 1993 graduate of Agawam High School and also a 1997 graduate of Pennsylvania State University with a Bachelor's degree in Mechanical Engineering. She is presently working for Lockheed Martin as a Spacecraft Thermal Engineer on the Hubble Space Telescope.

Dave received his undergraduate and Master's degree from Yale University and his Doctorate from Princeton. He is currently working for Global Science and Technology as an Astrophysicist.

A February 2000 wedding is planned.

Ag. Senior Center's Weekly Lunch Menu

Monday, December 6th: Ziti and meatballs, tossed salad, Vienna bread, pears.

Tuesday, December 7th: French meat pie, gravy, yellow and green beans, rye bread, birthday cake.

Wednesday, December 8th: Baked chicken leg, steak fries, spinach, pumpernickel bread, tapioca pudding.

Thursday, December 9th: Country pie (hamburg, rice, and cheese), tossed salad, whole wheat bread, apricots.

Friday, December 10th: Macaroni and cheese, stewed tomatoes, corn muffins, applesauce.

(Menu subject to change without notice.)

Classified ads in the Advertiser News cost just \$10 per week for 30 words or less; however, we DO NOT take them over the telephone. Please bring them to our office at 14 Southwick Street (in the Crossroads Shoppes), Feeding Hills, or mail them (with payment) to P.O. Box 263, Feeding Hills, MA 01030.

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Combo, Receive 2nd Combo At
HALF PRICE**

- No Quantity Limit -

Expires 12/9/99 (With This Coupon)

On Sunday, December 5th...

Holiday Tree Lighting Ceremony Scheduled At Veterans' Green

The Town of Agawam Parks & Recreation Department and the Agawam Cultural Council are sponsoring a Holiday Tree Lighting Ceremony.

The tree lighting will take place on Sunday, December 5th, at Veterans' Green in front of Phelps School at 6:00 p.m. The event is open to the public, and free hot chocolate and refreshments will be served.

Cil Millette and the Great Pretenders choir will be on hand to provide entertainment, and there will be a visit from Santa Claus.

The Glen Gary Tree Farm on Shoemaker Lane has donated the tree.

Blue Shutters Slate Annual Craft Sale For Sat., December 4th

The Blue Shutters will host its annual craft sale this weekend on Saturday, December 4th, from 10:00 a.m. to 4:00 p.m. at 969 Shoemaker Lane in Feeding Hills.

Once again, there will be home-grown and homemade jams, jellies, and pickles ready for gift-giving in addition to other hand-crafted items. "Dolls by Nancy" will also be featured. Fresh-baked bread, muffins, and other sweets will also be available.

This year, there will be a separate room of crafts for sale at 20 to 25 percent off.

Theresa Barlow of the Blue Shutters invites you to stop by and sample some of the gift-giving items. Bring a friend, and browsers are welcome.

Agawam Police Explorers To Take Pictures With Santa

The Agawam Police Explorers will be taking pictures with Santa on Saturday and Sunday, December 4th and 5th. The cost will be \$3 per picture and the proceeds will help the Police Explorers.

This event will be held at Boglisch and Sons Farm on Main Street in Agawam. It will be run from 9:00 a.m. to 5:00 p.m. on both days.

If you have any questions regarding this fundraiser, call Vanessa at 237-6280.

Holiday Reception Slated By Agawam Republican Comm.

The Republican Town Committee announces a "Holiday Reception" to meet the new City Councilors and School Committee member, and to encourage new membership.

This reception will be held at the home of JD and Susan Dawson, 21 Alexander Drive, on December 10th at 7:00 p.m.

Please RSVP to Susan Dawson, 789-3400; Bob Magovern, 789-0171; or Anthony Bonavita, 786-2079.

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Agawam, MA 01001
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Got A Hair, Nail, Or Beauty Problem? Send Us A Note, And We Will Answer It In Our Column

Question: What exactly is alpha hydroxy acids and what do they do?

Answer: Alpha hydroxy acid (AHA) is a general term used to describe two varieties of acids: glycolic which is from sugar cane, and lactic which is from milk. They exfoliate your skin chemically rather than manually (like with a scrub containing grains or with a wash cloth).

The dead skin cells are sloughed off because these acids break up the chemical bonds of the skin's surface, thus creating a smoother finish (making it easier for penetration of moisturizers and application of make-up). AHA's are great for both oily and dry skin because they help regulate the production and exfoliation of cells and the flow of natural oils in your skin.

It is important to look at the percentage of AHA's in the product, as this indicates how strong the concentration of acids is. Sensitive skin should start with a four to five percent concentration; normal skin can use an eight to 10 percent.

Anything higher should be recommended by a dermatologist only, and anything lower is not concentrated enough to exfoliate and will only act as a moisturizer. The lotion types are best for any skin types while the creams are best for drier skins, and serums work best for someone with oily or acne-prone skin.

Disadvantages: AHA's can cause irritation, so use a low percentage once a day (in the evening would be best). If no problems arise, increase to morning and evening. You may experience a mild stinging when you first apply AHA; this is normal but continued stinging is not, so discontinue use.

Your skin may also become more sensitive and vulnerable to sun damage, so make sure you use a sun screen product during the day with at least an SPF of 15.

May I suggest Avon Anew All-in-One Perfecting Complex (four percent glycolic) or All-in-One Intensive Complex (eight percent glycolic). These products can be obtained by calling Carol Lawson at 786-7691.

The serum type (eight percent lactic acid) produced by Circle of Beauty All Even AHA serum, and Alpha Hydrox five percent lotion for sensitive skin, eight percent lotion, or 10 percent enhanced oil-free gel (glycolic acid), can be purchased in drug and department stores.

Today's smile maker: Hot air balloons against a deep blue sky.

Remember ... Beauty is our Business!

Army Sgt. Eric Plyler Part Of Task Force Deployed To Kosovo

Army Sgt. Eric D. Plyler has deployed to Kosovo, a former republic of Yugoslavia, as a member of Task Force Falcon.

The soldier will support the continuing peacekeeping mission in Kosovo and will help construct and secure Camp Bond Steel.

Plyler is a carpentry and masonry specialist normally assigned to the 94th Engineer Battalion in Hohenfels, Germany.

He is the son of Shirley A. Plyler of 86 N. Alhambra Circle, Agawam, and the late Huey H. Plyler.

The sergeant is a 1991 graduate of Agawam High School.



Church News

Communion Sunday At First Baptist

The second Sunday of the Advent season will be celebrated this week at First Baptist Church in Agawam. Communion will be served at the 9:30 a.m. service of worship.

Pastor Richard Barnes' sermon topic will be "Preparing For The Lord." Scriptural text will be taken from Isaiah 40: 1-11.

Glenn Rennell will lead the responsive reading. Special music of the season will be offered by the choir, led by Scott Thomson.

Coffee and conversation follow worship, with classes offered for all ages until 11:45 a.m. Nursery care is provided.

Poinsettia plants will decorate the sanctuary during the holiday season. If you wish to purchase one or more, contact any member of the Flower Committee by December 12th.

The youth of the church will be selling Christmas wreaths and swags during the season, also. Order yours as soon as possible from any member of this group.

On our calendar this week:

Monday, December 6th: 6:30 p.m., Amicitia Circle Christmas Celebration; 7:00 p.m., Sunshine Circle.

Tuesday, December 7th: 1:30 p.m., Home Bible Study (home of Dot Major); 7:00 p.m., Youth Group.

Wednesday, December 8th: 10:00 a.m. to 5:30 p.m., Trading Post open; 7:30 p.m., Church Committee.

Thursday, December 9th: 10:00 a.m., Bell Ringers rehearsal; 2:00 p.m., Handiwork group; 7:00 p.m., Choir rehearsal.

Caring Connection contacts for the month of December are Jan Lock (789-6476) and Linda Chicklas (786-1565).

All the hometown news with us, every week...

News From F. Hills Congregational

You are welcome to join with us at the Feeding Hills Congregational Church, which is located at 21 N. Westfield Street in Feeding Hills. Our Sunday morning service of worship begins at 10:00 a.m. and this week will include the Service of Holy Communion.

Rev. Donaldson's sermon is entitled "Spirit of Possibility." The Bible reading this week will be Luke 1:26-37. Confirmand Justin Matteson will be our Lector.

Ushers will be Diane Lindeland and Connie Haynes. Samantha Justilian and Nick Pelter will be our acolytes. Sunday School students, who are invited to attend worship with adults, will leave at a designated time for their lessons.

Nursery care will be provided for the very young. Sharon Rozanski will be our Coffee Hour hostess.

Orders for Christmas poinsettias must be placed with the Flower Committee by this Sunday. The plants are only \$10 for a 7½-inch pot with eight to 10 flowers. Flowers may be listed in the December 19th bulletin in memory or celebration of a family member or friend.

Committee members are Sharon Rozanski, Betty Bava, and Margaret Johnson. When you place your order, please let them know if you will take your plant home on that Sunday or donate it to a shut-in.

Once again, our Mitten Tree has been set up in Griswold Hall for the Advent season. A collection of hats and mittens from the tree will be given to the Council of Churches for distribution.

Thank you to all who helped decorate the church for this Christmas season. This is a place filled with the spirit and it shows!

Volunteers are needed to make desserts for the Parish Cupboard on Wednesday, December 8th. If you are able to make a dessert (brownies, sheet cake, cookies, etc.), please have your contribution to the church kitchen by 12:00 noon on Wednesday.

A sign-up sheet is located on the bulletin board in Griswold Hall.

Operation Friendship will sponsor a Roast Beef Dinner just in time to help ease the rush of this holiday season. Dinner will be served from 5:00 to 6:30 p.m. on Saturday, December 11th, here at the church.

For reservations, call Sharon at 786-8743 or Debbi at 786-9780. Ask for Amanda as a waitress, and you'll be served with a smile!

The Board of Christian Education will sponsor "Movie Night" on Friday, December 17th, at 7:00 p.m.

There will be a Christmas Eve Service of Worship here on Friday, December 24th, at 7:30 p.m.

On the calendar:

Friday, December 3rd: 7:00 p.m., Radio Club.
Sunday, December 5th: 10:00 a.m., Communion Sunday; 12:00 noon to 8:00 p.m., Church of Redemption.

Monday, December 6th: 4:00 p.m., Daisy Scouts; 6:30 p.m., Cub Scouts.

Tuesday, December 7th: 7:00 p.m., A.A.; 7:30 p.m., Council.

Wednesday, December 8th: Parish Cupboard desserts needed; 2:45 p.m., Girl Scouts; 6:30 p.m., Girl Scouts; 7:00 p.m., Choir; 7:30 p.m., Cub Scout Committee.

Thursday, December 9th: 7:00 p.m., A.A.

Remember, our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you...



Christmas Tree Sale

Quality Trees At Affordable Prices

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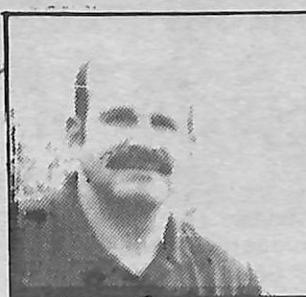
Annual Fundraiser

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Over 400 Trees To Choose From



Church News - continued...



Reflections...

submitted by

Rev. Peter Monahan
Pastor of the New Life
Christian Church,
Suffield, CT
(413) 789-1377 or
toll free (877) 643-9801

Waiting

One of the sadder things we witness from time-to-time is the sight of somebody waiting. It could be a small child waiting for a friend to come over. It could be an elderly resident at a nursing home waiting by the door for a relative, perhaps all ready-to-go with coat and hat already on. It could be a frightened patient, or perhaps a family member, waiting for the doctor's report.

For thousands of years, the world itself waited for the promise of a Redeemer to be honored. Since the fall of humankind, down through the centuries, the world was gripped by the effects of sin. God had already solved the problem. **Comfort, comfort my people, says your God. Speak tenderly to Jerusalem, and proclaim to her that her hard service has been completed, that her sin has been paid for, that she has received from the Lord's hands double all her sins. A voice of one calling: "In the desert prepare the way for the Lord; make straight in the wilderness a highway for our God."**

God's promise of a Redeemer was not based upon people's deservedness. In fact, just the opposite was true. **You showed favor to Your land, o Lord; You restored the fortunes of Jacob. You forgave the iniquity of Your people and covered all**

their sins. You set aside all Your wrath and turned from Your fierce anger. Still, the world waited and waited.

It may have taken what seemed like forever, but finally the promise was fulfilled. The Gospel of Mark describes it in this way: **The beginning of the gospel about Jesus Christ, the Son of God. It is written in Isaiah the prophet: "I will send My messenger ahead of you, who will prepare your way, a voice of one calling in the desert, "Prepare the way of the Lord, make straight paths for Him."** So John came, baptizing in the desert region and preaching a baptism of repentance for the forgiveness of sins. The whole Judean country-side and all the people of Jerusalem went out to him. Confessing their sins, they were baptized by him in the Jordan River. John wore clothing made of camel's hair, with a leather belt around his waist, and he ate locusts and honey. And this was his message: **"After me will come one more powerful than I, the thongs of whose sandals I am not worthy to stoop down and untie. I baptize you with water, but He will baptize you with the Holy Spirit."**

Although it might have seemed like it took forever for God to keep His promise to send a Redeemer, Jesus came at just the right time. The Bible says, **but when the time had fully come, God sent His Son, born of a woman, born under the law, to redeem those under law, that we might receive the full rights of sons.** The promise was worth waiting for, it made it possible for people to receive the full rights of sons. No longer must it be true that **once you were not a people, since the promise of a Redeemer was kept, but now you are the people of god; once you had not received mercy, but now you have received mercy.** As well, the first Christmas was perfectly timed. It would seem so, because the Bible says so and also because the whole Judean countryside and all the

people of Jerusalem went out to him.

Now that Thanksgiving has come and gone for another year, the world turns its attention to the upcoming Christmas holiday. Already, the malls and cyberoutlets are booming with traffic. The day after Thanksgiving is known in the retail world as "Black Friday," because that's when they go "into the black" in terms of their profits. It's big business to prepare for Christmas.

In the midst of the hustle and bustle of the holidays, is it possible that some people may forget that the first Christmas, also 2,000 years ago, while important in its own right, was also a precursor of Jesus' triumphal return at the conclusion of history? Perhaps there are some people who didn't know that in the first place.

Isaiah's prophecy about John the Baptist and Jesus' first coming was spoken about 700 years before the event. One wonders how many people cared about or considered the import of Isaiah's words. There is an interesting prophecy in the New Testament, written at least 2,000 years prior to Jesus' second coming, which beckons our attention. For some 1,945 years or so, the prophecy did not make any sense at all. Now, its message is ominous.

But the day of the Lord (a Biblical way to describe Jesus' second coming) **will come like a thief. The heavens will disappear with a roar; the elements will be destroyed by fire, and the earth and everything in it will be laid bare.** The reason this prophecy is so ominous is that prior to 1945, matter could only be destroyed to its elemental stage. Now, with atomic and nuclear power, it is possible for the elements themselves to be destroyed as well. Will such a horrific event occur? Who can say? **Could it occur?** You bet! It's time we all get ourselves prepared for the second part of God's promise to be fulfilled. What are we waiting for?

Nocturnal Adoration Society To Meet On Friday, December 3rd

The Nocturnal Adoration Society of Agawam and West Springfield will meet at Saint Ann's Church in West Springfield to conduct and pray the Office of the Blessed Sacrament on Friday, December 3rd, from 7:00 to 11:00 p.m.

All are invited to come and spend an hour in Eucharistic Adoration.

Grace Lutheran Church's Annual Holiday Fair Is Set For Saturday, December 4th

Grace Lutheran Church will hold its 21st Annual Holiday Fair on December 4th from 9:00 a.m. to 4:00 p.m. in the church hall, 1552 Westfield Street, West Springfield.

The fair will feature local craftpersons and

traditional church shops. There will be a sausage grinder luncheon served from 11:00 a.m. to 1:00 p.m.

Proceeds from this event will go to the Women in Christ group to help fund their missions.

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Free Appetizer With Dinner
For Two At Regular Menu Price.
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KRIS KRINGLE RETURNS!!

Bring Your Kids To Have Their Picture Taken With Santa On December 4th From 9 A.M. To 1 P.M.

Wallets — Only \$1.50 Each (Need To Order In Even Numbers)
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5x7 — Only \$5.50 Each (Any Amount)
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★ Cards Not Sold Separately!!!

St. John's Parish News And Notes

CHRISTMAS BAZAAR - DECEMBER 4TH

Time is running out for the returns for the Christmas Bazaar Raffle. Returns can be made to the Parish Office during this week or brought to the Raffle Table on December 4th, the day of the Bazaar. Good luck!

The Bake Booth can use all the help they can get, so you are asked to please bake something for the booth.

ST. JOHN'S GUILD

The Guild's annual Advent supper will be on Tuesday, December 7th, at Storrowton Tavern. Reservations must be made in advance by calling Barbara at 786-7428 or Jean at 786-9451 before December 3rd.

The cost is \$20 per person.

THE GIVING TREE

The Giving Tree adorns the Sanctuary once again this year after the marvelous experience of the last years. Each "boot" on the tree represents a need from someone.

Plan to take an ornament, buy the gift, wrap it, and leave the ornament on the outside with the code number visible, and return it by December 19th.

May this project help all of us become spiritually ready to celebrate the coming Birthday of the Lord.

NOTE

Every weekday (Monday through Friday), the Rosary is said in the church at 7:55 a.m.

On each First Friday, the Litany to the Sacred Heart of Jesus is held at 8:20 a.m., immediately following the Rosary.

SUNDAY TO SUNDAY

We're beginning a special Advent program for this video look at next Sunday's Scriptures. The Catholic parishes in town are offering a common front to this program with a variety of times to help meet people's needs:

* Tuesday morning at Sacred Heart - 8:45 a.m. to 9:30 a.m.

* Wednesday (this week) at St. John's and St. Theresa's from 7:30 p.m. to 8:30 p.m.

* Friday mornings at St. John's at 9:10 a.m.

Come and see. We think you will enjoy it.

AGAWAM CATHOLIC SINGLES CLUB

Our Parish Singles Club meets on the second Thursday of each month in the Parish Center. New members are always welcome.

The next meeting will be held on December 9th at 7:00 p.m. and will feature a Christmas Pot Luck Supper. Bring a dish to share and a \$5 wrapped grab bag gift.

Call Joann, 789-0774, or John, 786-2273.

CHOIR

Choir rehearsal is held on Tuesday evenings at 7:30 p.m.

New members are always most welcome to join.

"Breakfast With The Elves" At Mittineague United Methodist

Please come and have "Breakfast with the Elves" on Saturday, December 4th, from 8:00 to 11:00 a.m. at Mittineague United Methodist Church, 800 Amostown Road, West Springfield.

In addition to the pancake breakfast, there will be Christmas crafts and a bake shoppe. What's more, you child can have his/her picture taken with the Elves!

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CLOTHING AS UNIQUE AS YOU ARE

MILLENNIUM LESSON #1

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The Community Is Invited To Attend Valley Community Church In Feeding Hills

Are you new to our community and looking for a house of worship? Consider Valley Community Church. Are you new to the Christian faith and unsure of which affiliation or denomination to belong to? Consider Valley Community Church. Are you lost and down, and in need of direction and hope? Consider Valley Community Church.

We are a non-denominational church who welcome all of the Christian faith, and who share a love and need for Christ in their lives. We invite you to join us and our growing family of God in our lovely white sanctuary, high atop the hill at 152 South Westfield Street in Feeding Hills.

Though we sit high overlooking the entire Pioneer Valley and even into Connecticut, we do not consider ourselves separatists or elite. The community has joined us for our famous Chicken Suppers, our Fourth of July Celebrations, our Boar's Head Festival, Open Prayer Meetings, and enjoyed the many theatrical productions performed in our Recreation Hall next to the church (better known as The Red Door Theatre).

We have participated, in the past, with many of the area churches, joining services for Good Friday, Easter Sunrise, Thanksgiving, and Christmas Candlelight.

Our pastor, Rev. Gene de Jongh, is in his office Monday through Thursday for those who would

like to know more about Valley Community Church, or who seek to know more of God's Word and Love.

We at Valley Community Church have committed ourselves to doing God's work and following Christ's ways, and pray that you will come to see for yourself what Valley Community Church is all about.

On the calendar:

Sunday, December 5th: 9:30 a.m., Service of Holy Communion. Pastor Gene de Jongh will preach on the topic "Shouting In The Darkness"; 10:30 a.m., Fellowship in Dunn Hall; 11:00 a.m., Intergeneration Sunday School exploring the theme "God With Us — An Advent Program"; 2:00 p.m., Theatre Trip to Red Door Theatre to see "Scrooge: A Traveling Travesty" (call 789-2026 for tickets).

Tuesday, December 7th: 7:00 p.m., Board of Finance Meeting.

Wednesday, December 8th: 6:15 p.m., Jr. Choir and Chancel Players meet to rehearse "The Little Star"; 7:00 p.m., Sr. Choir Rehearsal.

Thursday, December 9th: 6:30 p.m., Community Open Prayer Time.

Friday, December 11th: 5:00 to 6:30 p.m., Chicken Supper (call 786-2445 for reservations).

Please remember to patronize your local businesses...

DeCaro Brothers Garden Center

1236 Springfield St., Feeding Hills

786-0370

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Fresh-Cut Balsam
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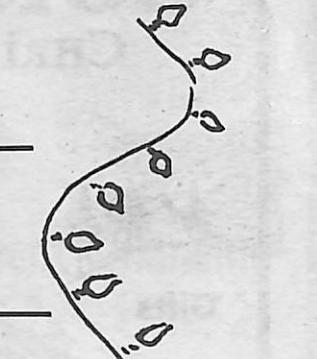


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Lawn Ornaments * Balsam Bouquets

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Church News - continued...

At Valley Comm. Church's Chicken Supper...



VALLEY COMMUNITY CHURCH in Feeding Hills held its latest chicken supper on Saturday, November 13th. IN LEFT PHOTO: Reverend Gene de Jongh (far left), the church's pastor, with his son, Nathan, and Dale Persons. IN RIGHT PHOTO: At the chicken supper, musical entertainment was provided by keyboardist Don Saford. He played so well, the music sounded as if it came from a CD. Advertiser News photos by Kathy Shepard.

Catholic Women's Club Of Agawam To Hold 'Mystery Ride'

The Catholic Women's Club of Agawam will hold a mystery ride on Monday, December 13th.

Members are requested to meet at Saint John the Evangelist parish center, 884 Main Street, Agawam, at 7:00 p.m. for a brief business meeting. After the meeting, members will travel by car in groups to a mystery destination.

Angela Beaudry is chairwoman for this event. Hospitality will be provided by Gloria Colby and her committee.

Members are requested to wear festive apparel. Please note the change of time for this month's Christmas meeting.

Do not miss it — it promises to be a fun-filled experience! New members are welcome.

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, ads, etc., that can be brought in on Mondays. Thank you...

* * * *

"This is he who was spoken of through the prophet Isaiah: 'A voice calling in the desert,



'Prepare the way for the Lord, make straight paths for Him!'"

- Matthew 3:3

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"Reconciling and Transforming Lives in Jesus Christ Our Lord"

Church News - continued...**Calendar From
Ag. Congregational**

The Second Sunday of Advent will be celebrated this Sunday, December 5th, at the Agawam Congregational Church (745 Main Street, Agawam), with the Sacrament of Holy Communion and a sermon by Dr. Bascom on the topic "Roadmakers for the King," based on the Advent text Mark 1:1-8. We will light the second of the Advent Candles, the Candle of Love.

At 6:30 p.m. this Sunday, there will be the second in the Advent Series of events involving music, Bible study, prayer, and refreshments. All are invited.

The Choir is preparing for a presentation of the Christmas portions of Handel's "Messiah" in the Christmas Sunday service on December 19th.

Accompaniment will be by a string quartet, along with a rebuilt portion of our pipe organ (now undergoing enlargement and restoration).

Church school for seventh through 12th grade and Confirmation classes meet at 9:00 a.m. each Sunday, with crib room through sixth grade meeting during the 10:30 a.m. worship service.

Each church school class will be celebrating the lighting of the Advent Candle and focusing on the Biblical message of Love.

Men are invited to join the Men's Prayer Time, which meets at 7:45 each Tuesday morning.

We read from the devotional guide "Upper Room" for meditation and discussion, with time for coffee and fellowship.

Extra Christmas wreaths are available for those who would like more. The cost is only \$10.

This is an annual fundraiser for our Youth Groups.

Rev. Eric Bascom's book, "A Funny Thing Happened on the Way to the Pulpit," is now on sale.

The \$10 book may be purchased at the church office.

The Christmas Eve service schedule is as follows: 5:00 p.m. (Pageant) and 11:00 p.m. (Traditional Candlelight).

For more information concerning any of our events, please call the church office at 786-7111.

"Church News" is a regular feature of The Agawam Advertiser News...



Grace Baptist Church

475 Pine Street, Feeding Hills
Pastor Carmen A. Rizzo

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Schedule Of Services

SUNDAY

9:30 A.M. - Sunday School
10:30 A.M. - Morning Service

Series - "Biblical Portraits"
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6:00 P.M. - Evening Services
Series - "Immortality"

FRIDAY

6:30 - 8:30 P.M. - Awana Clubs Youth Program
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Saint John's Annual Christmas Bazaar Set For Sat., December 4th

Once again, it is time to come and indulge in a collection of holiday delights ranging from wreaths to jewelry, from delicious baked goods to plants, candy, and toys, at this year's Saint John's Annual Christmas Bazaar at 884 Main Street.

The doors will open to the public at 9:00 a.m. on Saturday, December 4th, and close at 3:00 p.m. Music will fill the air, and Santa Claus will be there to greet the children and folks as they browse and shop. A snack bar will provide refreshments for all shoppers who would like to take a shopping break.

Gloria Colby, Paula Raiche, and Betsy Ciempa are co-chairwomen for this special event, and they will be assisted by the following chairpersons:

Attic Treasures, Jane Schmidt and Paula Paquette; Bake Booth, Elaine Smith; Candy Booth, Alice Pietroniro and Janet Wysocki; Christmas Booth, Kay Capitanio and Adelle Gallano; Jewelry, Bernice Consolini, Penny DeForge, and Jackie Morgan; Kitchen Kapers, Mickey Adelman and Martha Jerry.

Knitting, Barbara Gingras; Needle and Thread, Lillian Doyle; and Plants, Angela Beaudry, Jane Trevethan, and Millie Vassallo. Toys will be chaired by William Clark, member of the Youth Ministry committee of Saint John's.

There will be a number of raffles, including the Bountiful Basket (co-chaired by Bea Hamel and Alwyn Shepard), Parish Cash Drawing (co-chaired by Lorraine Maniscalchi, Chris Mikszewski, and Kay Muzzy), and the Clock Raffle (chaired by Rita Moore).

Paula Raiche is in charge of posters.

For photo coverage in The AAN, call us at 786-7747 or 786-8137; however, please give us at least 72 hours' notice.

"Revival Week" Calendar Announced By Faith Bible Church

REVIVAL WEEK

December 28th, 29th, 30th, & 31st
Tuesday, December 28th: Speaker - Pastor Tom Crouse (7:00 to 9:00 p.m.).

Wednesday, December 29th: Speaker - Pastor Dave Brown (7:00 to 9:00 p.m.).

Thursday, December 30th: Speaker - Pastor Dave Brown (7:00 to 9:00 p.m.).

Friday, December 31st: Family Night at Faith Bible Church (6:00 p.m. to ???).

Come and spend a night with us at Faith Bible Church, 370 Shoemaker Lane, Agawam, during the last week of 1999. There will be four nights of dynamic preaching, and on Friday, New Year's Eve (beginning at 6:00 p.m.), there will be food, fellowship, worship, and prayer as we get on our knees to welcome Jesus into the new millennium.

"If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then will I hear from heaven and will forgive their sin and will heal their land" - 2 Chron 7:14.

For more information, contact Faith Bible Church at 786-1681.

Roast Beef Dinner At Feeding Hills Congregational Church

Operation Friendship of America, a non-profit youth cultural exchange program sponsored by the Feeding Hills Congregational Church, is having a Roast Beef Dinner on December 11th.

Dinner will consist of roast beef and gravy, mashed potatoes, tossed salad, vegetable, bread and butter, dessert, and beverage. Servings will be continuous from 5:00 to 6:30 p.m.

Adults are \$7.50, and children under 12 are \$4, and children under five are free.

Reservations are appreciated by calling 786-8743 or 786-9780. Walk-ins, however, are welcome.

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Spotlight On Business

Legal Memo

by

Alan L. Ferrigno, Esq.
546 Springfield St., F.H.
(413) 786-9454



MEDICAL MALPRACTICE Breast Reduction Surgery

The plaintiff, a 35 year-old unmarried woman, underwent breast reduction surgery performed by the defendant. The plaintiff alleged that at no time prior to surgery did the defendant advise her that the loss of her left nipple and areola was a risk of surgery. As a result of the surgery, the plaintiff has no nipple and areola on her left breast.

Prior to the surgery, the plaintiff met with the defendant on two occasions in his office. At these initial visits, the defendant documented the plaintiff's history of having heavy breasts and also documented that the plaintiff had lupus, an autoimmune disease that can interfere with healing.

The defendant's records indicated that he discussed several aspects of the upcoming surgery with the plaintiff. There was apparently no indication in the defendant's office record or in the consent forms signed by the plaintiff that she was specifically advised that the loss of her nipple and areola was a risk of the breast reduction procedure.

After the breast reduction surgery was performed, the plaintiff's left areola did not heal properly. Several weeks after the operation, the plaintiff was taken back to the operating room for the surgical removal of her left areola and nipple.

The defendant maintained that the consent form and the records supported his position that he complied with the standard of care on the issue of informed consent.

The case settled prior to trial for \$100,000.00.

Attorney Alan L. Ferrigno maintains an office at 546 Springfield Street, Feeding Hills, MA. If you have a legal question, Attorney Ferrigno will attempt to address the same in this column. Please send any questions to the address listed above.

Attorney Alan L. Ferrigno's "Legal Memo" is a regular feature of The AAN...

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Ayre Real Estate In Rays Of Hope Walk...



AYRE REAL ESTATE CO., INC., recently sponsored a team of walkers to join in the Rays of Hope walk to raise money for Breast Cancer Research. Dianne Vecchiarelli (front and center) was the team captain and organized the event. Front row: Grace Benton, Dianne Vecchiarelli, and Debbie Pond. Middle row: Christine Sarno, Mr. & Mrs. Mazzie, and Mary Breglio. Back row: Carol Texeira, Linda Hadden, Donna Roberts, and Karin Jeffers Ayre.

* * * * *

Remember, our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you...

* * * * *

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Spotlight On Business - continued...**Timely Tips On How To Manage Your Finances**

by Sue & Charlie Alvanos
Personal Financial Advisors
American Express
534-3883

Preparing Your Pocketbook For Holiday Shopping And Y2K...

The turn of the century may bring additional stress to the usually hectic holiday shopping routine. The uncertainty of what will happen to computerized financial records as we transition to the year 2000 can be unsettling.

The following are tips that can help you keep your sanity through the holiday buying season and enter the new millennium on the right foot financially.

Keep holiday spending in check. The best way to avoid overspending on gifts during the holidays is to prepare well in advance. First, set a budget of how much you want to spend for each person on your list. Then stick to it when it comes time to shop.

You'll thank yourself if you have holiday purchases paid for at the end of the year instead of relying on credit cards that leave you with high-interest debt next January.

Shop during "off-peak" seasons. Although it may be hard to shop for holiday gifts before the lights are up and the snow is falling, it's a good

idea to buy gifts throughout the year so your pocketbook doesn't take such a hard hit in December.

While it may be too late to get ahead of the game this year, remember that getting a jump on the shopping frenzy next year can pay off, since sales may be rare and crowds inevitable during the prime shopping weeks after Thanksgiving. Or, if you can wait, retailers also tend to put merchandise on sale immediately after the holiday rush.

Reduce your Y2K financial worries. There has been a lot of speculation about what will happen to computerized systems when the clock strikes 12:00 this New Year's Eve. Many people are concerned that telecommunications, health care services, and utilities could be disrupted. But there's also been much speculation about how financial records and documentation will be affected.

The good news is many experts say if there is any disruption to computer systems, it is likely to last only a short time. However, there are a few precautions you can take to protect yourself against any inconsistencies in your financial records after the new year.

Before you get caught up in the flurry of the holidays, here are a few issues to consider:

Talk to financial company reps. Speak with representatives from each company where you bank and invest. They should be able to explain what will happen to your records at the turn of the new year. If they seem uncertain or unwilling to help, it may be wise to move your assets to firms that are willing to communicate their Y2K action plan with you.

Have cash on hand. Experts suggest that you have enough cash to get through a couple of days in case ATMs fail on January 1st. There is no need to drain your bank account in preparation for the new year. Instead, take cash out in small increments and set it aside to help you weather any

SEE ALVANOS - Page 22...

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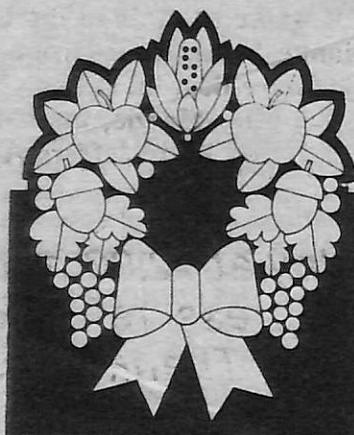
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Spotlight On Business - continued...

ALVANOS - from Page 21...

glitches that may occur.

Keep hard copies of records. From now until year end, file hard copies of bank, mortgage, IRA, 401(k), and investment statements. Then double check your statements at the start of the year to make sure your records remain accurate.

Pay special attention to automatic or electronic payments and deposits. When you receive your first 2000 statements, look for inaccurate penalties or late fees. If there are discrepancies, be prepared to provide supporting documentation and request correction as soon as possible.

Keep canceled checks as proof of payment for at least six months into 2000. If you bank on your computer, back up all information on a disk before the century changes and continue to do so for the first few months of 2000.

Review your credit report. Request copies before and after the new year by calling Equifax at 800-685-1111, Experian at 800-682-7654, or TransUnion at 800-916-8800. That way you can verify that all your information remains constant before and after the date change.

Keep your cool. Most experts agree that the key to both Y2K and holiday survival is to avoid panic. It's easy to make financial mistakes when you hurriedly act out of fear.

If you have a game plan and stick to it, this holiday season will be long remembered as a time for joyous celebration and the beginning of an exciting new era.

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Company Principal Raymond Rose claims that it is one of the easiest web sites to tour in the real estate industry. Recently, Gary Lucia was promoted as its company's Internet Administrator.

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Rose stated, "Not only am I extremely pleased with the way that Gary designed our site, I am very proud of the fact that we just won our seventh national award for our web site's content and design."

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COMMON SENSE
with
Raymond Rose
THE PIONEER GROUP

New Choice For Deducting Mortgage Points...

Have you become a new homeowner in 1999? If so, you're probably planning to deduct your mortgage points on your next tax return.

Typically, buyers deduct points (up-front interest attached to the loan, with one point equal to one percent of the loan value) in the year they're incurred because this offers buyers the maximum tax benefit. With refinanced loans (other than for home improvement), however, points must be amortized over the life of the mortgage.

But now, buyers have a new option: spreading mortgage points over the life of the loan. The IRS recently ruled in favor of a couple who petitioned to do this because their total itemized deductions, including points, amounted to less than the standard deduction for that year. Amortizing over the life of the loan preserved some of the couple's tax benefit.

The IRS has indicated its belief that the taxpayer has the choice as to whether to deduct the points in the year of purchase or to amortize over the life of the mortgage, and this definitely applies to current-year tax returns.

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Raymond Rose is a resident of Agawam, and the Principal of THE PIONEER GROUP, a professional real estate and financial services firm serving home buyers and sellers throughout the area. Comments and questions can be directed to his office (731-6800) or his e-mail (RaymondRose@aol.com). Also, contact him via e-mail to receive his FREE online newsletter, THE PIONEER REPORT - Online. It's filled with enjoyable and informative info helping to "keep life simple." Thanks!

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, ads, etc., that can be brought in on Mondays. Thank you...

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Support Groups, Courses, And Programs Offered By Noble Hospital

SUPPORT GROUPS

Alcoholics Anonymous: Sunday evenings, 8:00 to 9:00 p.m. In Conference Room A at Noble Hospital, 115 West Silver Street, Westfield.

Free of charge. All are welcome.

Stroke Support Group: Wednesday, December 8th, 5:30 to 6:30 p.m. In the Bronson Rehabilitation Center Dining Room at Noble Hospital.

Free of charge and open to individuals recovering from a stroke and their spouses, caregivers, and other interested persons.

The topic of this meeting will be "Healthy Holiday Eating" with Sara Bernier, M. Ed., R.D., Dietician at Noble Hospital. Samples and recipes will be available.

Participants are encouraged to suggest topics for future meetings. Call Barbara Boulanger, M.S.W., L.I.C.S.W., at 572-5809.

(The Stroke Support Group will not meet on Wednesday, December 22nd.)

Better Breathers: Wednesday, December 8th, 2:00 p.m. In the Third Floor Cardiopulmonary Classroom at Noble Hospital.

The topic of this meeting will be "Pulmonary Potpourri."

Please call ahead and tell us the topics you would like to discuss. Free of charge and open to individuals with respiratory or pulmonary difficulties and their support persons.

Please call (413) 568-2811, ext. 5986 with topics.

Diabetes: Tuesday, December 28th, 1:00 to 2:30 p.m. In Conference Room A at Noble Hospital.

Izzy Gezell of Wide Angle Humor presents "Becoming Lighthearted: Managing Stress and Change through Humor."

Free of charge and open to individuals who have diabetes and their support persons.

For more information, call (413) 572-5178.

Bereavement Group: Wednesdays, December 8th and 15th, 6:30 to 7:30 p.m. In the Bronson Music Room at Noble Hospital.

On the first, second, and third Wednesdays of every month, Noble Visiting Nurse and Hospice Services offers this support group for people who have experienced the death of a loved one within the past year. We invite all Hospice families and anyone in the community to participate.

For more information, please call Kim Cressotti, R.N., at Noble Visiting Nurse and Hospice Ser-

vices at (413) 562-7049.

Caregivers' Support Group: Wednesdays, December 8th and 29th, 4:00 to 5:00 p.m. In the Bronson Music Room at Noble Hospital.

On the second and last Wednesdays of each month, Noble Visiting Nurse and Hospice Services offers this group for those who are caring for someone with a life-threatening illness. Hospice families, staff, and community members are invited to participate.

Call Kim Cressotti, R.N., at Noble Visiting Nurse and Hospice Services for more information at (413) 562-7049.

PROGRAMS/COURSES/CLINICS

CPR Course: Wednesdays, December 8th and 15th, 6:30 to 9:00 p.m. In the Education Department/Ground Floor at Noble Hospital.

This two-part course provides American Heart Association Adult, Child, and Infant Certification. The cost of the course is \$45.

To register or obtain more information, call Noble Hospital's Education Department at (413) 572-5172.

"An Update On Diabetes": Thursday, December 9th, 2:00 p.m. In the Crane Building Auditorium at The American Inn at Sawmill Park, Route 202, Southwick.

Noble Hospital and The American Inn at Sawmill Park invite you to this program with Karen J. Ranen, M.S., R.N., C.D.E., Diabetes Nurse Educator at Noble Hospital.

The program is free of charge and open to the public. Call HEALTH BEAT at (413) 568-2328 to register and for directions. Refreshments provided.

Smoking Cessation Program For The New Year

"Forgetting Cigarettes" with Joseph Barako, R.N., Certified Hypnotherapist: Sundays, January 9th and 16th, 7:00 to 8:30 p.m. In the Bronson Music Room at Noble Hospital.

This two-part program uses hypnosis to eliminate your desire for smoking and allows you to forget cigarettes. The registration fee for this program is \$40 and is paid the evening of the first session.

Seating is limited, and pre-registration is necessary. To pre-register or for more information, call Noble Hospital's HEALTH BEAT at (413) 568-2328.



Fitness Tips...

by
Carmela Kirk, R.N.
Fitness Director
Fitness First

Emotional Well-Being Through Fitness

Life is busy enough as it is without the holidays around the corner. Is anyone else walking around with a continues-to-do list in their pocket?

Sometimes when we are overwhelmed with things to do, we forget the important stuff and become drawn in to the busyness (I think it is a word). Our self talk is saying, "Hurry up, there is not much time." This is the time that we forget about taking care of ourselves; this is the time we just don't have the time to work out.

I promise you, if you get your workout in, you are still going to get everything done. I'm noticing a subtle shift in fitness. It is becoming more and more spiritual, emotional, and psychological. Yoga, Tai-Bo, Pilates, and the list goes on.

Take any one of those classes, and you will be amazed at the difference afterwards. Spinning teaches us to take the journey within. To find ourselves and find the workout we need that day, doesn't sound the same as "exercise at your target heart rate for 30 minutes."

Do you see what I mean? Yes, fitness is making us stronger and leaner and healthier. Everyone is also finding it is making us more relaxed, less angry, more in control, and overall more happy.

What does this? How do these results come about? There are a lot of reasons? Many feel it is the deep breathing that goes along with exercise. Oxygen is a natural tranquilizer. Others feel it is the act of doing something that is completely for your own health and well-being.

This message to yourself is clear when you exercise. You are telling yourself you are worth the energy you are expending and that feels good. Perhaps it is the endorphins released during exercise that act as a natural pain reliever again making you feel good.

There are lots of reasons, but whatever they are, the important thing is it works. You just feel better after your workout. For me, the more I don't feel like exercising, the better I feel afterwards.

I bring up this topic because I'm not the only one that feels this way. Many people are agreeing that we are more efficient when we make time for our workout. I know I'm better at all my roles as long as I take the time to exercise, deep breathe, take care of myself, release endorphins, and everything else I've forgotten to mention.

Now, where did I put that list???

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Mrs. Claus Is Coming To Town!

Moms, Dads,
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... when the meaning of home is complex.

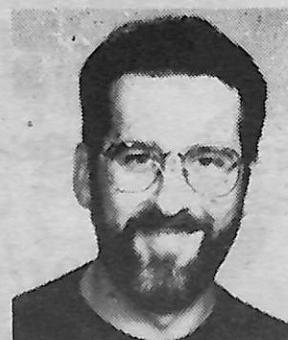
Read more about this in today's FOR YOUR HEALTH column.

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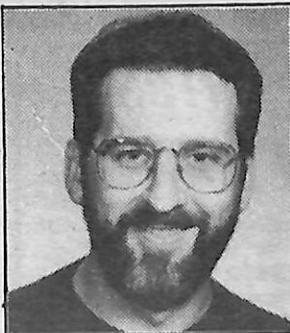
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For Your Health - continued...



"Let's Talk About It"
by Dan Pender
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When We Think Defining Home Is Simple...

Just when we think it is simple to define *home*, the complexity of what home really means invades our lives.

One way of really knowing what home means is by feeling it. Another way of knowing it is by literally going back home (for the holidays). We can even come back from visiting home reassuring ourselves that home is just about geography. They are there and I live here.

You can even convince yourself that when I'm in the home of my choosing (typically not your growing up home), you are free *not to live out today* the "old" feeling of home.

It is my experience that neither geography nor time can remove us from the grasp of living out what it means to be in a relationship today like we learned to do back home. For many people this is a disturbing reality, yet for others it is a blessing.

You've heard the phrase, "Home is where your heart is!" Perhaps you've just had people over, traveled back home, gathered for a community meal, were brought a meal to your home, or were home alone.

You may have had a choice in this decision. Or, like many of us, you may have felt the obligatory feeling that you must either go back home, resist going back home, or somehow find a way to recreate the feeling of being back home in your current relationships.

For those of you who are able to connect with what I'm describing or are struggling to understand your own feeling of what it means to go back home, perhaps this question can help: who from my family do I most **not** want to live my life like? The follow-up question: how am I living out that relationship in the home of my choosing?

How you answer these questions can begin to get at the complexity of how difficult it can be to live life and create a home, **not bound** by the way relationships were lived out back home.

I don't stand in judgment implying that all of what we learn from back home is bad or in need of distancing from. Quite the contrary, I believe it is essential to be in contact with not only the feeling of what home means, but also to be in actual contact with family members in a safe way, so as not to recreate abuse or harm to yourself.

I think it is helpful to receive and nurture the best of what was and is available from home and work at establishing healthy relationship boundaries with family that we feel were and are destructive.

The danger, as I see it, is that if we are not working on being aware of how our family influences us, we will be powerfully influenced by the family system. This process of influence is primarily non-verbal and subtle, yet often very direct. Are you looking forward to going back home for the holidays? Does the feeling of being *back home* have you saying, "I'm out-a-here, but I know I'll be back," or, "I'm never coming back!"

How can life in the present be more freely lived *from the bind* of family-learned relationships? How can life in the present embrace the best of our family-learned relationships?

The complexity of home.

"*Let's Talk about it*" is a regular weekly feature from Dan Pender, MA., M.F.T. Marriage & Family Therapist. Dan maintains a private practice in Agawam, MA. He is a Clinical member of the American Association of Marriage & Family Therapy. He is also a local professional Church educator and can be reached by e-mail (AOL screen name: dpmft449) or P.O. Box 449, Agawam, MA 01001, (413) 789-4460. Please respond with your feedback, relationship questions and topics and "Let Talk about it."

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Chiropractic
850 Springfield St.
Feeding Hills
786-4820

Do You Have "Rigid" Muscles???

Question: I have had pain in my neck, shoulders, and upper back for years. Stress seems to settle in this region. I have developed rigidity in the muscles, which causes them to be very hard and painful. Can chiropractic care help me?

Answer: A chiropractic examination would attempt to locate the cause of your discomfort. It is certainly not normal to suffer with the chronic pain you describe. If the muscles that support structures in your neck and back are not kept strong and in good condition, the upper part of your spinal column is vulnerable to strains and injuries.

Perhaps joints have been worn by use over time. Osteoarthritis (also known as degenerative joint disease or DJD) is a consideration. When this form of arthritis hits your back and neck, you feel it as neck pain that gets worse over time. The pain may radiate into muscles and your shoulders and arms.

Arthritis can also involve symptoms including headaches, dizziness, and even a grating/grinding feeling when you move your head. It is very important for your chiropractor to examine you to rule out osteoarthritis or identify it and see that it is properly treated.

WHAT CAN CHIROPRACTIC DO?

Doctors of chiropractic have the training and skills to relieve your neck pain, overcome stiffness, and restore the mobility and range of motion to neck and back vertebrae. They are devoted to helping you get back to your normal pursuits and start feeling like yourself again.

At the **SCHLAFFER CHIROPRACTIC OFFICE**, we will examine and question you carefully, take a complete history, and conduct appropriate diagnostic tests. Chiropractic provides the special training, techniques, and experience needed to safely and effectively adjust your spine so that your neck pain is minimized.

Feel free to contact us. We are located at 192 Shoemaker Lane in Agawam — 789-1369 or 789-1073.

LEGAL NOTICE

TOWN OF AGAWAM AGAWAM PLANNING BOARD

LEGAL NOTICE

The Agawam Planning Board will hold a public hearing on Thursday, December 16, 1999 at 7:00 PM in the Faolin Peirce Community Room, Agawam Police Station, 681 Springfield Street, Feeding Hills, MA. The purpose of this hearing will be to hear the petition of Fether, Inc. for a Definitive Subdivision Plan of Willow Glenn Estates II, a proposed forty-eight (48) lot subdivision to be located at the end of Lancaster Drive to Line Street.

Per order of Charles R. Calabrese, Chairman
AGAWAM PLANNING BOARD

Published: December 2, 1999

Some Tips To Keep Your Back In Good Health While Raking Leaves

Do you look forward to autumn and the beauty of the changing leaves? Do you enjoy this time of year so much that you wish it would last year-round? Then you probably do not have a yard full of trees shedding leaves by the acre.

If you find yourself spending every Saturday at the end of a rake, these are a few tips to keep your back in good health:

- **Stretch.** Yes, I've said this before, but it is important to loosen the muscles before actively using them.

- **Keep your back straight.** This is your back's strongest position. Try to keep your spine straight. Most injuries occur during the twisting and bending motion (as when filling a bag with leaves).

- **Use your leg muscles** — let them do the lifting. Keep a slight bend in the knees and hips.

- **Take frequent breaks.** Take a moment to rehydrate with a cool glass of water, and don't forget — colas and tea contribute to dehydration.

- **Jumping in a pile of leaves is great for stress relief ... try it!** (Make sure the pile is good and high — less strain on the back!)

- **If you are sore after exertion, apply an ice pack to the area for 10 to 15 minutes each hour.** If the pain from an injury does not go away in a day or two, call our office for an appointment.

- **To maintain spinal health, come to our office for periodic chiropractic spinal examinations.**

Dr. Nelson maintains an office at Hampden County Chiropractic, 850 Springfield Street, Feeding Hills, 786-4820.

Support Group On How To Stop Smoking At Mercy Hospital

A support group for persons interested in quitting smoking meets Monday, 6:00-7:00 p.m. in the fifth floor conference room at Mercy Hospital, 271 Carew St.

Sponsored by the Providence Hospital Tobacco Control Program, the group offers services including individual counseling, cessation groups, alternative health referrals, nicotine replacement therapy, education, and motivational support.

For more information, call the Tobacco Control program, (413) 493-2039 or (413) 535-1000.

Mercy Hospital is a member of the Sisters of Providence Health System (SPHS). The SPHS' member organizations provide hospital and ambulatory care, rehabilitation, behavioral health services, nursing home care, retirement living, employee health services, home care, and more.

"For Your Health" is a regular feature of The AAN...

You are cordially invited to a

Holiday Open House

Saturday, December 4, 1999
2:00 pm - 4:00 pm

Body, Mind & Spirit Therapeutic Massage

330 Walnut Street Extension,
Agawam, MA 01001
Phone (413) 789-5566

Chair Massage demonstrations. Drawing for a free Full Body Massage. Perfect opportunity to purchase Gift Certificates for your Christmas giving. Light refreshments.

Baystate Medical Center's "Healthful Gourmet" Offers A Healthy Holiday Meal

Peter Savenko of Agawam, Baystate Medical Center's Healthful Gourmet, has a number of "healthful" recipes for you and your family to enjoy this holiday season.

"These special holiday recipes all use common sense, health-conscious principles and practices," said Savenko, director of Food and Nutrition Services at Baystate Medical Center.

"We have taken your classic turkey dinner and modified it to make it healthier," noted Savenko.

Among the modifications designed to make the recipe a "Healthful Gourmet" staple are:

- The use of tofu in a Cheddar Broccoli Bake recipe as a replacement for cheese and as a replacement for milk in a recipe for Strawberry Pudding. "The nutritional benefit of tofu is that it's completely cholesterol-free, low in fat, and high in protein," said Savenko.

- Margarine is used instead of butter, and egg substitutes are used instead of eggs in order to cut cholesterol levels of recipes.

- Minimal added salt was used for flavor.
- Savenko cooks the stuffing outside of the bird, especially if it contains egg or egg products, so that it will cook thoroughly.

- Savenko's recipe for cranberry relish offers a much higher fiber content than canned cranberry sauce and has no preservatives.

"When it comes to the holidays, although you should always be health-conscious, don't be health foolish," said Savenko. "The holidays don't come very often and are meant to be enjoyed. An occasional splurge should not harm anyone if done in moderation."

Don't miss Baystate's own Healthful Gourmet, Peter Savenko, every Wednesday at 12:00 noon on WGGB-TV Channel 40, with more recipes "To Your Health."

TOFU CHEDDAR BROCCOLI BAKE

Yield: 6 - 4 oz. servings

Ingredients

1 lb. broccoli, coarsely chopped
8 oz. whole kernel corn
8 oz. firm tofu (drained)
8 oz. shredded low-fat, low-cholesterol cheddar cheese
1 medium Spanish onion, diced
1 cup plain bread crumbs
1 tbsp. chopped garlic
1 tsp. vegetable oil

In a large non-stick skillet, over medium heat, saute garlic and onions in 1 tsp. vegetable oil until transparent. Add 8 oz. tofu and continue to saute until the tofu is well broken up.

Place tofu mixture into a medium size mixing bowl. Add all remaining ingredients and mix thoroughly with a wooden spoon.

Pour all of the ingredients into a small Pyrex casserole dish. Bake at 350°F in preheated oven for 30 minutes.

Serve hot out of the oven.

BAKED ACORN SQUASH

Yield: 4 servings

Ingredients

1 medium acorn squash

2 tbsp. brown sugar or maple syrup
4 tsp. margarine

Preheat oven to 350°F. Quarter acorn squash, remove seeds; place cut side up in a roasting pan.

SIRLOIN ROAST

Ingredients

6 lbs. sirloin roast (fat removed)

2 tsp. beef base

2 cups water

Preheat oven to 250°F. Place roast on a wire rack inside of a roasting pan. Place roast in oven for approximately 2½ hours or until internal temperature of roast reaches 140°F.

To make au jus, bring 2 cups of water to a boil. Add beef base and stir until dissolved. Use as a gravy for roasted beef.

Cancer Support Group Meetings At Mercy Hospital In Spfld.

Persons with cancer, their families, and friends are invited to attend Mercy Hospital's Cancer Support Group. The free meetings are conducted Mondays at 7:00 p.m., in the hospital's Deliso Conference Center, 299 Carew St.

The group offers information on topics of interest to cancer patients, and provides an opportunity to share experiences in a friendly, supportive atmosphere. Meetings are facilitated by Sr. Madeleine Joy, S.P., of Mercy's Pastoral Care Department.

For more information, call the Pastoral Care Department, (413) 748-9453.

— ADVERTISER NEWS —

AGAWAM PUBLIC MARKET

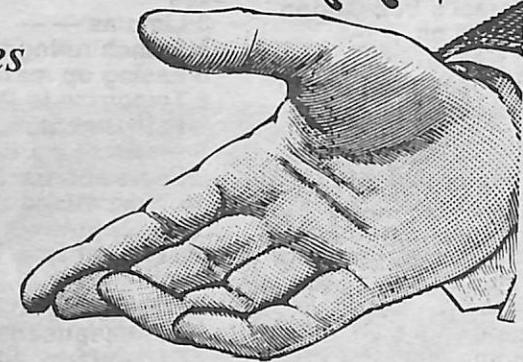
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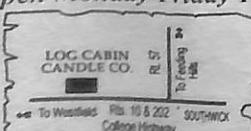
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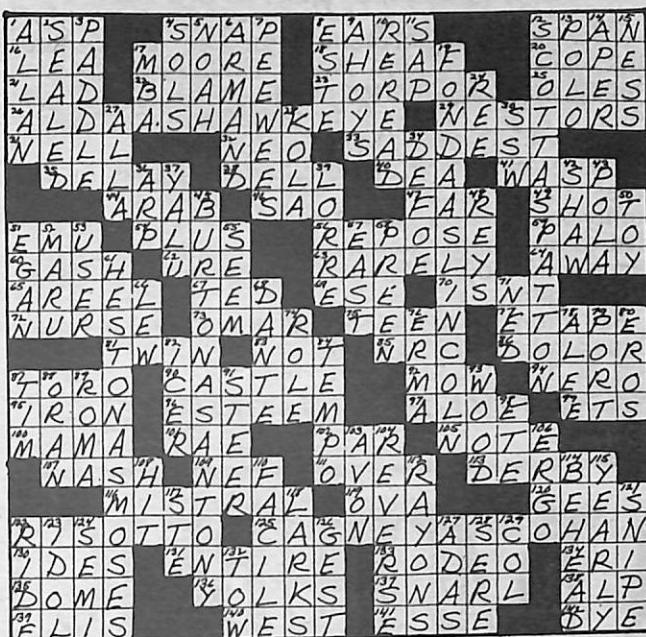
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Arts

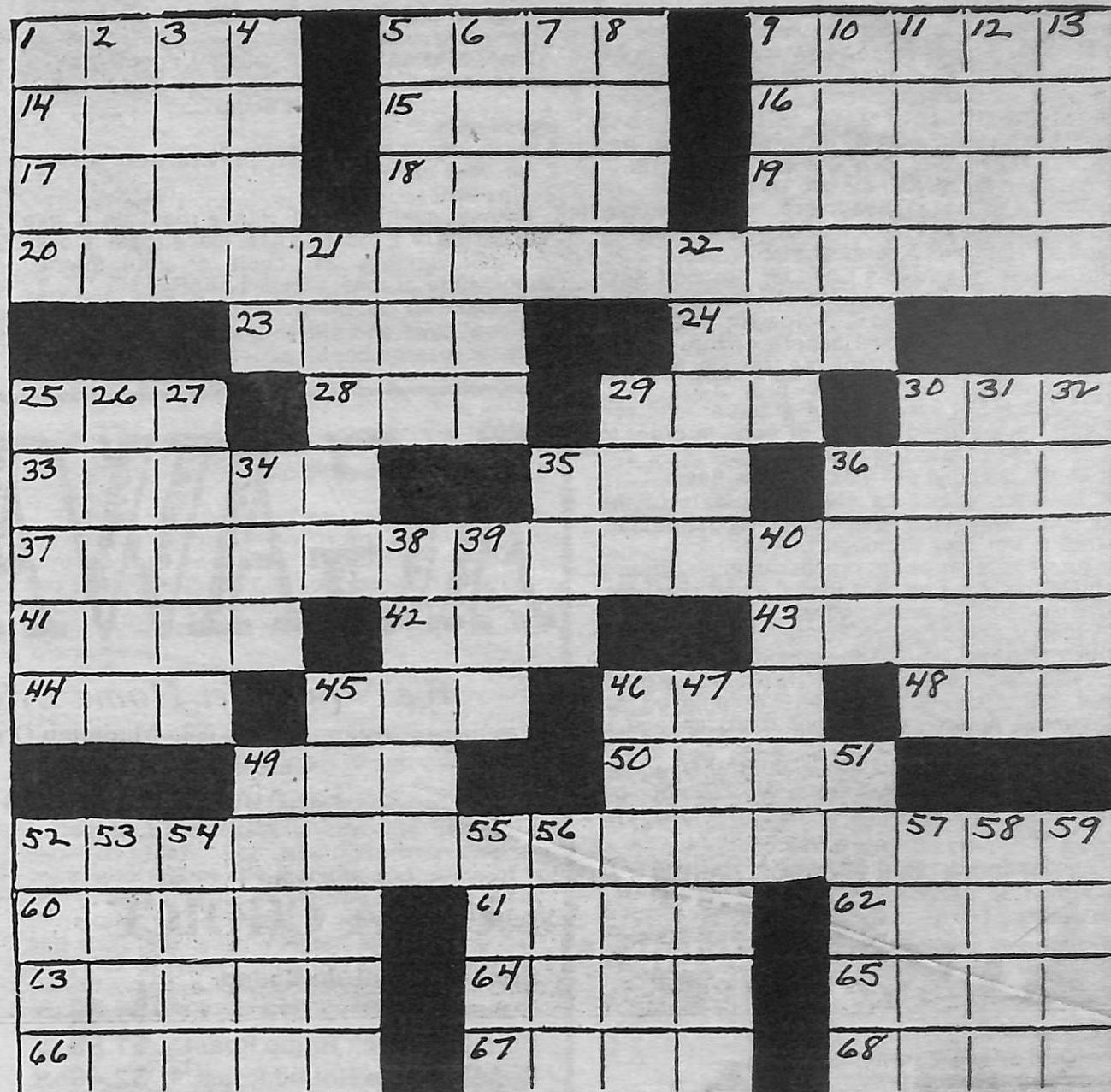
Last Week's Solution...**ACROSS**

- 1 Health farms
5 In the center of
9 Israel's Ben-Gurion
14 Had on
15 Naked
16 Upper crust group
17 Actor Arkin
18 Celebe's oxen
19 Competitor
20 "Key Largo" pair
23 High schooler
24 Little white —
25 Pro
28 Heston's beleaguered group
29 My gal —
30 Depot
33 Red as —
35 Took off
36 Yard building
37 James Bond portray-
ers
41 — off (angry)
42 Black Jack Pershing's army
43 Dote on
44 Compass heading
45 One of Sinatra's ex's
46 Peter who flew
48 Faucet
49 Canonized femme
50 Takes steps
52 "Cleopatra" lovers
60 Sci-fi classic film
61 Fuss
62 Throat rasp
63 Siesta sound
64 Unique person
65 --China
66 Surfeited
67 Pea holders
68 Ripens

DOWN

- 1 Q-tip for one
2 Game played on horses
3 Limp as —
4 French ruling body
5 Easing up man
6 Tomorrow to Pedro
7 Fairway club
8 — to the world
9 Leave the tracks
10 Wonderland girl
11 — Zapata
12 Type of type for short
13 Dingle
21 French income
22 Like some diets
25 Just the —, ma'am
26 Reed instruments
27 Actress Adoree
29 — Francisco
30 Try for a hoop
31 — firma
32 On the ocean
34 Complete
35 England's air arm
36 Lay in a new lawn
38 Crow relative
39 Vote word
40 Devil ray
45 Paid for one's sins
46 Added to the expense account
47 Cast members
49 Cubic meter
51 Israel neighbor
52 Fresh water sports fish
53 Radii companion
54 Outburst
55 Over
56 Words for Nanette

For all the hometown news, you turn our pages each and every week...

Meet The Master - by Dick Mastroianni...

Ballroom Dancing On Friday Nights At Agawam Senior Center

Are you looking for someplace to go on Friday evenings? The Senior Center offers ballroom dancing every Friday night at the Agawam Senior Center at 68 Meadowbrook Manor (off Wright Street).

Dance from 7:00 to 10:00 p.m. for a \$5 donation, which includes punch, coffee, tea, and dessert. For more information, call 789-3838 or fax (413) 789-4092.

Join us on Fridays for a fun evening.

Dick Mastroianni's "Meet The Master" is a regular feature of The Agawam Advertiser News and is just one more reason why you turn our pages each and every week ... AAN!!!

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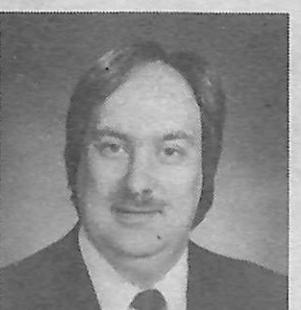
Peggy Raposa

Sue Berselli
748-6149Diane Drewnowski
748-6198Chet Kasperek
748-6172Peg Lis-Barone
747-4919Kathy Nielsen
748-8821Frank Pinney
748-6122Kathy Rose
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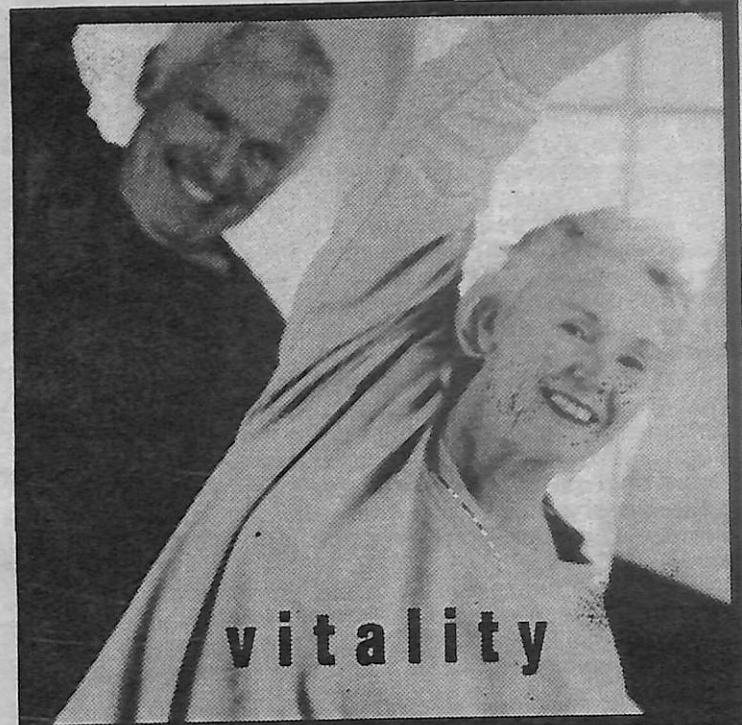
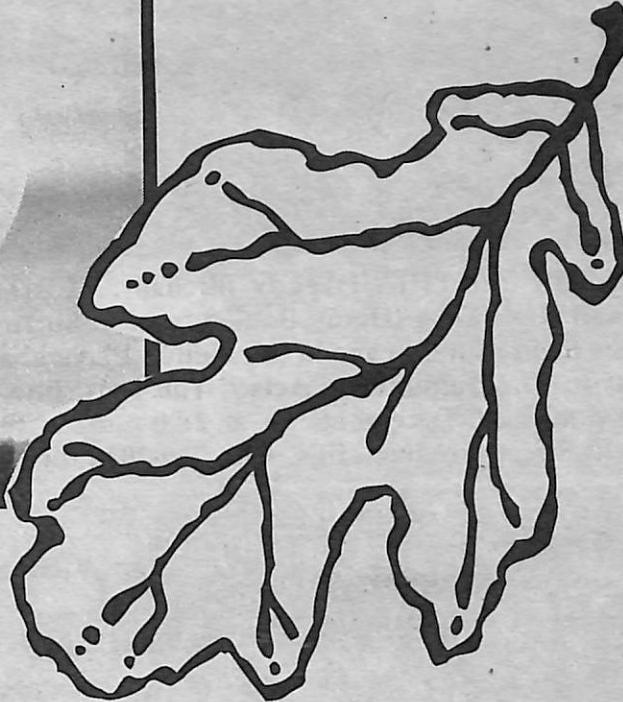
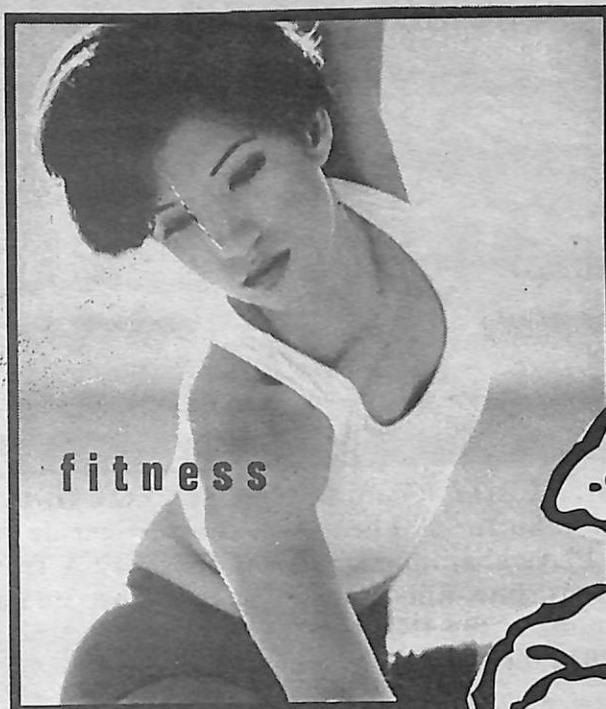
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www.fitnessfirst.net

What The 'Dickens' Is Going On At The Red Door Theatre?

The Hilltop Players Family Theatre will present "SCROOGE: A Traveling Travesty in Two Tumultuous Acts" by Mark Landon Smith on December 3rd and 4th at 7:30 p.m., and December 5th at 2:00 p.m. at the RED DOOR THEATRE, 152 South Westfield Street, Feeding Hills.

This delightfully zany tale of a British theatrical troupe known as THE STICKES UPON THUMP Theatre Company (who are performing their 15th Annual Farewell Tour of Dickens' "A Christmas Carol") is sure to have you rolling in the aisles.

The troupe is comprised of prima donna Bettina Salisbury (Marilene Allen of Agawam), beloved actor Selsdon Piddock (Gene de Jongh of Feeding Hills), overachiever and long-time troupe member Ellyot (Lyle Parsons of Suffield, CT), well-worn and much-maligned Rowena (Darcy Banks of Granville), forthright and ever-steady Cordelia (Margie Secora of Southwick), charming young male Teddy (Scott Belisle of Agawam), and bubbly bumbling understudy Cynthia (Wendy Birchall of Southwick).

These men and women make their merry way through this yuletide classic by changing costumes and personalities in the blink of an eye (since Dickens' tale has 39 characters and the troupe only seven actors). You are sure to delight in the clever antics of this energetic cast as they give you a new perspective on this holiday classic tale.

Tickets are going fast, with the Saturday evening performance almost sold out. For reservations, call 789-2026. Tickets are \$7 for adults, and \$5 for senior citizens and children under 12 years of age.

Sounds Of Music Singers Are Busy This Holiday Season

The Sounds of Music Singers, headed by Richie and Kathy Mitnick of Feeding Hills, will present a Christmas dinner show at the Storrowton Carriage House on December 16th, and will perform two shows as part of the New Year's Eve celebration at the Monte Carlo Restaurant in West Springfield.

This holiday season, the Mitnicks will once again provide the organ, keyboard, and piano backing for the Sounds of Music Singers.

Formed in 1997, this 10-member group has played to full houses at the Agawam and West Springfield Summer Concert Series and at the Taste of the World in Westfield.

The group recently released a CD entitled "Our Music," which features some of the favorite songs of the 20th century. What's more, the Mitnicks have come out with a CD called "The Phantom Meets the Mitnicks," which includes an



CAROLERS CYNTHIA (Wendy Birchall), TEDDY (Scott Belisle), ELLYOT (Lyle Parsons), and ROWENA (Darcy Banks) react in horror as Ebenezer Scrooge (Gene de Jongh) threatens them with his cane in the Hilltop Players' production of "SCROOGE: A Traveling Travesty in Two Tumultuous Acts." This zany show will be presented December 3rd and 4th at 7:30 p.m., and December 5th at 2:00 p.m. at the RED DOOR THEATRE, 152 South Westfield Street, Feeding Hills. Call 789-2026 for tickets.



THE SOUNDS OF MUSIC SINGERS. Front row: Frank Newton, Jessie Rivers, Joyce Platt, Ethel Lee, and Rollie Jacobs. Back row: Kathy Mitnick, Richie Mitnick, and Anne Provencher.

18-minute medley of songs from "The Phantom of the Opera." Both of these CD's are available by calling 786-9353.

For more information regarding the Sounds of Music Singers' upcoming holiday performances, please call 733-4910.

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Our Daily
Bread

ARE YOU READY?

Be ready, for the Son
of Man is coming at
an hour you do not
expect. — Mt. 24:44

A teacher told his class that he would be going away for several weeks, and he offered to give a prize to the student whose desk he found in the best order when he came back. But he didn't tell them what day he would return.

Because the prize was big, each child was determined to get it, including a little girl whose desk was normally quite messy. Her classmates jeered, "Mary, you'll never win. Your desk is never neat."

"Oh, I plan to clean it the first of every week from now on."

"But," someone said, "suppose he comes at the end of the week?"

"Then I'll clean it every morning."

"But," another classmate persisted,

"He may come at the end of the day."

For a moment the child was silent in thought. Then she said decidedly, "I know what I'll do. I'll just keep it clean!"

If we want to receive our Lord's approval at His return, we must always be ready. Jesus did not tell us to "get ready," but rather to "be ready" (Mt. 24:44). We are to live constantly in a state of spiritual preparedness, anticipating the moment when He will appear and ask us to give account of our stewardship.

Are you ready for His return? —Henry G. Bosch

If you could know that Jesus would appear
Before another morn should give its light,
Oh, would your heart be filled with joy or fear,
If you could know that He would come tonight? —Howard

JESUS COULD COME AT ANY TIME—
SO BE READY ALL THE TIME!

The American Inn at Sawmill Park and Noble Hospital invite you to

"An Update on Diabetes"

with
Karen J. Ranen, M.S., R.N., C.D.E.,
Diabetes Nurse Educator at Noble Hospital

2:00 p.m. Thursday, December 9, 1999

Crane Building Auditorium
The American Inn at Sawmill Park
Route 202, Southwick

Program is free of charge and open to the public. Call HEALTH BEAT at (413) 568-2328 to register and for directions. Refreshments provided.



NOBLE HOSPITAL

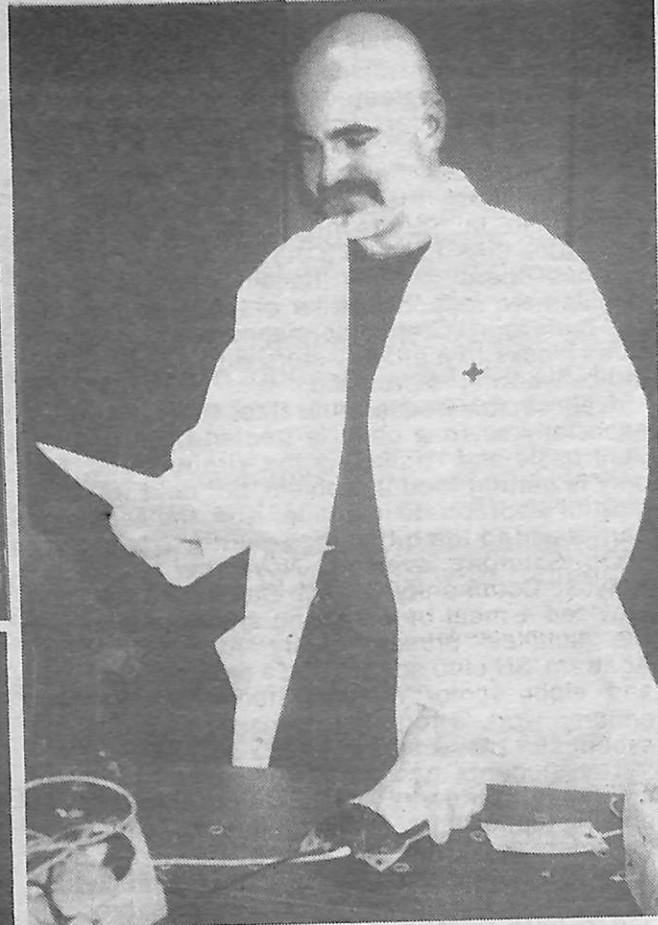
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Education

Future Teachers Club Holds Blood Drive At AHS



IN PHOTO ABOVE: Laura Reveruzzi, Future Teachers Club co-advisor Vladimiro Orefice, Katie Waterman, blood drive coordinator Carianne Bussolari, and Amanda Sternowski. IN PHOTO BELOW: back row — Andrea Sanders (Red Cross lab technician) and Mary Jane Stuart (who volunteers at different sites with the Red Cross); front row — Katie Maynard, volunteer and donor Dianna DiStefano, and John Bitgood. Advertiser News photos by Kathy Shepard.

THE FUTURE TEACHERS CLUB at Agawam High School recently conducted a blood drive at the school. The blood drive is held twice a year at AHS, and an average of 100 pints is collected per drive. AHS's blood drives are in friendly competition with West Springfield High School, with the locals usually "winning" the competition. IN TOP LEFT PHOTO: foreground — Jonathan Watson, Kaitlin White (laying down), Ashley Guiel, and Kaitlin's dad, James White; background — Nurse Gretchen Heath. IN PHOTO ABOVE: Brian Fitzgerald, mobile unit assistant, managing the blood collection sets for transport. Advertiser News photos by Kathy Shepard.



HOBBYCORNERS OF AGAWAM

Christmas Shopping At The Corner!

20% OFF On "Corolle" Dolls And "Breyer" Horses With This Ad
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and friendly atmosphere.*

10% Off your first visit
(for new clients) or a new service.
(Not to be combined with any other offer.)

On Saturday, November 20th...

HCC Student Nurse Club Prepares Dinner At McDonald House

The Ronald McDonald House in Springfield has serviced over 5,000 families since opening its doors in 1991. Its mission is to house families with a child being treated in a local medical facility (Baystate Medical Center and Shriners Hospital for Children).

There are times that they are full with 60 people. Each family has their own room. The house provides linen, laundry facilities, milk, bread, some recreation (like TV), and a playroom for children.

Since there is only housing provided, the families are responsible for obtaining and cooking their food. Often this means walking two or three blocks to a grocery store with a child in tow (no babysitting is provided).

A stay at this house can last for several months, especially when a child is treated on an outpatient basis and "home" is the Virgin Island. Not only is getting food a problem, but cold weather, lack of appropriate clothing, and the language barrier add to the difficulties.

On Saturday evening, November 20th, the Holyoke Community College Student Nurse Club provided a meal by preparing and cooking it for the families present. Mary Ann Gazillo of Agawam, SN club advisor and a professor at HCC, and eight senior nursing students with their children worked together to make it a satisfying evening for the families.

The students had cared for several of these children at Shriners Hospital during their clinical nursing opportunity, making this an additional reward.

This was a first-hand opportunity to learn about their culture and language. For example, broccoli and carrots were a favorite since they are not readily available in their own countries. These familiar faces when far from home help ease the time.

Mark Giard, manager of Fame cafeteria at HCC, donated the food for this event. Other donations came from Terrence Murphy, HCC Bookstore manager, and Ana Rosario, student nurse at HCC.

The senior nursing students who participated were Sandy DeHoyas, Rich Thomas, Jennifer Derosier, Kathy Pont, Virginia Lyons, Ana Rosario, Kate Laduzinski (and her son, Nicholas), and Collette Koch (and her children, Jill and Chelsea).



MARY ANN GAZILLO OF AGAWAM, a professor at Holyoke Community College and the advisor of HCC's Student Nurse Club, with Chelsea and Jill Koch at the Ronald McDonald House in Springfield. Recently, Gazillo, eight senior nursing students from HCC, and a few of the students' children prepared a meal for the families present at the Ronald McDonald House.

* * *

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community
programs

Classes:

CPR Course (American Heart Association Adult, Child, & Infant Certification):

Wednesday, December 8, and Wednesday, December 15, 6:30 - 9:00 p.m., Education Department/Ground Floor. Must attend both sessions, \$45.00. For more information or to sign-up, please call Noble Hospital Education Department at (413) 572-5172.

"Forgetting Cigarettes":

2-part smoking cessation program that uses hypnosis to eliminate your desire of smoking and allows you to forget cigarettes. Sunday, January 9, and Sunday, January 16, 7:00 - 8:30 p.m., Bronson Music Room. Must attend both sessions, \$40.00. To register, call (413) 568-2328.

FREE Classes:

"An Update on Diabetes":

Thursday, December 9, 2:00 p.m., Crane Building Auditorium at The American Inn at Sawmill Park, Route 202, Southwick. Sponsored by Noble Hospital and The American Inn at Sawmill Park. Karen Ranen, M.S., R.N., C.D.E., Diabetes Nurse Educator at Noble Hospital will speak. Refreshments provided. Call Health Beat at (413) 568-2328 to register and for directions.

Cosmetic and Plastic Surgery:

Tuesday, January 18, 6:30 - 7:30 p.m., Conference Room B, Noble Hospital. Are you considering body contouring surgery, facial surgery, or skin care procedures? Learn more about these procedures and observe a chemical peel demonstration. Complimentary personal consultation available by Gary Russolillo, M.D. Register by calling Health Beat at (413) 568-2328.

Contact Health Beat at (413) 568-2328 for more information about programs and support groups at Noble Hospital.



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Prime Ribs or Scrod

Salad -Baked Potato-Vegetable Medley

Noise Makers & Hats

CHAMPAGNE

Midnight Coffee and Dessert-

REMEMBER: BINGO- TUESDAY -
NIGHTS AT - 6:45 p.m.



Agawam High School's Calendar For December

December 3rd: Senior class "Kid Party" (7:00 to 10:30 p.m. in cafeteria).

December 6th: "Renaissance" faculty holiday party.

December 6th-22nd: "Toy for Joy" collection (sponsored by the National Honor Society).

December 7th: "Student Breakfast" sponsored by the junior class (6:50 to 7:20 a.m.); "Renaissance" holiday party for gold and gold-plus card holders (period 7); Guidance Department's "Financial Aid Night" (7:00 to 9:00 p.m. in cafeteria); "Math Team" meet at Hopkins Academy in South Hadley.

December 8th: Play Production class to tour elementary schools.

December 9th: Substance Abuse Prevention Program "Student Breakfast" (6:50 to 7:20 a.m.); Family Resource meeting, sponsored by the Substance Abuse Prevention Program; Winter Back-To-Sports Night (7:00 p.m. in cafeteria).

December 10th: Performing Arts Department presents "Holiday Horns" at the Agawam Chamber of Commerce Breakfast; Open Discussion sponsored by the Substance Abuse Prevention Program.

December 13th-17th: Peer Leadership "Chain Of Life" Activity at AHS and AJHS.

December 14th: "Student Breakfast" sponsored by the junior class (6:50 to 7:20 a.m.); Band and Chorus "Winter Concert" at 7:00 p.m.

December 15th: National Theater presents "The Outsiders" (10:15 a.m. in AHS auditorium); Intergenerational Poetry Group meeting (room 38, 1:50 to 2:35 p.m.); Math Team holiday meeting with Math Club.

December 15th-16th: AHS Child Development classes - "Holiday Celebration."

December 16th: Substance Abuse Prevention Program "Student Breakfast" (6:50 to 7:20 a.m.); Family Resource meeting sponsored by the Substance Abuse Prevention Program; Peer Leadership after-school "Holiday Party" (room 44, 2:00 p.m.); AHS School Improvement Council meeting (7:00 p.m.).

December 17th: Open Discussion sponsored by the Substance Abuse Prevention Program.

December 20th: "Renaissance" VIP card distribution.

December 20th-22nd: "Navidad" in Spanish classes - "Noel" in French classes.

December 21st: "Student Breakfast" sponsored by the junior class (6:50 to 7:20 a.m.); Superintendent's Student Advisory Council meeting (2:00 p.m.).

December 28th: "Senior Semi-Formal" at Crestview Country Club (6:30 to 11:00 p.m.).

Ag. Middle School Guidance News

by Thomas F. Dacey
Middle School Counselor

The Middle School wishes to alert parents that Student Progress Reports for poor academic performance and other problems during the second marking period will be issued on or about December 10th. Any student who is having difficulty in any subject should immediately consult with the teacher involved and seek help.

It is wise for students to have a designated time period in which to work on homework each night. They should have a study area which is quiet and free from distractions. Parents can check on assignments by requesting that the student's *Agenda Book* be brought home every night.

The fifth-graders will shortly be starting Phase 3 of their study skills program which concentrates on improving test-taking skills. The students will be watching a video on test-taking techniques and will be discussing with the counselor such topics as preparing for tests and following directions. The students will complete a study sheet on test-taking skills which they can keep and bring home.

Robinson School Seeks General Mills Box Tops

For Robinson Park School, please save all General Mills Box Tops for Education (not the Betty Crocker Catalogue Points).

They can be found on the following items: Beef Sloppy Joe's, Fruit Snacks, Lloyd's Barbecue Sauce, Shredded Chicken Pork, Yogurt.

Send in with children, grandchildren, or your neighbor's children. Your support is greatly appreciated.

For more information, call Margaret at 786-2651.

Agawam High School Guidance Bulletin

COLLEGE ACCEPTANCE: Congratulations! Brian Chechile: University of Hartford.

COLLEGE REPRESENTATIVES: If you are interested in meeting with the following college representatives, you should sign up at least a day in advance in the guidance office.

December 6th: Framingham State College, 8:00.

December 7th: Hartford School of Art, 8:17.

SCHOLARSHIPS: See your counselor for more information or an application.

Valley Press Club Scholarship: Four \$1,000 scholarships will be awarded to area students who plan a career in journalism. Deadline: April 1, 2000.

United States JCI Senate Foundation Scholarship: Open to graduating high school seniors who plan to continue their education at accredited colleges or vocational schools. Deadline: January 15, 2000.

CTA Theater Arts Scholarship: Open to graduating high school seniors who plan to pursue a major in theater arts. Deadline: January 28, 2000.

Edward P. Boland Scholarship Program: Open to graduating seniors of the Second Congressional District. Awards are based on financial need, academic merit, and extracurricular activities, and range from \$500 to \$2,000 and are renewable for up to four years. Deadline: March 15, 2000.

The following colleges are offering scholarships to qualified students who plan to enroll there: Swarthmore College, St. Michael's College, Tufts University (Balfour Scholarship for qualified minority students), Fashion Institute of Technology, and Assumption College.

FINANCIAL AID NIGHT: Will be held on Tuesday, December 7th, from 7:00 to 9:00 p.m. in the Agawam High School cafeteria. Dr. Lee Sirois, financial aid director at American International College, will be the guest speaker. The FAFSA and Profile forms will be distributed. Dr. Sirois will discuss the financial aid process in general and will go over in detail both the FAFSA and Profile. A question-and-answer session will follow his presentation.

Locals On St. Mary High's Honor Roll

St. Mary's High School in Westfield is pleased to announce the names of those students who made Honors for our first marking period from the Agawam and Feeding Hills area. They are:

SENIORS: Second Honors: Andrea Stevenson.

JUNIORS: Second Honors: Anne-Marie Audette, Sarah Zingarelli. Commendation: Keith Sullivan, Brendon Pohner.

SOPHOMORE: First Honors: Brianna Maroni.

Second Honors: Taryn Albano, Daniel O'Neill.

FRESHMEN: First Honors: Elizabeth Haire, Kevin Welch, Johanna Masotti. Second Honors: Mary Elizabeth Jamroz.

**Happy Sweet
'16'th Birthday,
Lissa Ann**



Nov. 30, 1983 - Nov. 30, 1999

Much Love & God Bless
Mom, Dad, Family & Friends

Agawam Schools' Weekly Lunch Menu

Monday, December 6th: Oven-baked chicken nuggets with dipping sauce, steamed rice, sweet peas and carrots, bread and butter, diced pears, milk.

Tuesday, December 7th: Hamburg in roll, oven potato rounds, catsup, seasoned mixed vegetables, chocolate pudding with topping or fruit cup, milk.

Wednesday, December 8th: Baked macaroni with cheddar cheese sauce, broccoli cuts, Italian bread and butter, baked apple crisp, milk.

Thursday, December 9th: Shepherd's pie with potato topping, bread and butter, chilled diced pears or raspberry Jello with topping, milk.

Friday, December 10th: Oven-baked sea nuggets, potato rounds with catsup, niblet corn, half peanut butter sandwich, chilled peaches or pudding with topping, milk.

At Westfield Vo-Tech H.S. ...

Applications Being Taken For Adult Allied Health Prog. In Jan.

The Westfield Vocational Technical High School Adult Allied Health Program is currently accepting applications for the January 24, 2000 class.

The program will meet in the morning from 8:00 a.m. until 12:00 noon, Monday through Friday. The class will be completed on May 19, 2000.

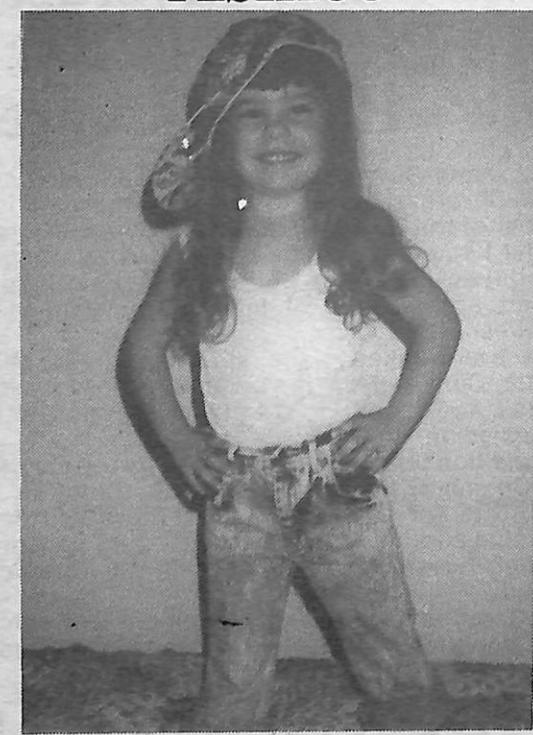
Participants in the program will receive the classroom and clinical training for Certified Nursing Assistant, Home Health Aide, Alzheimer Care Provider, CPR, and First Aid.

Participants must be at least 22 years of age and meet income eligibility guidelines. They must be able to perform the physical requirements of the position.

Anyone interested may call 572-6454 to request an application. Class size is limited.

For photo coverage in The AAN, call us at 786-7747 or 786-8137; however, please give us at least 72 hours' notice... * * *

**Happy
Sweet Sixteen
Ashlee**



Love,
Auntie Jannie

**From The
AHS Guidance
Office...**
by Judy Cohen
Agawam High School
Guidance Counselor

Shoot For The Goal

Jim walked into my office. Actually, it was not on a voluntary basis; he was summoned. I had reached the breaking point. When the fourth teacher came to see me about Jim's grades, I knew I had to take action. So, I decided to have a "heart-to-heart" with my client, Jim.

Visibly squirming in his seat, Jim was not a happy camper as he began to share his "wonderful" grades. "Jim, clearly you are not getting the material, not trying, or something ... just what do you think the problem is?" Looking at me, he stopped fidgeting for a minute and replied, "I don't know. I guess I just don't like school."

Not skipping a beat, I looked him squarely in the eyes and responded, "That's a cop-out and you know it. You don't come to school, you choose to skip, you haven't performed well on your tests, and when you do go to class, the teachers tell me that you don't pay attention. By the way, do you play a sport?"

Seemingly relieved that the conversation had seemed to take a turn and landed on safer ground, he eagerly answered the question. "Yes, I play soccer; I'm a forward." "Ah, really, and just how do you prepare for your games?"

"Well, we meet with the coach. He outlines the plays. We listen, we practice them, and then we use those plays on the field." "Really?" I respond, somewhat incredulously. "How is it that with the coach you listen, you practice, and you perform, yet in the classroom you are unable to do any of those things? If you can do them in one arena, you can do them in another."

"By the way, what is the purpose of your doing the plays?" I'm sure he thought I was now clearly out of my mind to ask such an easy question, but to his credit, he answered me by telling me he was a forward and would dribble the ball and then try to score by making a goal. "Ah," I said, "I thought so. Just checking. Do you think if you had a goal as far as school were concerned that you would listen, work hard, and perform in order to make the goal happen?"

It was as if a light went off. Jim got my drift. We started talking about post-high school plans and how to make them realities. I became the coach and together we outlined our plays, our plan of attack. Of course, we had to make sure that our plan was feasible and obtainable. After all, we wanted to win in this game called school. Like in soccer, I wanted Jim to score his goal.

Well, our plan of attack really has started to pay off. Jim took ownership of his problem. He realized the ball was his and depending on what he did with it would determine if he made a goal. He has started coming to school regularly, listening to his classes, and studying. Each night, he checks off what homework needs to be done. He completes the assignments, reviews them, and readies himself for school the next day.

Yes, Jim knows he is in control of the ball. If he dribbles it into the path of a lot of interference, he knows that he will not experience clear sailing. To continue to shoot for the goal or not ... clearly the choice is his.

Lisa Marie Reveruzzi To Perform In Bay Path's Holiday Concert

Lisa Marie Reveruzzi, daughter of Patricia and James Reveruzzi of Spencer Street, Agawam, is a member of the 28-voice Bay Path College Chorale and the 12-member Chamber Singers that will perform during Bay Path College's annual Holiday Concert and Service of Lights on Wednesday, December 8th.

The event takes place at 7:30 p.m. in Mills Theatre, Carr Hall, on the college's Longmeadow campus, and is open to the public with no charge for admission.

In addition to musical selections by the Chorale and Chamber Singers under the direction of Music Director Charles E. Page, there will be a carol sing-a-long with the audience and seasonal readings by student members of the Interfaith Council.

Reveruzzi is a member of the junior class enrolled in the business/travel and hospitality program at the four-year college for women.

All the hometown news
with us, each week...

* * *

Thanksgiving Program At Granger School...



KINDERGARTEN STUDENTS at Granger Elementary School recently held a program to celebrate the holiday of Thanksgiving. Back row: Mrs. Pat Kallfa (teacher), Amanda Burton, Irene Nesen, Alex Hersey, Corey Robere, Allison McCluskey, and Mrs. Jackie Toussaint (teacher). Front row: Eric Therrien, Alex Paleologopoulos, Lauren Arsenault, Timothy Provost, and Stephanie Roulier. Advertiser News photo by Kathy Shepard.

On Friday, December 3rd...

Granger Elementary School Slates Caroling Party

The Granger School Christmas Caroling Party will be held Friday, December 3rd (rain date: December 10th).

From 6:00-7:00 p.m., there will be caroling to the elderly housing on North Westfield St.; 7:00-7:15 p.m., lighting of trees on the Granger town green; 7:15-8:30 p.m., social time with face painting, ornament decorating, movies, and a visit with Santa.

Please dress warmly, bring bells, flashlights, and loud singing voices. We will leave promptly at 6:00 p.m. from Granger School. Please feel free to join us at any time if you cannot come right at 6:00.

Again this year, we will be collecting health and beauty aids for the Open Pantry. Items such as toothpaste, shampoo, soap, etc., may be dropped off before leaving for caroling.

During social time, there will be ornaments to decorate for Milton Bradley's Giving Tree. For every ornament decorated, Milton Bradley will donate a toy to the United Way, Salvation Army, or Toys For Tots. There will also be face painting and snacks in the cafeteria and a movie in the gym.

Santa will be on hand for pictures, so parents, remember those cameras.

Financial Aid Night Slated For Dec. 7th At Agawam High School

FAFSA, Profile, EFC, SAR - if these terms are unfamiliar to you, then you are like most parents who are getting ready to send their first child off to college.

The FAFSA and the Profile are financial aid forms that must be used to obtain Federal, State, and institutional financial aid to help pay the ever-increasing cost of a college education.

The Guidance Department at the High School has scheduled a Financial Aid Night on Tuesday, December 7th to help you navigate the somewhat confusing world of financial aid. Even if you have filed for aid in the past, new rules and regulations are formulated every year and this presentation will be helpful to you in completing this year's forms.

Dr. Lee Sirois, chairman of the Financial Aid Department at AIC College, will be here to give you step-by-step assistance in understanding and completing these complex forms.

The Financial Aid Night will be held in the High School cafeteria on Tuesday, December 7th from 7:00-9:00 p.m. A brief question and answer period will follow Dr. Sirois' presentation.

Please add this important evening to your "Must-Do" calendar.

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Local Teacher Receives Honor

Thomas A. Paleologopoulos of 164 River Road, Agawam, has been awarded National Board Certification for Early Adolescent/English Language Arts by the National Board for Professional Teacher Standards. He teaches eighth-grade English Language Arts at Kiley Middle School in Springfield, where he serves as the Department Chairman.

The process of National Board Certification involves rigorous documentation of clear, convincing, and consistent teaching practices. Along with writing six portfolios focusing on the diverse aspects of teaching (such as classroom instruction, development within the professional community, and family/community outreach), candidates must pass a series of tests requiring extensive knowledge in a specific content area.

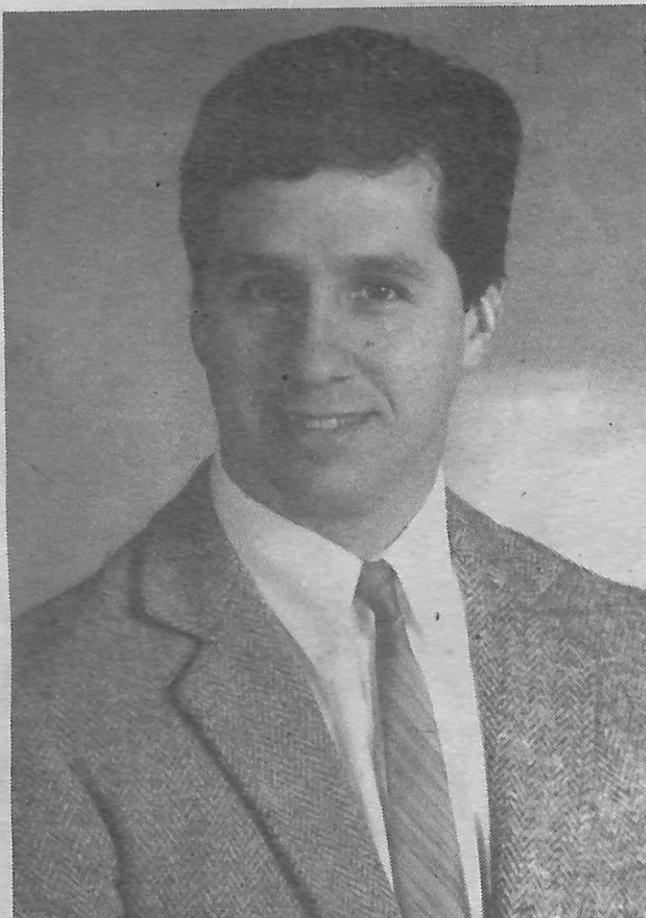
National Board Certification is the highest professional standard available to classroom teachers across the country. The state of Massachusetts recognizes NBPTS Board Certification as the mark of a master teacher.

Paleologopoulos is now serving as a mentor teacher in English Language Arts to provisional teachers across the city of Springfield. He is a graduate of the University of Massachusetts at Amherst, holding a Bachelor's Degree and Master's Degree in English.

Paleologopoulos serves on the English Curriculum Committee for the city of Springfield, serving on numerous committees on curriculum, instruction, and assessment. He presents workshops on instructional methods and curriculum for Springfield teachers on professional days, and he is a mentor coach to Springfield teachers in the Tropics and Trails program at Hampshire College.

Next spring, he will be teaching the course "Methods and Materials in Secondary Education" at Elms College. Paleologopoulos serves on the Western Mass. Writing Project Committee, which links the Springfield Public Schools to the University of Massachusetts English Department.

You turn our pages for all the local news ... AAN!!!



THOMAS A. PALEOLOGOPOULOS, an Agawam resident and an eighth-grade English Language Arts teacher at Kiley Middle School in Springfield.

Classified ads in the Advertiser News cost just \$10 per week for 30 words or less; however, we DO NOT take them over the telephone. Please bring them to our office at 14 Southwick Street (in the Crossroads Shoppes), Feeding Hills, or mail them (with payment) to P.O. Box 263, Feeding Hills, MA 01030. Make checks payable to "Advertiser News."

From November 16th Meeting...

Updates Regarding Sixth-Graders' Trip To Washington D.C.

A meeting was held on Tuesday, November 16th, at the Agawam Middle School to answer any questions there might be about the trip to Washington D.C. and to distribute candy to those who have chosen to sell it.

Although this trip is not sponsored by the school, its purpose is to give as many students as possible the opportunity to go to New York to see the Statue of Liberty, to Washington D.C. to see some of the many attractions, and to Philadelphia to learn about our history there.

The trip will run from Sunday, April 16, to Thursday, April 20, 1999, and will cost no more than \$400 per student. This price includes lodging, transportation, all meals, and entry fees to all attractions (where applicable).

Our numbers increased by 200 percent at this meeting, so if you are planning to join us, please get your deposit in (a minimum of \$50) as the buses are now filling rapidly. At this time, we can only accept deposits for students, as we currently have plenty of chaperones.

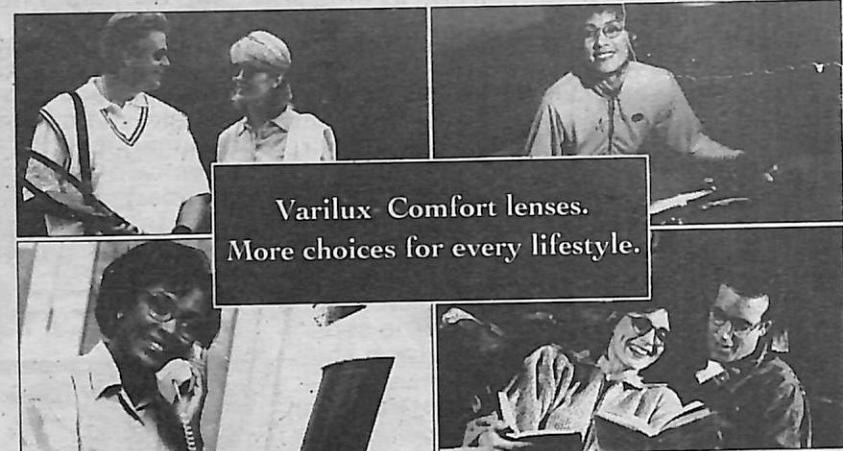
Checks should be made out to the "Washington Trip Account" and sent in care of Rachel Thomas, 43 Janelle Drive, Agawam, MA 01001-2735. If you are interested in selling candy to help defray the cost of the trip, please contact Tina Benson at 789-2512. If you have any further questions about the trip, please call Rachel Thomas at 786-9896.

Our next meeting will not occur until late February or early March. This will be the meeting when the students pick their roommates, their meal choices, and the color of the baseball cap they will be wearing.

Look for notices to come home with your child as well as in *The Agawam Advertiser News*.

For photo coverage in *The AAN*, call us at 786-7747 or 786-8137; however, please give us at least 72 hours' notice...

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Great Christmas Gifts!



Brownie Troop 540 Has Had A Busy Fall

Brownie Troop 540 has been busy this year. Here is what we have done so far:

- * October 5th: Friendship Pins.
- * October 12th: Earned Outdoor Fun Try It.
- * October 19th: Field trip to Agawam Fire Station.
- * October 26th: Celebrated Juliette Lowe's birthday.
- * November 2nd: Learned first aid with Mrs. Marianni.
- * November 9th: Learned street safety from D.A.R.E. Officer Santori and decorated bags for Mass. Recycle Day.
- * November 16th: Earned Ready Set Go Try It with Junior Troop 558 and decorated placemats for Feeding Hills Congregational Church's Thanksgiving Day Dinner.
- * November 23rd: Made napkin holders and learned playground safety to earn Safety Try It.
- * November 30th: Ornaments for Giving Tree. What is coming up:
 - * December 4th: Giving Tree.
 - * December 7th: Field trip to Fitness First.
 - * December 11th: Field trip to Laughing Brook to earn Science Wonders Try It.
 - * December 14th: Make family gifts for Christmas.
 - * December 21st: Christmas Party.

At Granger Elementary School...

Holiday On-Line Shopping Earns Free Technology

Granger Elementary School has now accumulated 647,905 points from the national A-Plus America Free Technology For Schools program. Now, parents and community members can shop on-line for the holidays and help the school, too.

A-Plus America has launched a new web site, www.Technology4Kids.com, the only on-line shopping mall that donates up to 12.5 percent of every purchase to local schools for educational technology.

By starting their holiday shopping at the Technology4kids.com site, parents and other community supporters can shop at over 50 top Internet retailers like Amazon, eToys, JCPenney, Staples, and Value America with over 1.5 million products available, and generate donations to their local school at the same time at no extra cost.

On a first visit to Technology4kids.com, the visitor is asked to select a local school from a database of every K-12 public and private school in the United States. After this short, one-time registration, the site will remember which school should receive that shopper's credits. The school automatically gains more credits with each shopping trip to www.Technology4Kids.com.

It is hoped that this program will continue to involve more and more members of our community, thereby earning even more points for Granger School this year. At this point in time, the school has already received a color printer through its participation in A-Plus America.

Schools can also earn A-Plus America points by collecting receipts and proofs-of-purchase from socially responsible companies that give something back to the community. There is no need to make extra purchases. Simply make your normal purchases from A-Plus America corporate sponsors, and turn the receipts into the school. It's that simple!

Examples of corporate sponsors that have agreed to donate a significant percentage of their sales *for each receipt* (or UPC/bar code for non-retailers) turned into our school include:

Sprint; Duracell (Save UPC); Pepboys; Lillian Vernon; Long John Silver's; EarthLink ISP; Hit or Miss; The Men's Warehouse; The Sharper Image; Monro Muffler Brake; The Big Party; Shoemart at Kmart; Chadwick's of Boston; Stonyfield Farm (Save Yogurt Cup); Bob's Stores.

A complete Sponsor Guide for our school is available from Wendy Matys at 789-1400, or just send your receipts to: Wendy Matys, c/o Granger Elementary School, 31 South Westfield Street, Feeding Hills, MA 01030-2701.

Parents can also use gift certificates (purchased through the school) for everyday purchases from over 100 retailers like Sears, Kmart, JCPenney, Musicland, and others. Please call Wendy Matys at the aforementioned number for additional information on this.

Other school officials interested in participating to earn free technology can call A-Plus America at (800) 706-5500, extension 235.

**Check our classified ads
each and every week...**



IN EARLY NOVEMBER, Brownie Troop 540 held a program on first aid. In the photo above, Mrs. Marianni (guest speaker) shows Brownie Desiree Ceterer how to take care of a cut.

Agawam Students Named To WNEC's Spring Dean's List

Western New England has named the following Agawam students to the Dean's List for the 1999 spring semester:

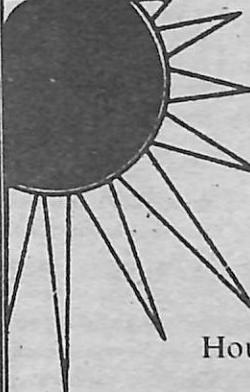
Roman I. Barabolkin, Thomas A. Finnie, Erin E. Grady, Ryan D. Grealis, Christina M. Ianello, Amy M. McKinney, Danielle L. Roy, Alexandra P. Schoolcraft, Donna A. Tapply, Marc A. Tassone, and Todd R. Zern.

Western New England College, founded in 1919, is a private, comprehensive coeducational institution located on an attractive, 215-acre suburban campus in Springfield, Massachusetts.

The College serves its 4,900 students on its Springfield main campus, at more than 20 sites throughout the Commonwealth, and at its downtown Springfield campus.

Undergraduate and graduate programs are offered through the College's Schools of Arts and Sciences, Business, Engineering, and Law.

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From AHS Guidance Department...

New Appointment Information For Grads

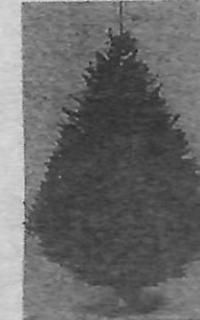
As of December 1st, graduates of Agawam High School requesting appointments with the Guidance Department are required to schedule these appointments between 1:45 p.m. and 2:30 p.m. after the High School students have finished their day.

Graduates are asked to call the guidance office at 821-0527 between 7:30 a.m. and 2:30 p.m. in order to schedule their appointments in advance.

Upon arrival at the High School, please park in the visitors' parking spaces located in the front parking lot. All visitors must sign in with Mrs. Linda Scheve in the front office, where they will receive a visitor's pass. Graduates without a visitor's pass cannot be seen in guidance.

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AHS Cheerleaders Are 1999 Div. I State Champions

On Sunday, November 21st, the Agawam High School varsity cheerleaders accomplished something no other cheerleading team at AHS has ever done. They took everything they had down to Franklin High School and came back to Agawam the 1999 Division I Massachusetts State Cheerleading Champions.

With this first-place finish and a combined score of 240 points or more, our Brownie girls now qualify for a bid to compete at the U.C.A. National Cheerleading Championships to be held in Orlando, Florida, in February.

Their road to victory began the week before when they qualified for a chance to compete at the State Competition by placing second at Regionals (also held at Franklin High School). At Sunday's Championship, they competed in Division I (large schools), consisting of 11 of the most talented teams from all over the state.

The Brownies combined strength, athleticism, synchronization, energy, and enthusiasm to form the most powerful and outstanding routine of the day. Beginning with a team round-off backhandspring and elite team tumble passes, they went on to three flawless arabesque to heel stretch partner stunts, ending the first sequence with a power-packed pyramid which changed position four times in near-perfect unison.

Next came the cheer sequence where the girls wowed the crowd with perfectly synchronized motions and a toe-touch back-handspring that rocked! Here they also performed three free standing transitional stunts with full twisting dismounts. From that point on, it was pretty much over.

Fired up like never before, these 16 incredible athletes performed a flawless double jump and dance sequence (choreographed by former AHS cheerleading standout Natalie Piccin) that brought down the house. The Brownies were on fire, and no one would be able to put them out! They ended their routine the same way they started — strong and confident. These 16 driven young women took Franklin by storm and never looked back.

Under the experienced leadership of Coach Kim Hebert, our Brownie girls had been working diligently since September toward this goal. Despite injuries and setbacks, these girls stayed focused and strong, determined to bring home to Agawam that which has eluded them for so long.

* * *

Now in her seventh year of coaching, Coach Hebert has finally realized her dream. With patience and determination, she has built a team worthy of the title "champion." Agawam can be proud of each and every one of these young women, for they represented this town with dignity, enthusiasm, and pride.

The Agawam girls would like to extend their sincere gratitude to the Agawam community, businesses, and residents "who so graciously support us throughout the year." They would also like to thank Coach Hebert "for taking the time to teach, motivate, and believe in us, always pushing us to be the best we can be."

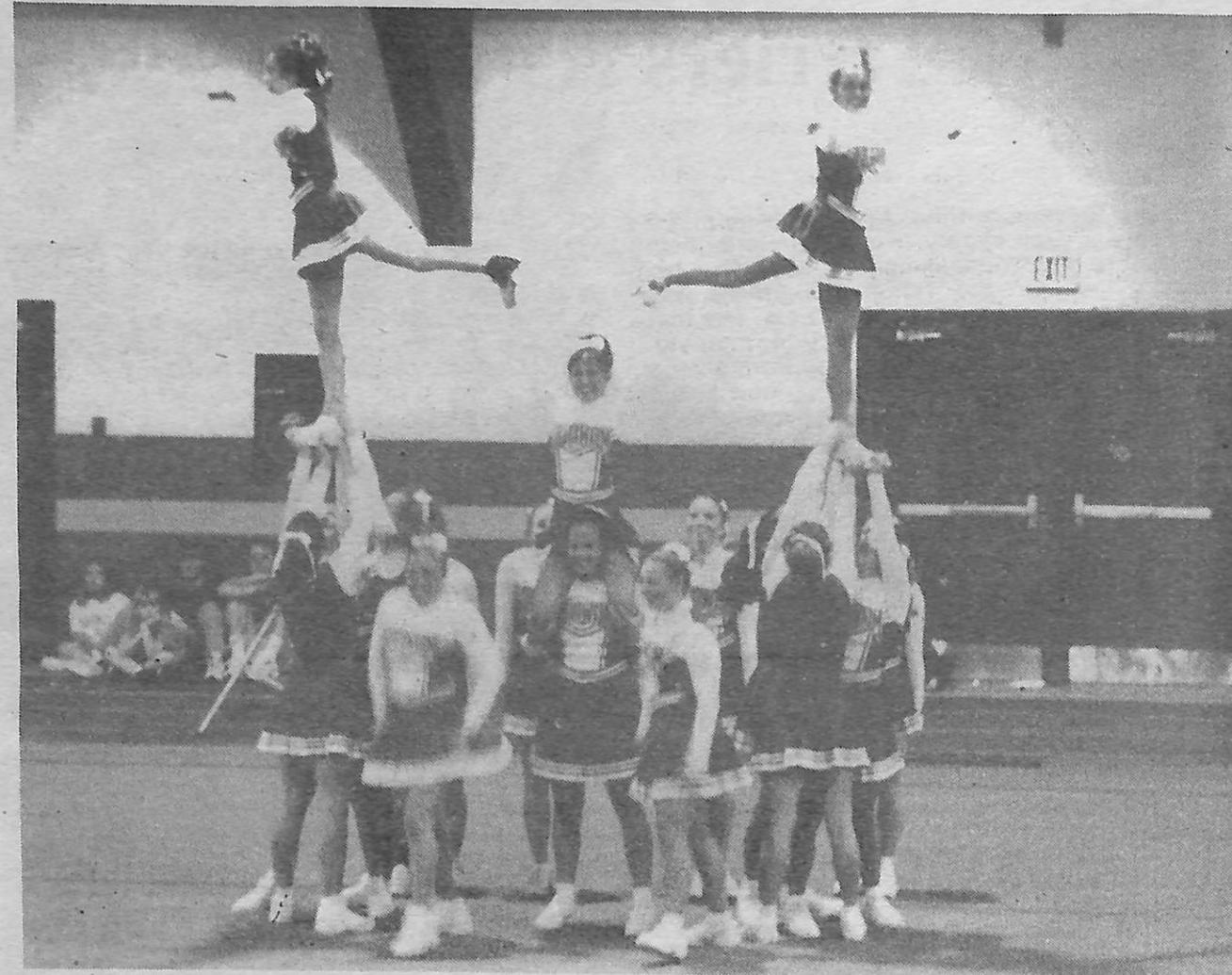
To all of their former teammates: "Several years ago, you changed the way Agawam looked at cheerleading and taught us the true meaning of Attitude, Heart, and Spirit. We hope we can continue your legacy and always make you proud."

Finally, they would like to thank "the best parents and fans any cheerleading team ever had. Your constant love, trust, and support have gotten us through the tough times and built us up when we were down. We never could have accomplished this without you — the true champions of our hearts!"

So hey, AHS varsity cheerleaders, you've just won the 1999 Massachusetts State Cheerleading Championship; what are you going to do next? "WE'RE GOING TO DISNEYWORLD!!!"

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* * *



THE AGAWAM HIGH SCHOOL VARSITY CHEERLEADERS perform one of their routines at the 1999 Division I Massachusetts State Cheerleading Championships at Franklin High School.



SUNDAY, NOVEMBER 21, 1999 — a day that will live in the hearts and minds of these Agawam High School varsity cheerleaders for the rest of their lives.



HUGS AND WORDS OF CONGRATULATIONS were exchanged after the Agawam High School varsity cheerleaders won the 1999 Division I Massachusetts State Cheerleading Championships.

The Thanksgiving Day Football Game...

Humble Pie For West Springfield Terriers As Brownies Roll, 27-6

by Dave Rollins
Sports Editor

For the Brownie faithful, Agawam High's 27-6 Thanksgiving Day victory over West Springfield High had to be joyous, like sitting down to a big turkey dinner. On the Terrier side, there was perhaps a more pragmatic point of view - like that of the turkey on this cool, drizzly holiday morning.

The Brownie bombing of the kids from across the river before nearly 3,000 at Harmon Smith Field was gravy on their 6-4 season and a fitting capstone to the 75th anniversary (Agawam leads, 50-22-3) of this ancient rivalry. "It was one our seniors really wanted. They played the way they'd been taught to play all season long," Brownie Coach Tad Desautels smiled.

Indeed, they did, on both sides of the ball. The initial series for both teams was a preview of coming events. West Springfield got the ball first. Agawam, behind some tough defense led by Scott Harlin, Jerry Graves, Vic Romano, Nick Beaudette, and Isidro Aguinaga, forced the Terriers, who were trying to keep it on the ground, to ac three and out and punt.

Agawam set up shop at its 20-yard line with 2:15 gone in the first quarter. Three minutes, eight plays, and 80 yards later, senior quarterback Brian St. Jean ran it in from 11 yards out on a roll right. Forty-two of those yards were gained by senior running back Dave Moore, who would have 193 monster yards for the game on 24 carries, which gave him 1,157 yards for the season. (Agawam's last 1,000-yard rusher was Jeff Blews with 1,089 in 1996.) St. Jean's extra point made it 7-0 and the Brownies would never look back.

The Terriers had a chance with 54 seconds left in the first quarter by way of a botched snap on a Brownie punt. With prime position on the Agawam 12-yard line, the visitors went to work.

Two plays later and 10 seconds into the second quarter, the Terriers were sniffing around at the Brownies' three-yard line. However, they jammed things into reverse by virtue of two penalties and a three-yard loss on a pass play, ending up with a fourth and 17 at the Agawam 20.

Locals Recover At Two-Yard Line

West Side Coach (and former AHS coach) Carl Supino called for a field goal, which was blocked by a leaping Beaudette, enabling the Brownies to recover the ball on their two-yard line.

Neither team could do much on their ensuing possessions, both of which were contested in Brownie territory.

Agawam then had the ball at its own 11-yard

line with 4:28 to go in the half. It was time for another march, so they unfurled the flags and did a General Sherman towards the Terriers' end zone, 89 yards on the horizon.

Thirty-eight of their first 43 yards were garnered by Moore on runs of six, seven, and seven yards behind some hard-nosed blocking by Scott Carpenter, Ryan Malanson, and Lou Conte, plus a nifty 22-yard gain on a screen pass.

Two runs of 13 and 16 yards courtesy of St. Jean saw the ball resting on the West Springfield 15-yard line. A penalty and an incomplete pass brought up a second and 15 situation at the 20, which called for some imagination from the Brownies' brain trust.

It came in the form of an end-around to Scott Harlin. The senior wideout, helped by a crushing St. Jean lead block, lugged the leather 11 yards down the left side to the Terriers' nine. Moore gained five for a first and goal at the West Side four.

Harlin, with 23 seconds left in the half, took it in off a lead block by Moore to put Agawam up, 14-0, after St. Jean's kick.

The drive, perhaps the most flawless one of the season for the Agawam offense, covered those 89 yards in 12 plays and took 4:05.

The Brownies received the second-half kickoff and began business at their own 31-yard line. While this drive wasn't quite as textbook as their previous one to close out the first half, the results were the same - six points.

The 11-play, 69-yard effort was highlighted by a heads-up fumble recovery courtesy of lineman Frank Ferrentino to keep the drive alive, and a 33-yard run by Moore on a first and 19 from Agawam's 41 didn't hurt, either.

One Of The Best Backs In Western Mass.

On that particular play, Moore showed why he is among the best backs in Western Mass. The 5'4", 130-pounder cut off left tackle and displayed speed, quickness, the ability to give a leg and take it away, and the ferocity to stick that leg through people if need be. That gem led to a Brownie first and 10 at the Terriers' 20.

Three runs, totaling 17 yards by St. Jean, had Agawam with a first and goal at the West Side nine.

A nine-yard hookup with 6:03 left in the quarter from St. Jean to a hopping Harlin (double covered in the right corner of the West Springfield end zone) gave the Brownies a 21-0 lead after the kick.

Agawam, exercising ball control, took 5:47 to all but do in the Terriers, who certainly wore the mask of frustration quite well.

Both drives particularly pleased Desautels. "That's what the option offense is supposed to do, generate big plays. You saw the offense at its best on those two occasions," he said.

Both teams again exchanged possessions and it was West Side's ball at its own 39 with 2:35 left in the third quarter. Three plays later, on a third and six, Moore, playing defensive back, picked a pass at the Brownie 48 and ran it down to the West Side 43.

Another Brownie Sojourn

It was time for another Brownie sojourn through the visitors' defense. This one was highlighted by a 10-yard pass from Moore to St. Jean off a playfake, and a 13-yard run by Moore through an awesome hole on the right side (opened up by Ferrentino and Eric Pederson).

St. Jean then took the snap and rolled right on an option, running it in from 16 yards out with 9:36 left in the game. They missed the pass for two, but came back up the field with a 27-0 lead and the Terriers' transition was complete; they'd now become a full-blown flock of gobblers.

West Side did score, with three minutes left, on a six-yard pass from QB Noury Mostafa to Brandon Bryan. The Brownies recovered the on-side kick and were on their way to another score at the West Springfield nine when time ran out.

It was the fourth straight win over West Side for Agawam. West Springfield finished its season at 2-8.

* * *

AGAWAM STATS: Rushing - Moore (24-193); St. Jean (10-70-2); Liquori (5-26); Harlin (4-15-1); Romano (1-0). Passing - St. Jean (5-13-57-1); Moore (1-1-10). Receiving - Harlin (2-20-1); St. Jean (1-10); Moore (2-27); Conte (1-10).

Defense: Beaudette - blocked FG; Moore - interception; Ferrentino - fumble rec.

TOTAL YARDS: Agawam - 397 total yards (315 rushing, 82 passing). West Springfield - 112 total yards (70 rushing, 42 passing).

BROWNIE NOTE: During halftime, greats from past Agawam football teams were honored - late coaches Harmon Smith and Harry Leonardi, along with Joe Pisano, Jim "Turk" Bruno, Vito Depalo, among others.

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From AHS Soccer Parents...

Ed Santaniello Receives "Jeff McCarl Award"

by Dave Rollins
Sports Editor

Every year, the Agawam High School Parents Soccer Booster Club gives out the "Jeff McCarl Award" to a person in town who best embodies the tradition of excellence in promoting and involvement in the game at every level. This year it went to long-time youth coach and soccer instructor Eddie Santaniello, 41, of Feeding Hills.

The award is in memory of former late 1970's AHS soccer player, Jeff McCarl, who was killed in a convenience store robbery in Springfield in the early 1980's.

Other locals who have recently received the award include Al O'Quinn, Denny Marr, Jeff Rousseau, and Rita & Ray Scott.

Santaniello, owner of Bruno's Pizzeria on Springfield Street in Feeding Hills, came to this country in 1972. He'd already played soccer for 15 years in the little town of Bracigliano in his native Italy, which is a stone's throw from Naples.

It was there, in the intense atmosphere of Italian soccer, that Santaniello learned the nuts and bolts of the game, which have served him well in America. He has been involved in the game for over 30 years now, on both continents, and began coaching here in 1984 in the Pioneer Valley Junior Soccer League (PVJSL), with Agawam youth soccer, and this past summer with the Agawam High School boys' team. He also teaches the sport to a number of kids in the community and manages to play the game in various leagues around the area. He currently coaches the Agawam Mongoose, a U13 PVJSL girls' team that won the divisional championship last month.

"In Italy, the coaches tolerated not even one bit of an attitude from the players. If you gave them grief, you were gone," he said recently while working behind the counter at Bruno's Pizza. Then he added, "No parents are involved there. Playing is hard work because the coaches make it that way. But they also make it fun, because through hard work, you play better. And playing better has many rewards."

A Passion For The Sport

Santaniello, as a coach, tries to bring his passion for the sport to the kids. He feels the most aggravating thing about teaching soccer to the kids is when they get lazy. He also realizes that in a game situation, even the best-laid plans rarely get much past the practice field. "When you coach, if you get 10 percent of what you worked on to work in the game, you are doing well. If you got 100 percent of your game plan to work, you'd score 30 goals," he laughed.

What It Takes To Be Good

In Santaniello's 30 years of soccer, he's seen it all, especially what it takes to be a good soccer player. "Here's an example," he said. "It's like a mechanic. The tools he has might enable him to be good. But if he doesn't use them in the right way, he's lost. You have to use what you have to the fullest. Then it all comes together."

It's no secret that AHS soccer is having some trouble on the varsity level. And the people in town are very passionate about the game, thus the situation does not sit well with them.

"If this town wants to be successful in soccer, everyone is going to have to stop massaging their egos and start worrying about how to get the most out of the kids, because the talent is surely there," Santaniello noted.

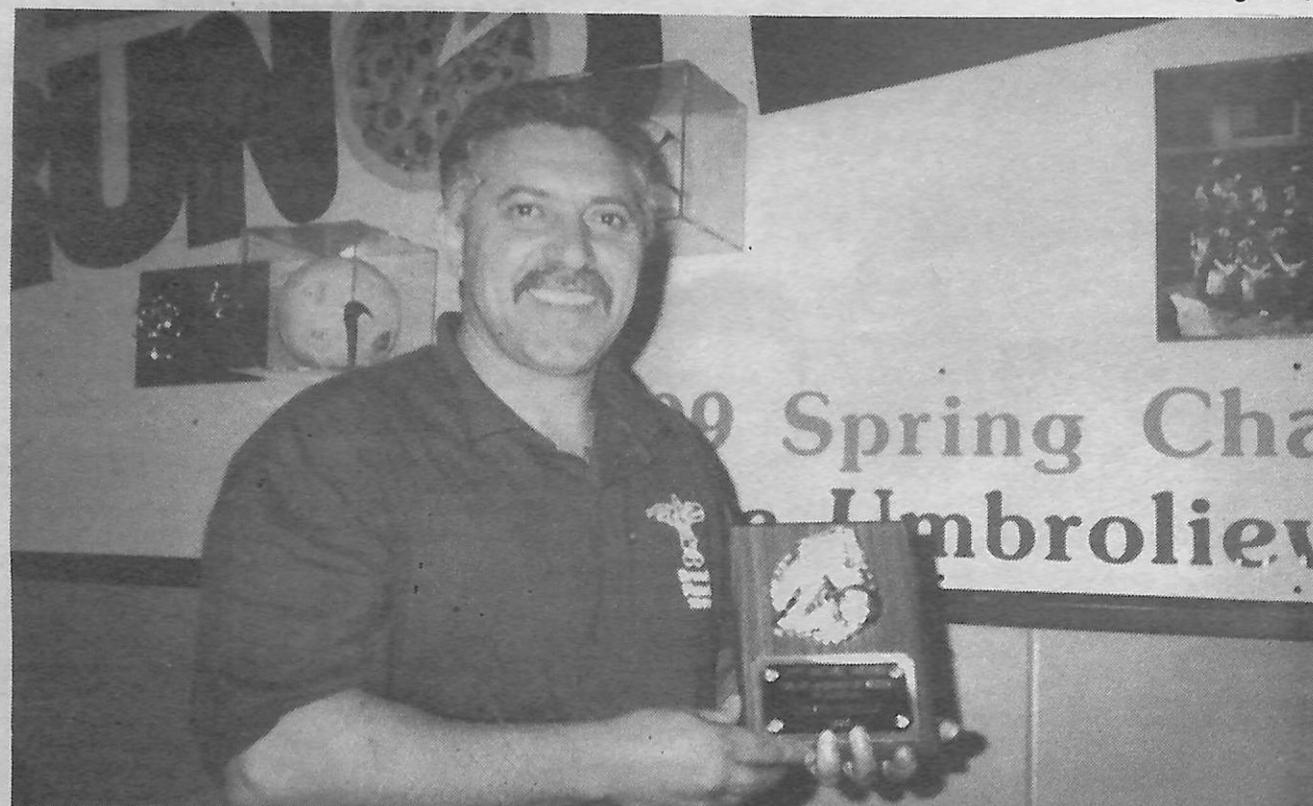
Having coached, played, and taught the game of soccer, you have to wonder which tops Ed's list. "I'll probably play until I can't walk anymore. And even when I teach, I'm playing the game. They're all fun," he admitted.

Besides the McCarl Award, the varsity girls gave him an autographed ball when their season ended, which pleased him greatly. "I would like to thank from my heart the Booster Club and the girls for being so kind in their recognition," he smiled broadly.

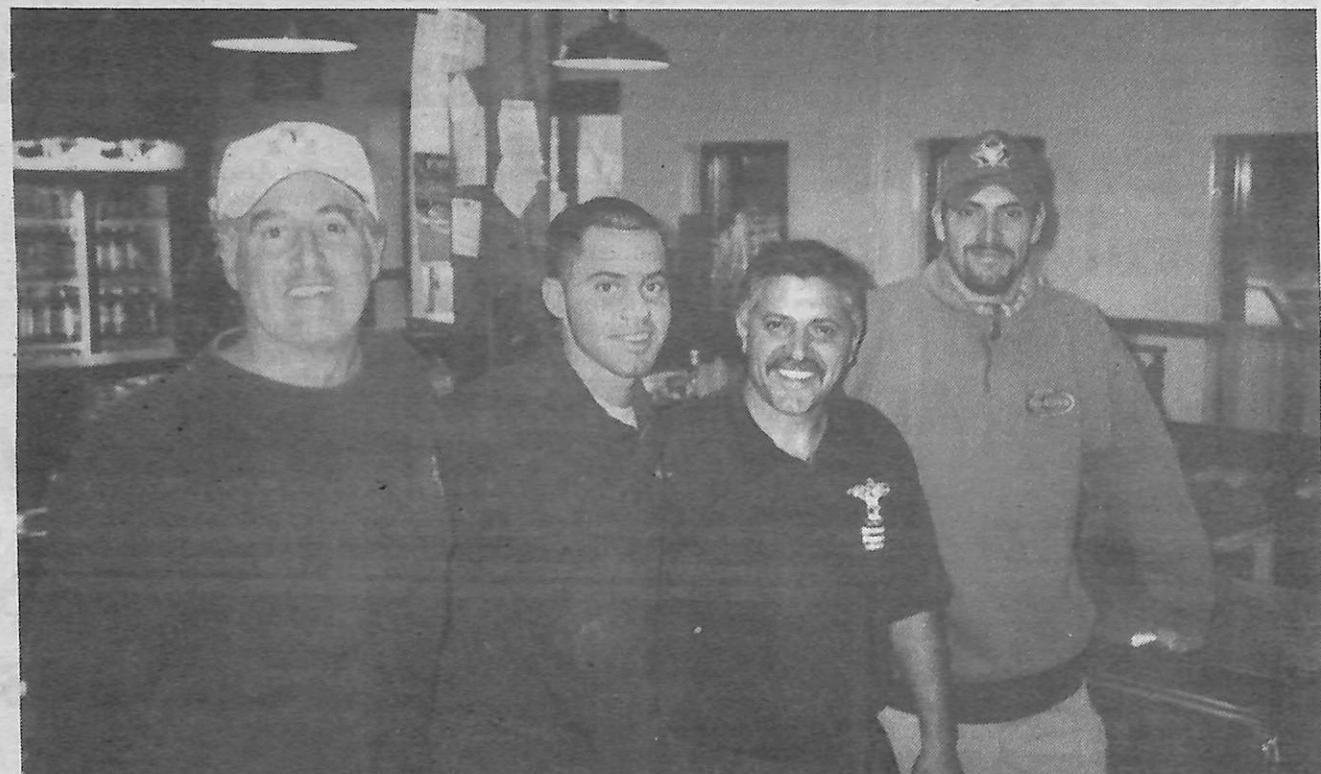
The plaque and the encased soccer ball have been hung on the honors wall at Bruno's for everyone to see, along with other soccer memorabilia gathered over the years.

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, ads, etc., that can be brought in on Mondays. Thank you...

* * *



EDDIE SANTANIELLO, owner of Bruno's Pizzeria on Springfield Street, Feeding Hills, proudly displays the "Jeff McCarl Award." Advertiser News photo by Dave Rollins.



EDDIE SANTANIELLO (second from the right) with some of his staff members at Bruno's Pizzeria (from left to right): Earle Hollister, Umberto Santaniello, and Rick DelBarba. Advertiser News photo by Dave Rollins.

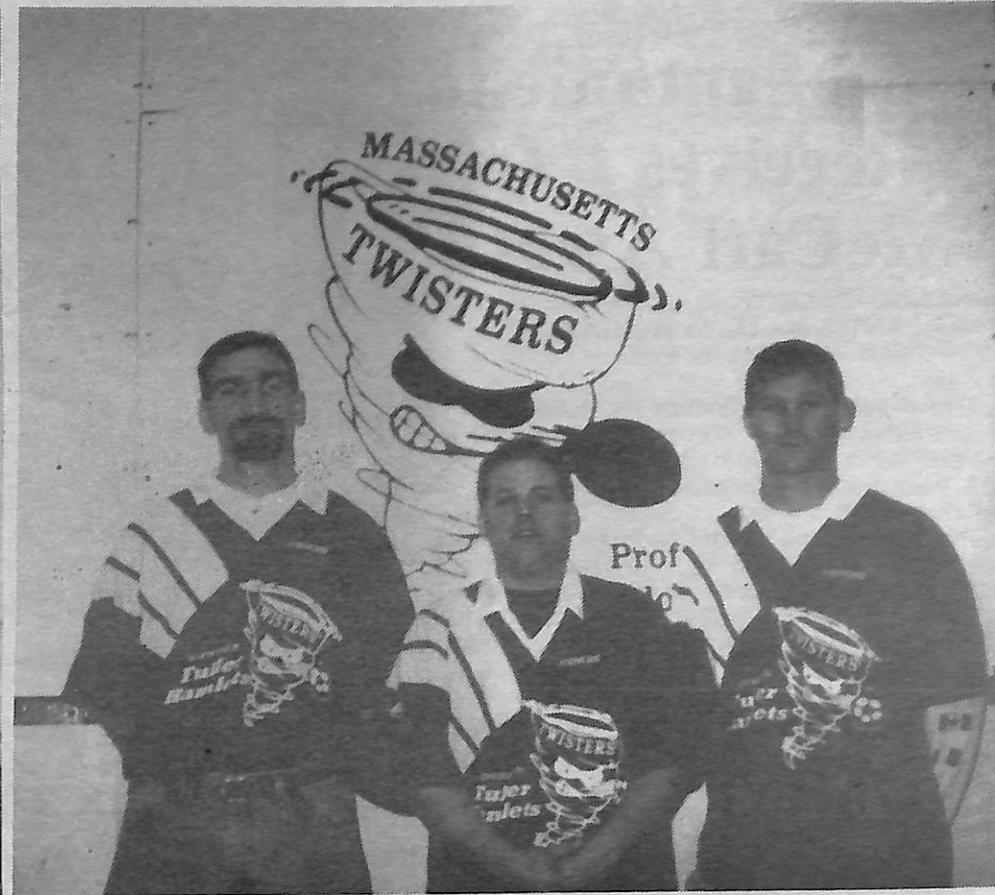
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Entry Level referee courses will be offered at the Pioneer Valley Junior Soccer League office on the following dates:

**Saturday and Sunday, January 8 & 9, 2000
Saturday and Sunday, March 4 & 5, 2000**

These classes fill up fast and there is limited space. Interested parties should contact the Pioneer Valley office at 598-0922 for applications for the above classes as soon as possible.



IN LEFT PHOTO: Paul LaPointe, the owner of the Massachusetts Twisters Professional Indoor Soccer Team, displays the thickness of the astroturf that's being used at the Big E Coliseum in West Springfield.

IN RIGHT PHOTO: LaPointe (center) with fellow Twisters Andy Boyea (left) and Brent Dillard. Advertiser

News photos by Dave Rollins.

At The Big E Coliseum...

Paul LaPointe Opens Indoor Soccer Arena

by Dave Rollins
Sports Editor

Agawam businessman Paul LaPointe has reached another milestone on the local soccer scene - the introduction of the sport indoors on a big-time scale for the winter months.

The owner of Agawam Tire & Auto Service Center in Feeding Hills has been looking for an indoor arena since he got involved in professional soccer back in 1996. Now he has a beauty - the 5,000-seat Coliseum at the Eastern States Exposition in West Springfield.

LaPointe, 37, started playing the game at the age of seven. He has also been coaching the game for 23 years. Currently, he is the owner of the Massachusetts Twisters Professional Indoor Soccer Team. They are a member of the USL Indoor League. During the winter months, players from MLS, the A-League, D3 Pro, and Division I college clubs spend their time at this level.

Includes Five Teams

The Twisters' competition includes five teams - New Hampshire (Granite), Lowell (Frontline), Albany (Shockers), Uxbridge (Habcats), and Springfield (Legend).

"We've been playing the indoor circuit with them since 1997. We had been going to Uxbridge (near Worcester) to play our games before the Coliseum came along," LaPointe said as he sat in his office at the arena, taking care of business.

Time was at a premium, since his team opens their indoor season on Friday, December 3rd, with a game against the visiting New Hampshire Granite. It would be the first game of eight at home in their 15-game schedule.

But going down the Mass Pike to Uxbridge was not the best of situations, according to him, thus, the search for an indoor facility around here.

After negotiations with Eastern States, LaPointe struck a deal for the Coliseum, a venerable landmark which was the former home of the Springfield Indians hockey team (now the Springfield Falcons) and the Springfield Olympics (known as the Pics). Hockey is but a memory there now. The Eastern States uses it during The Big E for their equestrian shows. Thus, where the ice once was, dirt reigned.

"The Eastern States turned up the dirt and steamrolled it to a nice, flat surface. Then, after considering several offers for a surface, we decided on astroturf and had a company come in and lay it down, which took about three days," LaPointe said, then added that it took about three years to find the company that would do the job the way he wanted it done.

The surface, encompassing an area of 201x96 feet, is soft and forgiving, affording what should be good traction and an excellent cushion should you take a nosedive. The Coliseum itself seems cavernous when you walk in.

BIGGEST INDOOR SOCCER ARENA IN N.E.

"It's the biggest arena in New England for indoor soccer," LaPointe noted. But the size doesn't take away from the quality of the place. It is bright, clean, and despite the number of seats, there doesn't seem to be a bad sight line in the house. Plus, the locker rooms are clean and spacious. The sound system is top quality, he

said. There is plenty of room for concessions and outside, the parking lot can accommodate 9,000 cars.

Of course, LaPointe would like to see all 5,000 seats filled for the Twisters' games. But realistically, he knows that is a dream which may

SEE LAPOINTE - Page 41...

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LAPOINTE - from Page 40...

have to wait. "Considering the growing popularity of the sport, I can see maybe getting from 1,500 up to 2,000 people in here for a game," he said.

While the pros have yet to start, there is another aspect of soccer at the Coliseum that is already up and running - the youth leagues. "I've always been very interested in young people's involvement in the sport," he noted. (He has two sons, Nick, 13, and Mike, 11, and holds an E-Coaching license in the USSF.)

Youth play started on November 19th. Teams there include 9-10, 11-12-13's, and high school kids. The pros play every other Friday with a travel day on Saturday. The youth leagues compete every Saturday and Sunday, all day. That program is run by the Twisters' personnel and is overseen by LaPointe's wife, Cathy, who is the youth league manager and the Twisters' youth league manager of operations.

Teaching And Conditioning

Another feature of the facility is teaching (clinics) and conditioning. "We're having team training sessions as well as open and individual training on various nights during the week," LaPointe said. He will be one of the instructors along with former UMass star Mike Butler, who was a 1999 first-round draft pick for the Columbus Crew of the MLS. Butler is also an assistant coach for the AIC women's soccer team.

Another instructor will be Joenal Castma, a former player for the Cape Cod Crusaders (1998) and the Western Mass. Pioneers (1998). He has also played for the A-League's Worcester Wildfire, Minnesota Thunder, and Pittsburgh Riverhounds.

Indoor soccer is quite a bit different from the outdoor variety. "It's a lot like hockey, only with a ball," LaPointe noted.

"You can use the boards to bank the ball to a teammate, which of course you can't do outdoors," said Twister member (forward) Brent Dillard, a 1997 graduate of Springfield College, former Chicopee High star, and a member of the Twisters.

"Indoor soccer takes some getting used to," added Andrew Boyea, the Twisters' keeper, a graduate of Northeastern University (1997) and former Ludlow High School standout. Boyea is the assistant manager for the MYISL and holds every goalkeeping record for the NU Huskies.

There is no offside in indoor soccer. The goal is 14'8" wide, a little less than the outdoor variety. "The game is set up for scoring, which means you have to play a tough, anticipation-style of defense. Overall, the indoor game is very challenging," LaPointe noted.

The pro season will run from December 3rd to March 27th. The youth leagues will wrap it up on April 9th. Then up comes the astroturf and it's time for the dirt again. They'll lay the rug back down again on November 19, 2000.

Stefanie Goyette Shines In Field Hockey At MacDuffie School

Stefanie Goyette of Feeding Hills, a junior at the MacDuffie School in Springfield, has been selected as the Most Valuable Player (MVP) in varsity field hockey for the 1999 fall season. As the varsity goalie for MacDuffie, she had an outstanding year, taking 260 shots on goal with 233 saves for an impressive 88 percent save rate.

She is the daughter of Rosemarie Goyette and granddaughter of Alice Goyette, both of Feeding Hills.

Goyette was also selected for the Western New England Prep Schools' All-Star Game as a goalie and played for the gray team, which won 2-1. The game was played recently at the Loomis-Chaffee School and included players from Deerfield Academy, Hotchkiss Academy, Miss Porter's School, Loomis-Chaffee, Taft, and Northfield Mount Hermon (among others), representing in total approximately 30 schools. Each team had 18 players in total, with one goalie per team. Her selection was indeed an honor.

Goyette was also selected for the Connecticut Independent School Athletic Conference "All-League" Team in field hockey.

For the past two years, she has played the varsity goalie position for her school's field hockey team under Coach Susan Robbins.

In addition, she is also the goalie for MacDuffie's lacrosse team.

* * *

For photo coverage in The AAN, call us at 786-7747 or 786-8137; however, please give us at least 72 hours' notice. Thank you...

* * *

Baywest Christmas Dance Slated For Sat., December 11th

The Agawam/West Springfield Hockey Association (Baywest) will be holding its annual fundraiser, a Christmas dance, on Saturday, December 11th, at the Dante Club, Memorial Avenue, West Springfield, from 8:00 p.m. until 1:00 a.m.

Live music will be provided by the area's best - "Aftermath."

All proceeds from the Christmas dance will be used for the 1999-2000 season's trophies and banquet, so please join us for a night of fun, dancing, and socializing (including raffle prizes, munchies, a door prize, and a 50/50 raffle).

The donation is \$10 per person. Tickets are available at the door or in advance by calling Tammy or Tony at 732-3003. Hope to see you there!

Agawam Parks & Rec. Has "Group Nights" For Falcons Hockey

The Springfield Falcons, a professional hockey team, is pleased to announce Group Nights sponsored by the Agawam Parks & Recreation Department, to be held once a month through April of 2000.

On all dates, your Recreation Department will offer ONE GREAT DISCOUNTED PRICE TICKET OF \$7 for either adults or kids, with 50 cents of each ticket sold going back to your Recreation Department for other recreation activities!

The Recreation Department has tickets for all games available now, and they may be purchased at any time up to 24 hours prior to the game. Please call the Recreation Department at 821-0513 for more information.

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▼ Black Label (15 pk.)	\$5.24

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Profile...

Despite A Sprained Ankle, Kate Chmura Competes At Cheerleading Tournament

by Dave Rollins
Sports Editor

The Agawam High School varsity cheerleaders nailed down the State Championship a couple weekends ago. A key member of the team in the realization of that dream was senior captain Kate Chmura. Recently, Kate took some time out to talk about herself and her days as a Brownie.

Kate turned 18 in October. She has spent all four years of her secondary education at AHS. Currently, Kate is taking honors physics, integrated math, English 12, psychology, and gym. Psychology is her favorite course. Edward Merrill (psychology) is her top teacher.

Right now, Kate has her eye on UMass and Syracuse for next year. She's looking to major in occupational therapy.

Kate has been involved with cheerleading her entire high school career. "I started out on the freshman team and halfway through the year, they moved me up to varsity, where I've been ever since," she noted.

Cheerleading attracted her because it offers a spectrum of athletic challenges, plus the team gets a great deal of exposure. They cheer at football games, boys' and girls' basketball games, and also attend competitions during the year. "We're pretty busy. And now we'll be training hard for the nationals," Kate said. That competition will be held in February at Walt Disney World in Orlando, Florida.

Kate's most memorable sports moment, of course, was winning the states. "We came close in my freshman year, missing the championship by only two-and-a-half points. This time, we won it all," she smiled.

She did admit there were a few tense moments at the state competition, held in Franklin. "When they announced the second-place team, many of us thought maybe we hadn't done well enough to win because the competition was very tough.

Then our name was called and we were just overjoyed."

It was the cheerleaders' first state crown during Kate's tenure with the team. She has also been on two Western Mass. champion squads in her four years.

Chinese food (chicken fingers) leads her menu. Purple is her favorite hue.

A Mitsubishi 3000 GT would be her choice in wheels.

When Kate kicks back to relax, she usually does it at her friends' houses.

Her taste in clothes runs to the casual. She buys them at American Eagle.

Kate's taste in tunes runs towards alternative music. She likes a group called "Bare Naked Ladies," which is made up of guys, by the way. "I've seen them in concert. They are really funny," she said.

"South Park" tops the tube for her and "The Waterboy" is number one on the silver screen for the senior.

Karen is her mom. Richard is her dad. She has a brother, Mike (12) and a sister, Kim (15), who is also a varsity cheerleader for the Brownies.

Kate says she looks up to her grandmother, Dorothy. "She has been through a lot and I listen to her because of that," Kate told us.

When her days at AHS are done, Kate says she would like to be remembered as a nice person with a good personality and someone you could talk to. "I can keep a secret," she smiled.

"Kate is as dedicated as they come and never gives up on her goals or her dreams. She sprained her ankle 10 days before the State Championship and despite the pain, still went out and cheered. That tells you a lot about her," varsity cheerleading Coach Kimberly Hebert said.



KATE CHMURA

Please patronize your local businesses...



Agawam Little League Baseball Sign-Up

December 11, 1999

**Italian Sporting Club, Cooper Street
10 A.M. - 2 P.M.**

The Agawam Little League will be holding its first sign-up for the year 2000 baseball season.

The following programs will be run in the spring:

Instructional & Teeball (ages 5-7)

Minors (ages 8-10)

Majors ages (10-12)

Registration Fees: \$40/Child or \$100/Family of 3 or more

In addition to the registration, each player will receive a \$10 book of raffle tickets which will be prepaid at time of registration.

**Sign-ups will be also held for
umpires for the year 2000 season.**

All coaches currently with equipment and uniforms must return it immediately to Mr. Donah. Please contact Mr. Donah at 789-2347 to make arrangements.

The Agawam Little League is proud to serve the youth of our community.

If there are any questions, please contact Mr. Rob Danie at 789-4823, or Mr. Bill Leydon at 789-6064.



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MARIE BUENDO

Profile...

Track Star Marie Buendo Looking To Spring

by Dave Rollins
Sports Editor

Marie Buendo is a two-sport athlete at Agawam High School, who gets by on true grit. Recently, the senior took some time out to talk about her days as a Brownie.

Marie turned 18 on November 20th. She has spent all four years of her secondary education at the High School. Her course load this semester includes entrepreneurship, child development, algebra, Italian 4, and gym. Italian 4 is her favorite course. Her top teacher is David Pulaski (geometry).

Next year, Marie hopes to attend Western New England College, where she'll pursue a major in law.

Marie played soccer and runs track. Track, where she competes in the 100- and 200-meters as well as the long jump, is her favorite sport. She was second team All Western Mass. last spring, and will be considered one of the top girls' track performers in the region this spring. This kid has tremendous speed in the sprints and will be right up there with the best of them when the gun sounds.

Her most memorable sports moment came at a track meet last year against state champion Cathedral. "I long-jumped 17 feet, which was a personal best for me," she noted.

She sees the just completed varsity soccer season this way: "Everything changed this year. We had a lot of potential and maybe we could have used it better."

Marie's favorite food is Italian.

Purple is her hue of choice.

A Lexus would be her ride. "Maybe, when I become a lawyer, I'll be able to afford one," she laughed.

Her favorite athlete is Olympic track star Mike Johnson. "He's supposed to be the fastest man in the world," she said.

"Everywhere" is how Marie addressed the question of where she likes to hang out.

She likes her wardrobe to be slightly dressy and buys clothes at a store called "The Express" up at the Holyoke Mall.

She likes pop music.

"Tom Green" (on MTV) is tops for her on the tube. "A League of Their Own" is her favorite flick.

Her mom's name is Patricia. Gary is her dad. She has two sisters - Jennifer (20), a 1996 graduate of AHS, and Angela (14), who is a freshman at the High School.

She would like to be remembered at AHS as someone who made a difference and made people laugh (also as someone who could be serious at times).

Soccer Coach Laura Wray had this to say about Marie: "Marie had a tough start for us, getting hurt at the beginning of the season. She had to work hard to get back into the lineup and joined the team late. She showed a lot of courage and gained a great deal of respect because of that."



PICTURED ABOVE ARE THE MEMBERS OF THE "Independent" Agawam Annihilators, who came in second place with only two losses for the fall season.

In Youth Soccer Action...

"Independent" Ag. Annihilators Have Great Season On The Field

The "Independent" Agawam Annihilators had another great season, coming in second place with only two losses for the fall.

Unfortunately, after heading up to Huntington for playoffs against third-place South Hadley, the Annihilators won by a forfeit as South Hadley did not show up. Sunday was against the undefeated team, Easthampton.

The Annihilators were ready to rumble that morning. After a first-half score of 0-0, Annihilators defense by Andrew King and Rudy Evans, along with Kevin Biela was outstanding. The defense wouldn't let Easthampton near the net. Halfbacks Derek Pelley and Seamus Moran did their usual fine tunnage to help the offense, trying their best for goals.

Kevin Malloch had some nice corner kicks to help Agawam keep the ball in their zone. Chris Myman helped support both offense and defense. Ryan McGuire and Tom Mercadante contributed their efforts as well as Ryan Harlow and Jordan Buiso's fine team effort keeping Easthampton on their toes. Nick Alvanos' excellent passing was

conquered by Easthampton's defense. After several corner kicks from Andrew King, one finally paid off to Sean Deglis as he tipped in a perfect goal for a tie.

Time was out. Overtime was on. The first five minutes of overtime was completely even between both teams. In the second overtime, Easthampton had many shots against goalie Mat Footit, but Mat had excellent saves throughout the game.

With 20 seconds left, Easthampton had a shot on goal. With the ball going into the net for a win, out of nowhere came Seamus Moran, who saved the goal, the game, and the spirit of the team. Penalty kicks were next. After a great 80 minutes of playing, the Annihilators lost in penalty kicks, but the effort, determination, and teamwork was all that mattered to the team. Another great season for the Annihilators!

Sign-ups are going on now for BU13 for the spring until 12/10/99. Give Donna Harlow, 789-3694, or Bill Footit, 789-2909, a call. No paperwork necessary. Just a call!

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AHS Soccer Teams Attend Annual Banquet...



THE BOARD OF DIRECTORS of the AHS Parents Soccer Booster Club. Back row: Mary Thomas and Joe Bucalo. Front row: Lisa Kraus and Sue Adamczyk. Advertiser News photo by Kathy Shepard.



SENIOR MEMBERS OF AGAWAM HIGH SCHOOL'S 1999 girls' varsity soccer team at the end-of-the-season banquet at Chez Josef: standing — Jen Lyman, Elise Alfano, Amanda Tilden, Marie Buendo, Kaitlin White, and Gina Loudfoot; seated — Sheri Benton, Kristen Lawson, Annie Paquette, Dianna DiStefano, and Pam Gervais. (Missing from photo: Katie Shannon.) Advertiser News photo by Kathy Shepard.



**Outdoors
New
England**

by Kent Servis
Outdoor Writer

Deer Harvest Looking Good...

The Massachusetts Department of Fisheries and Wildlife has released the preliminary bowhunting figures on deer. According to John McDonald, the deer project leader, this was one of the best seasons on record for Bay State archers.

GOOD NEWS FOR ANGLERS

According to recent press releases from the Division, approximately 4,000 broodstock Atlantic salmon (ranging in weight from four to 20 pounds) are being released in lakes and ponds across Massachusetts during November and December. The majority of these fish originate at the U.S. Fish and Wildlife Service's White River National Fish Hatchery in Bethel, Vermont, and a small number will come from MassWildlife's Roger Reed Hatchery in Palmer.

All are being "retired," having provided millions of eggs for the cooperative effort to restore Atlantic salmon to their native habitat in the Connecticut River watershed. The eggs from these broodstock are incubated over the winter and hatch in mid-April. Salmon fry are then released into rivers and streams which flow into the Connecticut.

The young fish spend approximately two years in the tributaries before migrating out to sea. Another two years are spent in the ocean before these fish return to the Connecticut River as adults. Broodstock salmon are a direct benefit to anglers resulting from the ongoing efforts to restore Atlantic salmon to their historic range.

"These fish provide the eggs which are the foundation for salmon restoration," states Dr. Mark Tisa, MassWildlife Assistant Director of Fisheries. "The fact that we can release this number of fish after their hatchery time is a tremendous bonus because the salmon will provide fast action through the end of open-water fishing, and will still be available for ice fishermen."

Anyone ice fishing broodstock waters had better pay attention when their flags go up. The fish will be allocated between MassWildlife's five districts and will hit local waters from now through the middle of December.

For updates on the waters stocked in your area, call the district offices in Pittsfield ([413] 447-9789), Belchertown ([413] 323-7632), West Boylston ([508] 835-3607), Acton ([978] 263-4347), or Bourne ([508] 759-3406) during normal business hours.

You must be able to prove that you have (or had) a valid hunting license before you can purchase a new one. First-time hunters are required to take a hunter education course and receive a certification before they can hunt.

If you don't have an old license to prove that you had one, you may not be able to hunt unless you go through the hunter education program.

Speaking of licenses, they make great Christmas gifts.

Have a great and safe week in our great outdoors.



SENIOR MEMBERS OF AGAWAM HIGH SCHOOL'S 1999 boys' varsity soccer team enjoying their banquet at Chez Josef: standing — Danny Marsili, Brad Theriaque, and Derek ("Snakes") Mercadante; seated — Judd Patterson, Jack Pearson, Mat Quirk, and Barry Ward. (Missing from photo: Brian Lopes.) Advertiser News photo by Kathy Shepard.

Ag. Parks/Rec. Youth Basketball Still Have A Few Openings Left

The Town of Agawam Parks and Recreation Department still has a few openings remaining for the 1999-2000 In-Town Basketball program. Anyone interested in playing needs to register at the Recreation Office, 760 Cooper Street, as soon as possible.

At presstime, the following openings remain:

- * Grades 3 & 4 Boys — four openings.
- * Grades 5 & 6 Boys — seven openings.
- * Grades 7 & 8 Boys — four openings.

* Grades 7 & 8 Girls — four openings. Openings will be filled on a first-come, first-served basis. Practices will begin the first week of December, and games will be held on Saturdays and Sundays beginning January 8, 2000.

For more information or to register, please stop by the Recreation Office (located in the back of Agawam High School) or call 821-0513 for more information.

In Tri-Parish Bowling...

St. Louis Continues To Dominate Second Round Of Competition

In the third week of the second round of the Tri-Parish Bowling League, St. Louis continues to dominate. This time, the victim was Notre Dame.

Leading the team effort was Glen "Not Sam" Adams with a 133 high single and a 339 total. Glen was sailing along until the wind changed and he could only manage an 89 finishing string. However, it was a good enough total to bury opposing anchor Flo "Rocky" Rochford, who only mustered a 296 for the night.

Two of the strings in this match-up were close and only a two-pin difference decided the third string. Terry "Tiger" Cerpovicz and Jim "Big Mac" McCormack rolled well for the winners, contributing a 289 and a 291 to the total. Maybeth "Miss Consistent" Coughlin continued her steady scoring by rolling three strings ending with "8." She went 98-88-98 for a 284 total for the losers.

Georgetown took the measure of St. Mary, winning this match 3-1. Lucy "Not In Peanuts" Menard's 302 and Barb "Wire" Howard's 314 helped Debbie "Mighty" Poirier (309) in a team effort. Mary "Not Marlo" Thomas helped the losers with three strings over 100 to total 308.

Don "Reb" Stitt added a 303, but couldn't carry the team. Debbie scared her brother, anchorman Rich "Golden" Snyder, into retiring after one string.

Fordham was able to climb into third place by taking Holy Cross, 3-1. Jean "Happy" Buoniconti came through with a 121 third string, and John "Big Bad" Mlinek threw a 117 (also in the third) to help Holy Cross to their only point.

Jan "Steady" Fuller rolled a 332 with a 119 single to help the winners. "Jolly" Olly Muldrew's comeback continued, as he was able to roll a 348 (with a 134 string) to get the best of Ron "The Don" Menard, who could only manage a terrible 287. He had one of those nights when nothing fell — not even a lucky one.

Catholic University overwhelmed Boston College, 4-0, to overtake them for fourth place. Frank "Buck" Cerpovicz with 315, Marsha "Smiley"

Bay West Team Donates Food...



ON TUESDAY, NOVEMBER 23RD, the Bay West Mite A hockey team donated food items to Rock 102's Mayflower Marathon at the Basketball Hall of Fame. Front row: Brett Barker, Steven Fiedler, Jeff Godek, Sean Walsh, Andrew Bortolussi, J.R. Hughes, and Jake Banas. Middle row: Ryan Parent, Jeremy Nash, Kurt Blankenburg, D.J. Feeley, Nick Planzo, and Dan Gallagher. Back row: Rock 102 DJ's, Bax and O'Brien.

Dobie with a fabulous 325, and Kathy "Big Cat" Burlingham with a 133 single and three strings of 334, all contributed in a real team effort for the winners.

One string was close when Betsy "Loose" Cannon fired a 111 and Roger "Rabbit" Josephson a 121 to get within four pins, but that was as close as it got on this night. Betsy did finish with a 316 total, but Roger could only roll a 76 in his third string for a lowly 280.

Just wait until next week...

STANDINGS

St. Louis	11-1
Georgetown	8-4
Fordham	7-5
Catholic University	6-6
Boston College	6-6
St. Mary	4-8
Holy Cross	4-8
Notre Dame	2-10

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, ads, etc., that can be brought in on Mondays.

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2-Family. Over 2,800 Sq. Ft. 2 car gar. All new inside.	\$144,900
New 4 BR, 2½ Bath, 2 gar. Col w/front porch	\$224,900
New 2,500 Sq. Ft. 4 Bedrm, 2½ Bath Col on cul de sac.	\$239,900

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Agawam

AHS's Junior Varsity Cheerleaders



PICTURED ABOVE ARE THE 1999 junior varsity cheerleaders at Agawam High School: Back row — Amy Piccin (assistant), Alison Dassatti, Assistant Coach Patti Dionne, Paige Roberts, Alexandra Kozak, Christina Davis, Carrie-Nicole Charland, Egypt Dunbar, Jessica Santinello, Coach Kathy Chase, Kaitlyn Chase, Lauren Sotolotto, and Bianca Chase (assistant). Front row — Jessica Kodess, Tiara Gheddi, Rose Gallagher, Brittany Martin, Nicole Payeur, Ashley Martin, Stacey Caplette, Rachel Dionne, and Sabrina Bolly.

1999 Senior Warrior Cheerleaders



MEMBERS OF THE 1999 Agawam senior Warrior cheerleaders. Back row — Coach Sue Svadba, Nicole Woszczyna, Stephanie Aversa, Abriana Spagnoli, Sara Huffman, Toni Harnois, Alicia Linder, Tami Burmeister, Lee-Ann Morytko, and Coach Irene Lemieux. Front row — Kelli Sullivan, Jacqueline Svadba, Brittany Ramah, Ami Sullivan, Jennifer Bock, Corinne Cardin, Jessica Lemieux, Stephanie Juliano, and Sarah Hersey.



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"Drop-In Basketball" Taking Place On Mon. Evenings At AHS

The Agawam Parks & Recreation Department announces "Drop-In Basketball" began on Monday, October 18th and will be held on Monday and Wednesday evenings from 6:45-8:45 p.m. at Agawam High School.

This is for residents 18 years-old and older. Proof of residency is required for admission. Cost is \$2 a night payable to the site supervisor upon arrival.

Jr. High Pool Is Open To Residents On Friday Evenings

The Agawam Junior High School Pool is open to Agawam residents on Friday evenings from 6:30-8:30 p.m. for public swims.

Admission fees are \$2 for children and adults age six and older and \$1 per person for children age five and younger.

People are reminded that floatation devices and disposable diapers are not allowed in the pool and children under the age of 12 must be accompanied by an adult at all times.

New Officials Sought For Hampden County Women's Basketball

The Hampden County Board of Women's Basketball Officials is looking for new officials for the upcoming 1999-2000 basketball season.

If you are interested, contact Bob Clark, 569-3398, or John Ferris, 786-9459.

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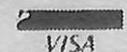
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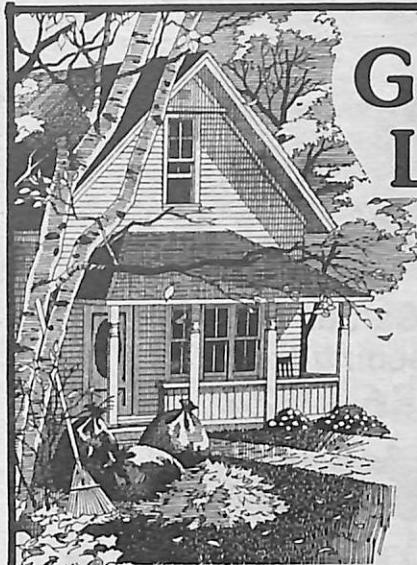
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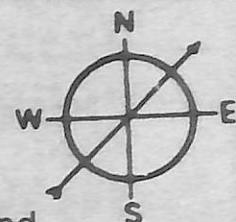
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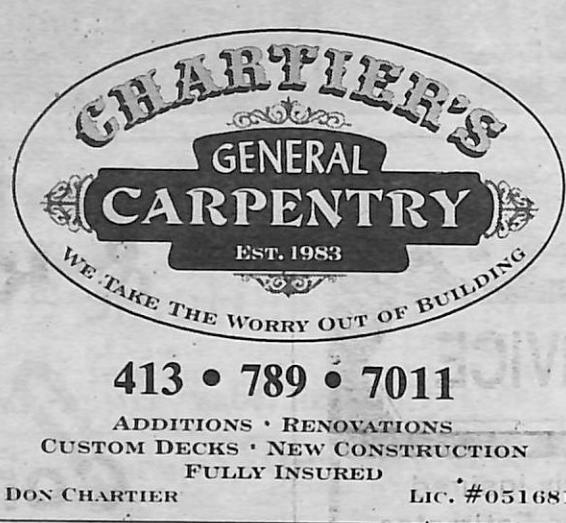
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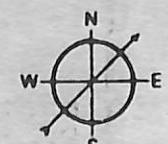
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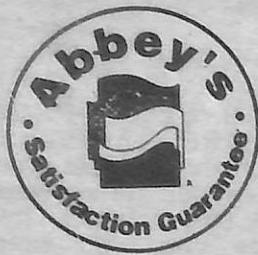
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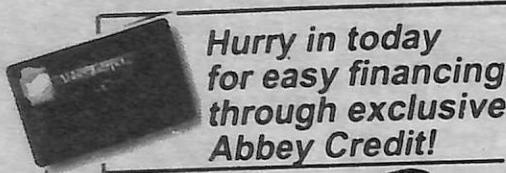
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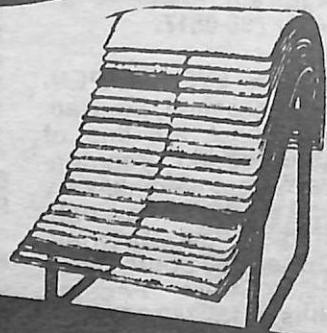
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